December 2022

| Mon | Tue | Wed | Thu | Fri |
|--|---|--|---|---|
| All menus are subject to change. This institution is an equal opportunity provider. | Harvest Month | | | |
| Breakfast & Lunch — Choices of 1% and fat free milk | Lettuce | | 1 Breakfast Nutri-Grain Bar / Graham Crackers / Fruit Lunch Cheesy Chicken / Steamed Rice WG Roll Green Beans Fruit | 2 Breakfast Pop-Tarts / Fruit Lunch Hamburger / WG Bun Lettuce/Tomato/Pickles Crinkle Cut Oven Fries Fruit |
| 5 Breakfast Cinnamon Bun / Fruit Lunch Pepperoni Pizza WK Corn Fruit | 6 Breakfast Pop-Tarts / Fruit Lunch Chicken Fillet / WG Bun Lettuce/Tomato/Pickles Crinkle Cut Oven Fries Fruit | 7 Breakfast Mini Pancakes / Syrup / Fruit Lunch Spaghetti w/Meat Sauce WG Roll Butter Peas Fruit | 8 Breakfast WG Glazed Donut / Fruit Lunch Hot Ham & Cheese / WG Bun Tater Tots Fresh Veggies w/Dip | 9 Breakfast Cereal / Fruit Lunch Popcorn Chicken Yeast Roll Creamed Potatoes Broccoli & Cheese |
| Nutri-Grain Bar / Graham Crackers / Fruit Lunch Tacos/Cheese/Tortilla Lettuce & Tomato Salsa WK Corn Fruit | 13 Breakfast Cinnamon Roll / Fruit Lunch Lasagna Bread Stick Green Beans Fruit | 14 Breakfast Cereal / Fruit Lunch Chicken Nuggets Yeast Roll Macaroni & Cheese Yams Fruit | 15 Breakfast Pop-Tarts / Fruit Lunch Mexican Rice w/Beef Yeast Roll Butter Peas Salsa Fruit | 16 Breakfast Mini Pancakes / Syrup / Fruit Lunch Hamburger / WG Bun Lettuce/Tomato/Pickles Crinkle Cut Oven Fries Fruit Early Release |
| 19 W | INTER B | 21 R E A K - D | ec. 19 –Jan. | 23 |
| 26 | 27 | 28 | 29 | 30 |
| Bring on the NEW YEAR! | 3 In-Service - Faculty & Staff | 4 In-Service - Faculty & Staff | 5 Breakfast Mini Cinnamon Buns / Fruit Lunch Pepperoni Pizza WK Corn Green Beans Fruit | 6 Breakfast Cereal / Fruit Lunch Chicken Fillet / WG Bun Crinkle Cut Oven Fries Fruit |