



BREAKFAST

OCTOBER 2025

Franklin County School District

Monday

Tuesday

Wednesday

Thursday

Friday

Waffles with syrup OR
Toaster Pasty and Cereal
Variety of Yogurt Cups
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Southern Biscuit OR
Toaster Pasty and Cereal
Sausage Patty
Variety of Yogurt Cups
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Hot Grits
Crispy Toast
OR Toaster Pasty and Cereal
String Cheese
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Cinnamon Toast Filled Pastry
OR Toaster Pasty and Cereal
String Cheese
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Cheese Omelet
Crispy Toast
OR Toaster Pasty and Cereal
Variety of Yogurt Cups
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

French Toast Sticks with syrup
OR Toaster Pasty and Cereal
Variety of Yogurt Cups
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Hot Grits
Crispy Toast
OR Toaster Pasty and Cereal
String Cheese
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Chocolate or Powdered Donut
OR Toaster Pasty and Cereal
Sausage Patty
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Apple Frudel OR
Toaster Pasty and Cereal
Variety of Yogurt Cups
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Columbus Day

Hot Grits
Crispy Toast
OR Toaster Pasty and Cereal
String Cheese
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Banana Breakfast Bread
OR Toaster Pasty and Cereal
String Cheese
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Mini Cinnis OR
Toaster Pasty and Cereal
Variety of Yogurt Cups
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Sausage Pancake on a Stick
With syrup
OR Toaster Pasty and Cereal
Variety of Yogurt Cups
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Southern Biscuit OR
Toaster Pasty and Cereal
Sausage Patty
Variety of Yogurt Cups
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Hot Grits
Crispy Toast
OR Toaster Pasty and Cereal
String Cheese
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Blueberry Muffin OR
Chocolate Chip Muffin
OR Toaster Pasty and Cereal
String Cheese
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Cherry Frudel OR
Toaster Pasty and Cereal
Variety of Yogurt Cups
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Pancake Bites OR
Toaster Pasty and Cereal
Sausage Patty
Variety of Yogurt Cups
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Southern Biscuit OR
Toaster Pasty and Cereal
Sausage Patty
Variety of Yogurt Cups
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Hot Grits
Crispy Toast
OR Toaster Pasty and Cereal
String Cheese
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Cinnamon Toast Filled Pastry
OR Toaster Pasty and Cereal
String Cheese
Choice of Fruit
Assorted Fruit Juices
Choice of Milk

Cheese Omelet
Crispy Toast
OR Toaster Pasty and Cereal
Variety of Yogurt Cups
Choice of Fruit
Assorted Fruit Juices
Choice of Milk



This institution is an equal opportunity provider.
This menu is subject to change based on USDA shipments and availability of ingredients.