

Dyersburg Middle School Menus

Breakfast (☀️) and Lunch

September 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Aug 31 ☀️ Assorted Cereal Steak and Gravy Roll Creamy Potatoes Romaine Salad Fruit	Sept 1 BRUNCH FOR LUNCH ☀️ Donut Chicken Biscuit Sausage Biscuit Egg Patty Hashbrown Casserole Fruit & Juice	2 ☀️ Chicken & Biscuit Chicken Rotel Roll Glazed Sweet Potatoes Italian Green Beans Fruit	3 ☀️ Pizza Bagel General Tso Chicken Fried Rice California Blend Vegetables Cherry Tomatoes & Cucumbers Fruit	4 ☀️ Strawberry Bagel Hamburger/Cheeseburger French Fries Baked Beans Hamburger Trimmings Fruit	Breakfast (☀️) and lunch are FREE to all students of Dyersburg City Schools.
7 No School - Labor Day 	8 ☀️ Cereal BBQ Riblet Sub Sweet Potato Puffs Baked Beans Coleslaw Fruit	9 ☀️ Sausage & Biscuit Poppyseed Chicken Roll Broccoli Salad California Blend Vegetables Fruit	10 ☀️ Pancake Wrap Taco Beef or Fajita Chicken Tortilla Chips or Wrap Refried Beans/Salsa Taco Trimmings Fruit	11 No School - Fair Day 	
14 ☀️ Assorted Cereal Pork Chop Steak w/Country Gravy Roll Loaded Mashed Potatoes Glazed Carrots Fruit	15 ☀️ Apple Frudel Cheesy Beef Enchiladas Mexicorn Salsa Taco Trimmings Fruit	16 ☀️ Steak & Biscuit Pollo Loco Chicken & Chips Lima Beans Romaine Salad Fruit	17 ☀️ Fruit Loop Waffles Cheeseburger Mac Cornbread Collard Greens Cucumbers and Tomatoes Fruit	18 ☀️ Cini Minis BBQ Chicken Sandwich Baked Beans Pickle Spear Fruit	At lunch, students must select at least 3 items and are encouraged to select 5 items. Students must choose a ½ cup of fruit or a vegetable.
21 ☀️ Assorted Pop Tart Chicken Nuggets Roll Creamy Potatoes Broccoli Salad Fruit	22 BRUNCH FOR LUNCH ☀️ Breakfast Burrito Smart Mouth Breakfast Bite Turkey & Cheese Croissant Hashbrown Fruit & Fruit Juice <i>*No pizza served today</i>	23 ☀️ Chicken & Biscuit Cowboy Cavatini Cornbread Green Beans Carrots w/Ranch Fruit	24 ☀️ Breakfast Croissant Chicken Rotel Roll Stir Fry Vegetables Cherry Tomatoes & Cucumbers Fruit	25 ☀️ Mini Pancakes Chili Frito Pie Mexican Chili Beans Garden Salad Fruit	
28 ☀️ Assorted Cereal Ham & Cheese or Grilled Cheese Vegetable Soup Romaine Salad Carrots w/Ranch Fruit	29 ☀️ Breakfast Bun Taco Pizza Bites Fiesta Taco Beans Cucumbers and Tomatoes Fruit	30 ☀️ Sausage & Biscuit Saucy Meatballs Bun Oven Fries Broccoli Salad Fruit	Oct 1 ☀️ French Toast Spaghetti Garlic Breadsticks Green Beans Roasted Squash & Zucchini Fruit	2 ☀️ Muffin Breaded Chicken Sandwich Sweet Potato Fries Green Beans Sandwich toppings Fruit	Additional daily lunch offerings: Smart Mouth Pizza Choice of milk

Menus are subject to change without notice due to product availability.

This institution is an equal opportunity provider and employer.