



January 2022 Breakfast and Lunch Menu Kelliher Public School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Muffin/ Go-Gurt/ Fruit Cocktail Spaghetti & Meat Sauce/ Breadstick/ Broccoli/ Pears/ Milk	French Toast Sticks/ Syrup/ Fresh Melon Mix/ Juice or Milk Chicken Strips/ French Fries/ Dinner Roll/ Applesauce/ Milk	Granola Bar/ Yogurt/ Berries/ Juice or Milk Vegetable Beef Soup/ Crackers/ Egg Salad or PB&J Sandwich/ Carrot & Celery Sticks/ Peaches/ Milk Salad Bar	Oatmeal or Cereal/ Hard Cooked Egg/ Crasins/ Juice or Milk Tater Tot Hotdish/ Carrots/ Dinner Roll/ Pineapple/ Milk	Scrambled Eggs/ WG Toast/ Orange Wedges/ Juice or Milk Pulled Pork on a Bun/ Green Beans/ Creamy Coleslaw/ Fruit Cocktail/ Milk
10	11	12	13	14
Mini Bagel/ Strawberry Cream Cheese/ Applesauce/ Juice or Milk Chicken Fajita/ Tortilla Shell/ Peppers & Onions/ Corn/ Mandarin Oranges/ Milk/ Salad Bar	Toasted Bagel/ Hard Boiled Egg/ Hash Brown Patty/ Fresh Fruit/ Juice or Milk Hamburger on a Bun/ Potato Wedges/ Pears/ Milk	WG Donut/ Hard Cooked Egg/ Grapes/ Juice or Milk Pizza/ Glazed Carrots/ Cinnamon Applesauce/ Milk	Pancake on a stick/ Syrup/ Berries/ Juice or Milk Check/ Gravy/ Mashed Potatoes/ Dinner Roll/ Peaches/ Milk	Cereal/ Cereal Bar/ Cheese Stick/ Pears/ Juice or Milk Beef Stew/ Bread Slice/ Broccoli/ Fruit Cocktail/ Milk
17	18	19	20	21
Muffin/ Go-Gurt/ Mandarin Oranges/ Juice or Milk Sloppy Joe on a Bun/ Baked Chips/ Corn/ Pears/ Milk	Mini Bagel/ Cheese Stick/ Fresh Fruit/ Milk or Juice Tacos/ Refried Beans/ Tomatoes/ Onions/ Lettuce/ Pineapple/ Milk Salad Bar	French Toast Sticks/ Syrup/ Banana/ Juice or Milk Chicken Nuggets/ Broccoli/ Peaches/ Cookie/ Milk	Cereal/ Toast with Peanut Butter/ Fresh Fruit/ Milk Pizza Burgers/ Glazed Carrots/ Applesauce/ Milk or Juice	Breakfast Round/ Hard Boiled Egg/ Juice or Milk Pancakes/ Sausage Patty/ Hash browns/ Yogurt Parfait/ Salad Bar/ Milk
24	25	26	27	28
Teacher Development Day No School	Waffle Sticks/ Syrup/ Applesauce/ Juice or Milk Chicken Patty on a Bun/ French Fries/ Peaches/ Milk	WG Bagel/ Hard Cooked Egg/ Pears/ Juice or Milk Chili w/Cheese Slice/ Cinnamon Roll/ Carrot & Celery Sticks/ Fruit Cocktail/ Milk	WG Donut/ Cheese Stick/ Orange Wedges/ Milk or Juice Wild Rice Casserole/ Broccoli Cauliflower Mix/ Dinner Roll/ Melon Mix/ Milk	Yogurt Parfait/ Granola Bar/ Berries/ Juice or Milk Cheesy Breadstick/ Marinara Sauce/ Green Beans/ Fruit Cocktail/ Milk
31				
Mini Bagel/Cheese Stick/Mixed Fruit/ Juice or Milk Beef Pasta/ Peas/ Bread Slice/ Pears/ Milk				

This institution is an equal opportunity provider. *Menu Items are Subject to Change*

Welcome Back!