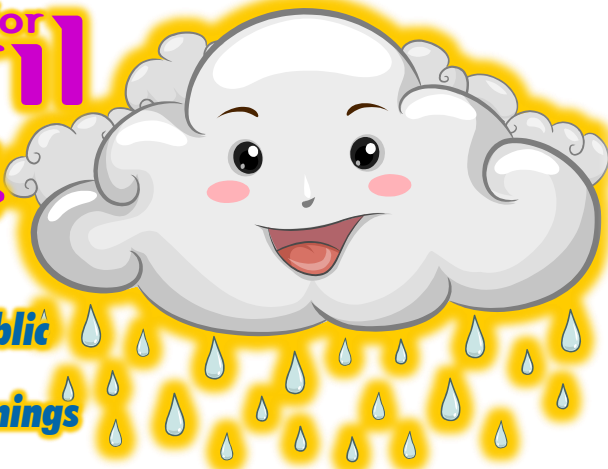


Menus for April 2024



Owosso Public Schools
Bright Beginnings

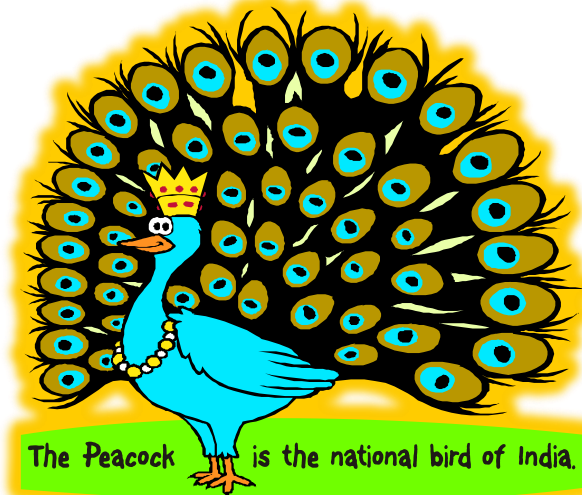
This institution is an equal opportunity provider. Menus are subject to change.

OPS Food & Nutrition

We are excited to have our students back to school and eating FREE nutritious meals again this school year.

Please feel free to reach out to our department with any questions.....
989.729.5486
Michele = Prince@owosso.k12.mi.us or
Joy = Hartman@owosso.k12.mi.us

Please feel free to visit our website for more information and links to online forms and menu's
<https://www.owosso.k12.mi.us/foodnutritionservices>



VEGETABLE

Romaine

Romaine lettuce contains six times more vitamin C, four times more calcium, and ten times more beta carotene than ordinary iceberg lettuce, and it's very high in folic acid, too. Best of all, it has more flavor!

OF THE MONTH

Monday, April 1

Breakfast
WG Breakfast Round
Fruit Cup
Michigan Milk

Lunch
WG Zoo Crew
Chicken Nuggets
WG Fresh Roll
Green Beans
Apple Sauce
Michigan Milk

Tuesday, April 2

Breakfast
WG Pancakes
100% Fruit Juice
Michigan Milk

Lunch
WG Beef & Cheese Taco
Diced Tomatoes
Fresh Fruit
Michigan Milk

Wednesday, April 3

Breakfast
WG Banana Bread
100% Fruit Juice
Michigan Milk

Lunch
WG Rotini
WG Garlic Breadstick
Celery Sticks
Fruit Cup
Michigan Milk

Thursday, April 4

Breakfast
WG Benefit Bar
Banana
Michigan Milk

Lunch
WG French Toast Sticks
Sausage Links
Hash brown
Fruit Slushie
Michigan Milk

Friday, April 5

Breakfast
WG Fruity PopTart
100% Fruit Juice
Michigan Milk

Lunch
Perfect WG Pizza
Tossed
Romaine Salad
Mixed Fruit
Michigan Milk

What's on YOUR plate?

Monday, April 8

Breakfast
WG Breakfast Round
100% Fruit Juice
Michigan Milk

Lunch
WG Rib-B-Que
Michigan Baked Beans
Sweet Green Peas
Peach Slices
Michigan Milk

Tuesday, April 9

Breakfast
WG Benefit Bar
Fresh Fruit
Michigan Milk

Lunch
WG Soft Taco
Shredded Lettuce
Diced Tomatoes
Shredded Cheese
Orange Wedges
Michigan Milk

