



**SANCTUARY**  
Mental Health Ministries

**St. Andrew Catholic Church Pastoral Center**  
**140 Chestnut St., Pasadena, CA 91103**

**October 18 & 25,**  
**November 1, 8, 15 & 22,**  
**December 6 & 13 2025**  
**Saturdays, 1:30pm - 3:30pm**

THE SANCTUARY COURSE®  
FOR CATHOLICS

The Sanctuary Course for Catholics is an 8-session educational program that introduces the topic of Mental Health into parish communities. It is extremely informative and opens the door for our parish community to invite members struggling with mental health issues into a supportive environment.

# **THE SANCTUARY COURSE**

**FOR CATHOLICS**

**To Register, email: [standrewsanctuarymh@gmail.com](mailto:standrewsanctuarymh@gmail.com)**