

# NEWSLETTER



## A MESSAGE FROM YOUR PRINCIPAL

The Glow Run fundraiser, held from 9/05-9/15 was deemed a success! John Stobbie, our Rep, commended the exemplary behavior of our students during the event, expressing his astonishment. Thank you Walmart for generously contributing \$75.00 worth of glow sticks.

Mrs. Kuch's class took home the win by raising \$2,146 also winning them a pizza and cookie party! Congratulations!

The top three students who raised the highest amount will enjoy a luncheon with Mrs. Hammer!

Havasupai's grand total raised was
\$8381.00!!





## **COLOR BLOCK DAY 10/5**

KG - PINK 1st Yellow 2nd Green 3rd Purple 4th Orange 5th Blue 6th Red

### **UPCOMING EVENTS**

Spirt Days -Thursdays -Covote Shirt Fridays- Purple Game Day Shirt 10/5 End of First **Ouarter** 10/6 No School **10/9 - 10/13** FALL BRFAK **10/17** Picture Retake **10/18** Student Council Meeting 7:15 am - 7:45 am **10/24** NEHS Meeting 7:15 am -7:45 am **10/25** PTS0 Gathering 5:00 pm **10/27** Trunk or Treat Havasupai Parking lot 5:30 pm **10/30** PACE Meeting 2:30 pm -

3:45 pm

## NurseNook

Hello and happy Fall everyone!

I'm so happy we are getting cooler weather!

Please remember, if I sent home or if I send home a letter for Immunizations for 11 year old's, You now have until their 12th birthday to have them done, per the new regulations in Arizona. Please make sure you get them done, as always I appreciate your cooperation.

Halloween is coming Tuesday October 31st, please be safe and aware of your surroundings. Check your candy before you eat it!

October monthly observations:
ADHD Awareness, Blind Awareness,
Breast Cancer Awareness, Down
Syndrome Awareness, Dyslexia
Awareness and many more! Too
many to name.

I always have New Backpacks for any kids that need one, please don't hesitate to ask! I also have new Water Bottles as well! Lastly, feel free to call me anytime at 928-505-6042, please leave a message if I'm not available. I will get back to you.

As always, Safe!!!

Ms. Kat Elementary



## Counselor's Corner

Toolbox helps us all to be strong, effective, and kind. The man who created TOOLBOX, Mark A. Collin, developed the program to help us all "foster children's abilities to manage their own emotional, social and academic success" by learning, practicing, and utilizing the "tools" that already exist inside of us. The more our students practice using their tools, the better they get at using them. Practicing at home, at school and in the community helps everyone and improves relationships, self-awareness, and self-regulation. We can all learn by using our tools every day.

## **TOOLBOX Teaches Children to:**

- Realize their innate goodness and intrinsic wholeness
- Belong and contribute their uniqueness
- Achieve emotional balance and emotional intelligence (in 3-5 seconds)
- Be proactive rather than reactive
- Organize and understand their internal experiences (self-knowing)
- Care for themselves and experience empathy for others
- Understand and make sense of what is going on around them
- Find their voice and speak up
- Listen to their inner voice non-judgmentally and make fair self-assessme
- Let the little things go
- Use time wisely
- Be grateful and give thanks from a place of authenticity
- Be forgiving when it is time
- Apologize when aware of harming others
- Understand the value and intelligence of patience
- Be courageous when others are not using their Tools







The information collected on meal applications for the National School Lunch Program (NSLP) can do more than just provide free and reduced-price meals.



School Nutrition Programs | November 18, 2020 | Arizona Department of Education | This institution is an equal opportunity provider.



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