

**March 2024****CITY DAY****Breakfast Calendar**Breakfast Meal Pattern - K-8th

Select a minimum of 3 components

**Fruit/ Vegetable** = minimum 1 cup

--fruit juice and/or vegetable

**Whole grain rich (WG) selection(s)** =minimum oz -- biscuit, roll, muffin,  
bread, cereal**1 milk** = 1 cup

-- fluid milk

1% and 1% chocolate served daily

**Menu is subject to change  
based on product availability****This institution is an  
equal opportunity  
provider.**

Mon	Tue	Wed	Thu	Fri
4 Cold Cereal Scooby Sticks 100% Fruit Juice Cranberries	5 Super Donut Cheddar Goldfish 100% Fruit Juice Banana	6 Cereal Bar Cinnamon Goldfish 100% Fruit Juice Raisins	7 Breakfast Bread Yogurt 100% Fruit Juice Apple Slices	1 Pop Tart Cheese Sticks 100% Fruit Juice Apples
11 Pop Tart Cheddar Goldfish 100% Fruit Juice Strawberry Craisins	12 Cereal Bar Yogurt Banana 100% Fruit Juice	13 Strawberry Cream Cheese Pastry Cinnamon Goldfish 100% Fruit Juice	14 Cinnamon Bun Cheese Sticks 100% Fruit Juice Raisins	15 Mini Muffin Teddy Graham 100% Fruit Juice Apple
18 Super Donut Cheddar Goldfish 100% Fruit Juice Apple	19 Pop Tart Cheese Sticks 100 % Fruit Juice Raisins	20 Chat Snax Cold Cereal 100% Fruit Juice Strawberry Craisins	21 Cereal Bar Cinnamon Goldfish 100% Fruit Juice Cranberries	22 No School World Water Day
25 Super Star Mini Donuts Cheese Sticks 100% Fruit Juice Apple	26 Cinnamon Bun Bug Bites 100% Fruit Juice Banana	27 Cold Cereal Chat Snax 100% Fruit Juice Apple Slices	28 Mini Muffin Cheddar Goldfish 100% Fruit Juice Raisins	29 No School GOOD FRIDAY