

# **NYM Community Education Activities/Offerings Schedule Beginning April 27<sup>th</sup>, 2026**

**We would like to extend our highest gratitude to the New York Mills VFW Post #3289  
for their tremendous support of our school activities!!**

The times and dates listed here are always subject to change according to the weather, illness and other unforeseen circumstances. For complete information about Community Education offerings and NYM School District activities, check the ISD #553 website @ [www.nymills.k12.mn.us](http://www.nymills.k12.mn.us), the school Facebook page, the bulletin board by the District Office, or call the school at (218) 385-4203/(218) 385-4201. Unless otherwise noted, call (218) 385-4203 for more information or to register for offerings. NYM Community Education is always looking for individuals to propose and teach/facilitate classes. If you have an expertise or interest in a topic that you could share with others, please contact us!

## **NYM COMMUNITY EDUCATION ACTIVITIES SCHEDULE**

Please check the school website [www.nymills.k12.mn.us](http://www.nymills.k12.mn.us) or Facebook page for updates regarding activities or meetings that are scheduled.

### **Monday, April 27<sup>th</sup>**

Wrestling Practice in WR Room @ 3:20 pm  
School Board Meeting in Room #108 @ 5:30 pm  
JO Volleyball Practice in All Gyms @ 6:00 pm

### **Tuesday, April 28<sup>th</sup>**

Wrestling Practice in WR Room @ 3:20 pm  
G&B Track and Field (A) at Sebeka @ 3:45 pm  
JV/V Sball (H) with Pillager @ 4:00 pm  
JH Sball (A) at Pillager @ 4:00 pm  
JH Bball (H) with Pillager @ 4:30 pm  
'Just for Kix' Dance Practice in Aud. Foyer @ 4:30 pm  
V Bball (A) at Pine River-Backus @ 4:30 pm  
JV Bball (H) with Pillager @ 4:30 pm  
JO Volleyball Practice in All Gyms @ 6:00 pm

### **Wednesday, April 29<sup>th</sup>**

AAU Basketball Practice in HS/SC Gyms @ 6:00 pm

### **Thursday, April 30<sup>th</sup>**

Ag Safety Day in AC Gym @ 12:30 pm  
Wrestling Practice in WR Room @ 3:20 pm  
Boys V Track and Field (A) at Wadena-DC @ 4:00 pm  
JH/JV/V Bball (H) with OTC @ 4:30 pm  
JH Bball (A) at Henning @ 4:30 pm  
V/JV/JH Sball (H) with TBD @ 4:30 pm  
JO Volleyball Practice in All Gyms @ 6:00 pm

### **Friday, May 1<sup>st</sup>**

V Sball Tournament @ TBA @ TBD  
B&G JH Track and Field (A) at Hawley @ 4:15 pm  
V Bball (A) at Verndale @ 4:30 pm  
JV Bball (A) at Bertha-Hewitt @ 4:30 pm  
JH Bball (H) with BHV @ 4:30 pm

### **Saturday, May 2<sup>nd</sup>**

V Sball Tournament @ TBA @ TBD

### **Monday, May 4<sup>th</sup>**

Senior Scholarship Ceremony in Aud. @ 9:00 am  
JV/V Sball (A) at Frazee @ 3:00 pm ??  
JV/V Bball (A) at Frazee @ 3:00 pm  
Wrestling Practice in WR Room @ 3:20 pm  
JH Sball (A) at Frazee @ 4:30 pm  
JH Bball (A) at Frazee @ 4:30 pm  
JV Sball (A) at Park Rapids @ 4:30 pm  
JO Volleyball Practice in All Gyms @ 6:00 pm

### **Tuesday, May 5<sup>th</sup>**

B&G V Track and Field (A) at Frazee @ 10:00 am  
V/JV Sball (A) at Sebeka @ 4:00 pm  
JH Sball (H) with Sebeka @ 4:00 pm  
JV/V Bball (H) with Sebeka @ 4:30 pm  
JH Bball (A) at Sebeka @ 4:30 pm  
'Just for Kix' Dance Practice in Aud. Foyer @ 4:30 pm  
JO Volleyball Practice in All Gyms @ 6:00 pm

