

# MAY 2024

## Turkey Ford Elementary

### BREAKFAST



**School Information:** THIS INSTITUTION IN AN EQUAL OPPORTUNITY PROVIDER.



**Nutrition Tip:** Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



Breakfast pizza  
Pineapple  
Juice and milk **1**

Cereal  
Wheat toast  
Applesauce  
Juice and milk **2**

Biscuits and gravy  
Sausage  
Fruit  
Juice and milk **3**

French toast  
Sausage links  
Fruit  
Juice and milk **6**

Bacon eggs  
Wheat toast  
Fruit  
Juice and milk **7**

Breakfast burrito  
Fruit  
Juice  
Milk **8**

Cereal  
Muffin  
Fruit  
Juice and milk **9**

Biscuits and gravy  
Sausage  
Fruit  
Juice and milk **10**

Pancake bites  
Fruit  
Juice  
Milk **13**

Eggs hashbrowns  
Wheat toast  
Fruit  
Juice  
Milk **14**

Breakfast pizza  
Fruit  
Juice  
Milk **15**

LAST DAY!  
Biscuits and gravy  
Sausage  
Fruit  
Juice milk **16**

**17**

**20**

**21**

**22**

**23**

**24**

**27**

**28**

**29**

**30**

**31**