

OCTOBER 2022 STARK COUNTY ELEMENTARY MENU

<p>3 Monday WG Cereal, WG French Toast STicks, Syrup, Fruit, Juice</p> <p>WG Roll, WG Fish Sticks or <u>Yogurt, Cheese Stick, WG Bar</u> Baked Beans, Rosy Applesauce , Fresh Veggie</p>	<p>4 Tuesday WG Cereal, WG Bagel, Cream Cheese, Fruit, Juice</p> <p>WG Bun, Pulled Pork or <u>WG PB & J, Cheese Stick, WG Chips</u>. Oven Potatoes with Queso Blanco Cheese, Peaches, Fresh Veggie</p>	<p>5 Wednesday WG Cereal, Cinnamon Roll. Fruit, Juice</p> <p>WG Roll, Chicken Alfredo Dinner or <u>Yogurt, Cheese Stick, WG Bar</u>. Romaine, Mixed Fruit, Fresh Veggie</p>	<p>6 Thursday Yogurt, WG Muffin, WG Cereal, Fruit, Juice</p> <p>WG Chicken, WG Waffle or <u>WG PB & J, Cheese Stick, WG Chips</u>. Green Beans, Pineapple, Fresh Veggie</p>	<p>7 Friday WG Cereal, WG Breakfast Bar, Fruit or Juice</p> <p>WG Cheese Bites or <u>Yogurt, Cheese Stick, WG Bar</u> Romaine, Carrots, Marinara Sauce, Pears, WG Cookie</p>
<p>10 Monday WG Cereal, WG Poptart, Fruit, Juice</p> <p>WG Corn Dog or <u>Yogurt, Cheese Stick, WG Bar</u> Peas, Carrots, Cinnamon Applesauce</p>	<p>11 Tuesday WG Waffle, Syrup, WG Cereal, , Juice, Fruit</p> <p>WG Roll, Chicken Teriyaki Bites or <u>WG PB & J, Cheese Stick, WG Chips</u> WG Chicken Rice, Broccoli w/Cheese, Mandarin Oranges, Fresh Veggie</p>	<p>12 Wednesday WG Cereal, WG Honey Bun, Fruit, Juice</p> <p>Rebel Nachos (WG Chips, Taco Meat, Queso Blanco Cheese) or <u>Yogurt, Cheese Stick, WG Bar</u> Refried Beans, Salsa, Lettuce, Pears</p>	<p>13 Thursday WG Cereal, WG Muffin, Fruit, Juice</p> <p>WG Roll, Mostaccioli Dinner or <u>WG PB & J, Cheese Stick, WG Chips</u>. Romaine, Peaches, Fresh Veggie</p>	<p>14 Friday Biscuit, Sausage Gravy, WG Cereal, Fruit, Juice</p> <p>WG Pizza or <u>Yogurt, Cheese Stick, WG Bar</u> Green Beans, Mixed Fruit, Fresh Veggie, Jello w/Cool Whip</p>
<p>17 Monday WG Pancake on a Stick, Syrup, WG Cereal, Fruit, Juice</p> <p>WG Bosco Sticks with Ravioli or <u>Yogurt, Cheese Stick, WG Bar</u> Corn, Mandarin Oranges, Fresh Veggies</p>	<p>18 Tuesday WG Donut, WG Cereal, Fruit, Juice</p> <p>WG Bun, Tenderloin or <u>PB & J, Cheese Stick, WG Chips</u>. Oven Potatoes, Sweet Potato Fries, Rosy Applesauce, Fresh Veggie</p>	<p>19 Wednesday WG English Muffin, Jelly, WG Cereal, Fruit, Juice</p> <p>WG Toasted Cheese, Chili, Crackers or <u>Yogurt, Cheese Stick, WG Bar</u> Carrots, Pears, Fresh Veggie</p>	<p>20 Thursday WG Cereal, WG Breakfast Bar, Fruit, Juice</p> <p>WG Multi Cheese Garlic Bread or <u>WG PB & J, Cheese Stick, WG Chips</u>. Marinara Sauce, Green Beans, Mixed Fruit, Sidekick</p>	<p>21 Friday NO SCHOOL</p>

<p>24 Monday WG French Toast Sticks, Syrup, WG Cereal, Fruit, Juice</p> <p>WG Bun, BBQ Rib or <u>Yogurt, Cheese Stick, WG Bar</u>, Baked Beans, Cinnamon Applesauce, Fresh Veggies</p>	<p>25 Tuesday WG Cereal, WG Bagel, Cream Cheese, Fruit, Juice</p> <p>WG Bun, Hot Dog or Chili Dog or <u>WG PB & J, Cheese Stick, WG Chips, Oven Potatoes, Peaches, Fresh Veggies</u></p>	<p>26 Wednesday WG Breakfast Pizza, WG Cereal, Fruit, Juice</p> <p>EARLY Dismissal 11:00 Take home sack lunch WG PB & J, WG Chips, Fresh Frit and Veggies</p>	<p>27 Thursday WG Poptart, WG Cereal. Fruit, Juice</p> <p>WG Toasted Cheese, Chicken Noodle Soup, Crackers or <u>WG PB & J, Cheese Stick, WG Chips</u>, Lettuce, Pears, Fresh Veggies</p>	<p>28 Friday Biscuit, Sausage and Gravy, WG Cereal, Fruit, Juice</p> <p>WG Chili Crisпитos <u>or Yogurt, Cheese Stick, WG Bar</u>, WG Chips, Salsa, Romain, Tropical Fruit, Ice Cream Cup</p>
<p>31 Monday WG Cereal, WG Donut, Fruit, Juice</p> <p>WG Roll, WG Chicken Nuggets or <u>Yogurt, Cheese Stick, WG Bar</u>, Mashed Potatoes/Gravy, Corn, Rosy Applesauce</p>				
<p>National Do Something Nice Day is October 5th</p> <p>World Smile Day is October 7th</p> <p>World Animal Day is October 15th</p> <p>National Chocolate Day is October 28th</p>	<p>Breakfast is offer vs serve. Students must take 3 of 4 items served. Lunch is also offer vs serve. students must take 3 of 5 items served and 1 item must be ½ cup of fruit of veggies</p>	<p>#ALLIN</p> <p><i>Stark County District 100 Home of Pride and Excellence</i></p>	<p>Menu are Subject to Change</p> <p>Mashed Potatoes contain sulfates and can cause allergic reactions.</p> <p>MILK -1% White, 1% Chocolate, are served at all meals.</p>	

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