

Dear Hudson Park Elementary Families,

My name is Alan Luff and I am thrilled to be Hudson Park Elementary School's Physical Education and Health Teacher for the 2023/2024 school year! I am a 2021 graduate of Western Washington University where I majored in Physical Education and Health. This is going to be my second year teaching and I am super excited to teach students the importance of Physical Education and Health.

I believe all students are capable of great skills that they will continue to grow and get better at throughout their lives. I believe that "every child deserves a champion; an adult who will never give up on them, who understands the power of connection, and insists that they become the best student that they can possibly be."

All students (K-6) have PE class at once, sometimes twice, a week for 35-minute sessions. During the first semester, 1st, 2nd, 3rd, 4th and 5th graders will be in the pool for their scheduled PE days that fall on a Tuesday, Wednesday or Thursday. During the 2nd semester, Rainier Preschool, Kindergarten, 6th graders, and multi-age students will be in the pool for their scheduled PE days that fall on a Tuesday, Wednesday or Thursday. Students will be taught swim lessons during their time in the pool. Students will also be practicing life long skills in the gym, such as soccer, volleyball, basketball, etc. They will also be learning some health concepts such as emotional, physical and cognitive health.

I collaborate with classroom teachers to ensure each student is meeting expectations to help create a safe and active environment for participating in physical education and health class. Students will be graded on both their daily participation in activities, as well as the development of their own personal physical education skills. Students will come in everyday understanding the gym expectations and routines that are important throughout the duration of the class.

If you have student-specific questions or concerns, please email me to arrange a time to meet in person, virtually, or to speak on the phone, at alan_luff@rsd.k12.or.us.

Grading and Report Card Policies for PE: Students will be graded on a scale from 1-4, based on the state standards.

90-100: 4 Exceeding Standard

75-89.99: 3 Meeting Standard

50-74.99: 2 Approaching Standard

0-49.99: 1 Below Standard

Thank you, and I am looking forward to an exciting year!
Sincerely,

Alan Luff
Hudson Park Elementary
Physical Education and Health Teacher