

MONDAY

2ND

NO SCHOOL

TUESDAY

3RD

NO SCHOOL

WEDNESDAY

4TH

POPTARTS
CORNDOGS
BAKED BEANS
FRENCH FRIES

THURSDAY

5TH

BREAKFAST TACOS
CHICKEN NUGGETS
MASHED POTATOES
CORN
ROLLS

FRIDAY

6TH

MUFFINS
CHICKEN
RICE
MIXED VEGETABLES
GREEN BEANS

9TH OATMEAL
PULLED PORK
POTATO WEDGES
BEANS

10TH BREAKFAST TACOS
TOSTADAS
LETT/TOM
CORN
CHIPS/SALSA

11TH HONEYBUNS
POPCORN CHICKEN
SALAD
CUCUMBERS
ROLLS

12TH EGGS SAUSAGE
BISCUITS
PIZZA
CARROTS
BROCCOLI

13TH FRENCH TOAST
STICKS
SAUSAGEW/ TORTILLA
MAC N CHEESE
MIXED VEGETABLES
GREEN BEANS

16TH YOGURT
MEATBALL SUBS
BAKED BEANS
TATERTOTS

17TH BREAKFAST TACOS
CRISPITOS
REFRIED BEANS
CORN
CHIPS/SALSA

18TH CINIMINIS
STEAK FINGERS
MASHED POTATOES
GREEN BEANS
ROLLS

19TH EGGS SAUSAGE
TOAST
GRILLED CHEESE
SANDWICH
CARROTS
CUCUMBERS

20TH DONUTS
CHICKEN ALFREDO
SALAD
BROCCOLI
GARLIC BREAD

23RD POPTARTS
HAMBURGER
BEANS
FRENCH FRIES

24TH BREAKFAST TACOS
BURRITOS
CARROTS
CELERY
CHIPS/SALSA

25TH CREAM CHEESE
MINIS
CHICKEN TENDERS
MASHED POTATOES
GREEN BEANS
ROLLS

26TH EGGS SAUSAGE
TOAST
PIZZA
CUCUMBERS
CHERRY TOMATOES

27TH SAUSAGE ROLLS
CHILI
CORNBREAD
CORN
BROCCOLI

30TH SAUSAGE AND
BISCUITS
CHICKEN BURGERS
BEANS
FRENCH FRIES

31ST BREAKFAST TACOS
TACOS
LETT/TOM
REFRIED BEANS
CHIPS/SALSA

JAN

MENU 2023

**GEAR UP FOR
GYM**



ANNOUNCEMENTS:
MENU SUBJECT TO
CHANGE

CEREAL, MILK, FRUIT
AND JUICE SERVED
WITH BREAKFAST

FRUIT AND MILK
SERVED WITH LUNCH

REMEMBER TO TAKE
THREE ITEMS ONE OF
THEM NEEDS TO BE A
FRUIT OR VEGETABLE



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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