

MARCH 2024


Hines Middle School Breakfast and Lunch Menu

Lunch – **\$3.55** paid SY232024 & **0¢**-reduced Extra Milk – **45¢** Juice is **.45¢**

Lunch includes: Entrée with salad bar options of, fruit, vegetable, breads grains, Oregon Milk

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen & office.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	<p>Teaching Kids the Importance of Nutrition Education</p> <p>Learning about the fruit or vegetable that you eat and what it can do o you</p>	<p>Wellness Wednesdays Salad Bar Feature-</p> <p>Week 1; Apples, Fiber Week 2: Broccoli, Potassium Week 3; Oranges, Vitamin C Week 4; Cucumber, B Vitamins</p>	
<p>4 Breakfast Warm Waffle- Cereal & Grains, fruit & Milk</p> <p>Lunch <i>Sandwiches & Salads daily</i> Pizza Stix w/ Marinara Veggie, Fruit & Milk</p>	<p>5 Breakfast Chocolate Oat Bar- Cereal & Grains, fruit & Milk</p> <p>Breakfast for Lunch (Only) National Breakfast Week Egg, Ham & cheese E- Muffin, Assorted Fruits, Tate tots,</p>	<p>6 Breakfast Biscuit & Sausage Patty w/ cheese Veggie, Fruit & Milk</p> <p>Lunch <i>Sandwiches & Salads daily</i> Spaghetti w/ Meat sauce & TX Toast, Green Beans Veggie, Fruit & Milk</p>	<p>7 Breakfast Cereals & Grains, Fruit & Milk</p> <p>Lunch <i>Sandwiches & Salads daily</i> Cheesy Chicken Pizza Sub Mac Salad Veggie, Fruit & Milk</p>
<p>11 Breakfast Bagel w/ Cream Cheese Cereal & Grains, fruit & Milk</p> <p>Lunch <i>Sandwiches & Salads daily</i> Cheese Burger w/ FF Veggie, Fruit & Milk</p>	<p>12 Breakfast Long John WW/ Donut Cereal & Grains, fruit & Milk</p> <p>Lunch <i>Sandwiches & Salads daily</i> Lg Pretzel w/ Cheese Veggie, Fruit & Milk</p>	<p>13 Breakfast French Toast w/ Berries Cereals & Grains, Fruit & Milk</p> <p>Lunch <i>Sandwiches & Salads daily</i> Pizza Veggie, Fruit and Milk</p>	<p>14 Breakfast Cereals & Grains, Fruit & Milk</p> <p>Lunch <i>Sandwiches & Salads daily</i> Chicken Burger w/ Corn Veggie, Fruit & Milk</p>
<p>18 Breakfast Pancake on a stick w/ String cheese- Cereal & Grains, fruit & Milk</p> <p>Lunch <i>Sandwiches & Salads daily</i> Sweat & Sour Chicken W/ Veggie Noodles Fruit, Veggie, Milk</p>	<p>19 Breakfast Cereal Bar w/ Sun seeds Cereal & Grains, fruit & Milk</p> <p>Lunch <i>Sandwiches & Salads daily</i> Corn Dog w/Baked Beans Veggie, Fruit & Milk</p>	<p>20 Breakfast Fresh Cinnamon Roll- Cereal & Grains, fruit & Milk</p> <p>Lunch <i>Sandwiches & Salads daily</i> Meat Lasagna w/ Tx Toast Green Beans Veggie, Fruit & Milk</p>	<p>21 Breakfast Cereal w/ Fruits and Grains, Milk</p> <p>Lunch (Only) PB & Jelly Sack Lunch Carrots w/ Ranch Apple, Chips, Cookie & Milk</p>
SPRING BREAK		RETURN TO SCHOOL APRIL 1ST	

This institution is an equal opportunity provider.