

January 2023

Burns High School Lunch Menu

Lunch – \$3.00-paid & 0¢-reduced ☐ Extra milk- .45 or juice – 45¢ , water \$1.00

Lunch includes: Entrée with fruits, vegetables, breads, grains and assorted Oregon Milk

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen

Menu is subject to change. Some items may contain nuts.

All meals served to students are Grab n' Go

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
LAST DAY OF WINTER BREAK	3 Lunch <i>Sandwiches & Salads daily</i> Homemade Chili & Corn Bread Salad w/ Tomato & Olives Peaches & Blueberries, Milk	4 Lunch <i>Sandwiches & Salads daily</i> Corn Dogs w/ FF Salad w/ Peppers Pears, Milk	5 Lunch <i>Sandwiches & Salads daily</i> Hamburger w/ Chips Lettuce, Tomato, Pickle Apple and Milk
	9 Lunch <i>Sandwiches & Salads daily</i> Homemade Ham & Potato Soup w/ Toasted Cheese Sand Lettuce w/ Tomato Apple and Milk	10 Lunch <i>Sandwiches & Salads daily</i> Chicken Philly Sand French Fries Lettuce w/ Broccoli Pears and Milk	11 Lunch <i>Sandwiches & Salads daily</i> Orange Chicken w/ Veggie Fried Rice Egg Roll, Salad Fruit and Milk
NO SCHOOL MARTIN LUTHER KING JR DAY	17 Lunch <i>Sandwiches & Salads daily</i> Nacho w/ Beef & Cheese Seasoned Rice Lettuce w/ Tomato & Olive Peaches and Milk	18 Lunch <i>Sandwiches & Salads daily</i> Homemade Meat Lasagna w/ Tx Toast Green Beans Salad w/ Cucumber Oranges, Milk	19 Lunch BBQ Pork Rib Sand Cole Slaw Baked Beans Banana, Milk Friday School
	23 Lunch <i>Sandwiches & Salads daily</i> Homemade Chicken Noodle Soup w/ Toasted Cheese Sand Salad w/ Cauliflower Grapes, Milk	24 Lunch <i>Sandwiches & Salads daily</i> Bean Burrito Rice Bowl Salad w/ Peppers Oranges & Milk	25 Lunch <i>Sandwiches & Salads daily</i> PB & Jelly Sand Carrots w/ Ranch Chips, Juice and Fruit Cup Milk
30 Lunch <i>Sandwiches & Salads daily</i> Cheesy chicken Pizza Sub French Fries Salad w/ carrots Fruit & Milk	31 Lunch <i>Sandwiches & Salads daily</i> Italian Meat Sub w/ Cheese Salad w/ Broccoli Chips Fruit & Milk		Friday school Jan 20 <i>Sandwiches & Salads daily</i> Pizza Salad w/ veggies Fruit & Milk

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