

## **Wellness Committee Goals for FY2025**

### **Nutrition Promotion Goals**

1. FCS will create an display promotional materials, such as creating educational bulletin boards around the school, to promote the program.
2. FCS will participate in the Fresh Fruit and Vegetable Program to provide fresh fruits and vegetables to students a minimum of two times per week.
3. FCS will create opportunities for taste testing and food sampling during the school year.

### **Nutrition Education Goals**

1. FCS will provide educational materials, including flyers and handouts, at events such as Open House and for students to take home.
2. FCS will solicit student feedback and input on menus to increase meal participation.
3. FCS will utilize school gardens to ensure students can experience planting, harvesting, preparing, serving, and tasting self-grown food that reflects the ethnic and cultural diversity of the student population.