

Uncover What's Hidden in Plain Sight

Fauquier County Sheriff's Office and Mental Health Fauquier to Host Interactive Workshop to Help Parents and Caregivers Identify Signs of Teen Substance Use and Risky Behavior

WASHINGTON, VA – The Fauquier County Sheriff's Office and Mental Health Fauquier will present "Hidden in Plain Sight," an educational workshop designed to help parents and caregivers recognize warning signs of substance use and risky behavior in teenagers. The event will take place on **Tuesday, September 30th, from 6:00 PM to 9:00 PM** at Rappahannock County High School, located at 12576 Lee Highway, Washington, VA 22747.

This unique, hands-on workshop is specifically designed for parents and caregivers of middle and high school students who want to better understand their teenager's world and learn to spot potential red flags before dangerous behaviors escalate.

What is Hidden in Plain Sight?

Hidden in Plain Sight features a mobile scene that simulates a realistic teenager's bedroom, complete with items that may indicate tobacco, alcohol, or drug use, as well as other risky behaviors. Some warning signs are obvious, while others are cleverly concealed or hiding in plain sight.

"The purpose of this exhibit is to help parents, guardians, and other adults see their teen's environment with new eyes," explained a program spokesperson. "We want to help parents and caregivers recognize warning signs that may become obvious once they're pointed out, and then empower them to have meaningful conversations with their teenagers to prevent dangerous behaviors before they lead to addiction, legal trouble, injury, or even death."

Event Details:

- **Date:** Tuesday, September 30th, 2025
- **Time:** 6:00 PM - 9:00 PM
- **Location:** Rappahannock County High School, 12576 Lee Highway, Washington, VA 22747
- **Audience:** Adults only - parents and caregivers of middle and high school students encouraged to attend
- **Capacity:** Limited to 35 attendees
- **Cost:** Free

Parents and caregivers will have the opportunity to explore the simulated bedroom environment and participate in guided discussions about how to identify concerning items and behaviors. The

interactive format allows attendees to learn from law enforcement professionals and connect with other parents facing similar challenges.

This workshop represents a collaborative effort between the Fauquier County Sheriff's Office, the Mental Health Fauquier, and Rappahannock County Public Schools to support families in keeping teenagers safe and healthy during these critical developmental years.

For more information about the Hidden in Plain Sight workshop, contact Bridget Downey, Mental Health Fauquier at 540-341-8732.

Mental Health Fauquier promotes mental wellness and supports individuals and families affected by mental health conditions. We provide training, a directory to find local mental health providers, advocacy, and outreach to empower individuals and families to recognize and respond to mental health needs. To see the full range of programs and resources, visit: www.fauquier-mha.org.

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