Wednesday, April 10

Breakfast
WG Waffle
100% Fruit Juice
Michigan Milk

Lunch
WG Bosco Sticks
Zucchini Coins
Fresh Pear
Michigan Milk

Thursday, April 11

Breakfast
WG Breakfast Bread
Michigan Milk

Lunch
WG Chicken Patty
WG Bun
Celery Cuts
Strawberries
Michigan Milk

Friday, April 12

Breakfast
WG Tasty PopTart
AppleSauce
Michigan Milk

Lunch
WG Perfect Pizza
Tossed
Romaine Salad
Mixed Fruit
Michigan Milk

YOU'RE GOOD



ALL STUDENTS EAT ALL MEALS @ NO COST ALL YEAR LONG

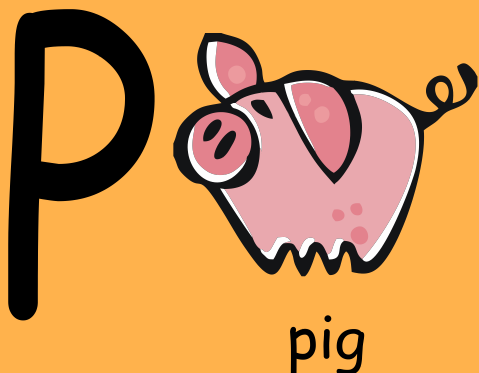
OWOSSO PUBLIC SCHOOLS FOOD & NUTRITION

Join us for buckets of fun!



Wednesday, April 24

I am the letter



Monday, April 15

Breakfast

WG Waffle
Fruit Cup
Michigan Milk

Lunch

WG Chicken Drumstick
WG Fresh Roll
Fresh Cut Cucumbers
Peach Slices
Michigan Milk

Tuesday, April 16

Breakfast

WG Breakfast Bread
100% Fruit Juice
Michigan Milk

Lunch

WG Soft Taco
Shredded Lettuce
Diced Tomatoes
Shredded Cheese
Orange Wedges
Michigan Milk

Wednesday, April 17

Breakfast

WG Breakfast Round
Fresh Fruit
Michigan Milk

Lunch

WG Mini Cheese Calzone
Red Pepper Strips
Apple Slices
Michigan Milk

Thursday, April 18

Breakfast

WG Benefit Bar
100% Fruit Juice
Michigan Milk

Lunch

WG Chicken Nuggets
Fresh WG Roll
Yellow Corn
Apple Sauce
Michigan Milk

Friday, April 19

Breakfast

WG Fruity PopTart
Fresh Fruit
Michigan Milk

Lunch

WG Perfect Pizza
Tossed Romaine Salad
Strawberries
Michigan Milk

Monday, April 22

"Earth Day!"

Breakfast

WG Mini Pancakes
100% Fruit Juice
Michigan Milk

Lunch

WG PopCorn Chicken
Fresh WG Roll
Michigan Baked Beans
Red Apple
Michigan Milk

Tuesday, April 23

Breakfast

WG Benefit Bar
Clementine's
Michigan Milk

Lunch

WG Soft Taco
Shredded Lettuce
Diced Tomatoes
Shredded Cheese
Orange Wedges
Michigan Milk

Wednesday, April 24

Breakfast

WG Banana Bread
100% Fruit Juice
Michigan Milk

Beach Lunch Day!

Cheeseburger
WG Hamburger Bun
Potato Smiles
Fruit Slush
Michigan Milk

Thursday, April 25

Breakfast

WG Muffin Top
Fresh Pear
Michigan Milk

Lunch

WG Fettuccini Alfredo
WG Garlic Bread
Cooked Carrots
Mixed Fruit
Michigan Milk

Friday, April 26

Breakfast

WG Tasty PopTart
100% Fruit Juice
Michigan Milk

Lunch

WG Perfect Pizza
Tossed Romaine Salad
Diced Peaches
Michigan Milk

Monday, April 29

Breakfast

WG Breakfast Round
100% Fruit Juice
Michigan Milk

Lunch

WG Zoo Crew
Chicken Nuggets
WG Fresh Roll
Green Beans
Orange Slices
Michigan Milk

Tuesday, April 30

Breakfast

WG Benefit Bar
Fresh Orange
Michigan Milk

Lunch

WG Beef & Cheese Taco
WG Fresh Roll
Shredded Lettuce
Diced Tomato
Shredded Cheese
Red Apple
Michigan Milk

Wednesday, May 1

Breakfast

WG Banana Bread
100% Fruit Juice
Michigan Milk

Lunch

WG Macaroni & Cheese
WG Fresh Roll
Fresh Cucumber
Spring Slushie
Michigan Milk

Thursday, May 2

Breakfast

WG Waffle
Fresh Fruit
Michigan Milk

Lunch

WG Chicken Tenders
WG Fresh Roll
Crinkle Fries
Peaches
Michigan Milk

Friday, May 3

Breakfast

WG Tasty PopTart
AppleSauce
Michigan Milk

Lunch

WG Perfect Pizza
Tossed
Romaine Salad
Fresh Veg Cup
Mixed Fruit
Michigan Milk