Exhibit: Student Wellness Plan (updated _______ 2024)



In order to measure implementation of the local wellness policy, the Jefferson County School District Office has asked that each school form a Local School Wellness Committee.

- 1. The local committees will meet at least three times each school year.
- 2. The local committees will be comprised of healthcare representatives, a health and/or physical education instructor, and other educational stakeholders in the Jefferson County School District.
- 3. The committee shall have a minimum of 3-4 members.
- 4. The committee is charged with the responsibility of looking at wellness issues that impact the students and staff at the school, as well as ensuring that district wellness policies are followed.
- 5. Agendas from the local meetings and sign-in sheets are to be forwarded to the Director of Child Nutrition at the District Office.

Approved/Revised	/ /2024
Date:	// 2022