### **Thursday, May 7<sup>th</sup>**

B&G V Track and Field (A) at Battle Lake @ TBD  
K-3 Music Concerts in Aud. @ 1:15 pm  
JH B&G Track and Field (A) at Sebeka @ 3:45 pm  
V Sball (A) at Battle Lake @ 4:00 pm  
JV Sball (A) at Henning @ 4:00 pm  
JH Bball (H) with Wadena-DC @ 4:00 pm  
JH Sball (H) with OTC @ 4:30 pm  
JV Bball (H) with Wadena-DC @ 5:45 pm  
JO Volleyball Practice in All Gyms @ 6:00 pm  
V Bball (H) with Wadena-DC @ 7:00 pm

### **Friday, May 8<sup>th</sup>**

Kindergarten Muffins with Wonderful Women in #17, 19, 20 @ 2:00 pm  
V/JV Bball (H) with Parkers Prairie @ 4:30 pm  
JH Bball (A) at Parkers Prairie @ 4:30 pm  
B&G JH Track and Field (A) at Pelican Rapids @ 4:30 pm  
JV Sball (A) at Underwood @ 5:00 pm

### **Saturday, May 9<sup>th</sup>**

Kids' Garage Sale in SC Gym @ 8:00 am  
V Sball Tournament (A) at Jackson County Central @ 9:00 am



# NYM COMMUNITY EDUCATION OFFERINGS SCHEDULE

## CPR/AED/1<sup>ST</sup> AID/EMR/EMT COURSE SCHEDULE

### HEARTSAVER CPR, AED AND 1ST AID (Wednesdays at 5:30 p.m.)

5-27-26, 7-22-26, 9-23-26, 11-25-26, 1-27-27, 3-24-27,  
5-26-27, 7-28-27, 9-22-27, 11-24-27

### BLS PROVIDER CPR (Wednesdays at 5:30 p.m.)

6-24-26, 8-26-26, 10-28-26, 12-23-26, 2-24-27, 4-28-27,  
6-23-27, 8-25-27, 10-27-27, 12-22-27

### EMERGENCY MEDICAL TECHNICIAN/EMERGENCY MEDICAL RESPONDER (EMT/EMR COURSE) (Mondays at 6:00 p.m.)

9-14-26, 9-13-27

**COSTS:** Heart Saver CPR/AED & 1<sup>st</sup> Aid ..... \$ 125  
BLS Provider CPR..... \$ 100  
EMT (base fee plus books/fees) ..... \$ 1300  
EMR (base fee plus books/fees) ..... \$ 500

**WHERE:** Perham Area EMS Training Room  
525 West Main, Perham, MN 56573

**REGISTRATION:** \*\*Classes are post board certified\*\*  
Register for a class by call/text 218.298.2482 or  
email [lakescountryedu@gmail.com](mailto:lakescountryedu@gmail.com)

**CONTACT:** Barb Felt at Lakes Country Emergency Education  
and Consulting

**WEBSITE:** [www.lakescountryedu.com](http://www.lakescountryedu.com)

## SCHOOL-AGED CHILD CARE

If you need before and/or after school child care on a regular or drop-in basis, we have before and/or after school child care available at the school.

**WHO:** PreKindergarten through sixth grade

**WHEN:** During school days, childcare hours in the morning are 6:00-8:10 am, and after school is 3:00-5:30 pm.

**REGISTER:** To register, email [childcare@nymills.k12.mn.us](mailto:childcare@nymills.k12.mn.us) or call (218) 385-4209 or (218) 385-4203 (Comm. Ed. Office).

## NEW YORK MILLS PUBLIC LIBRARY

**GHOST SIGNS AND GRAIN BINS** – Join us on Thursday, April 30, 2026 at 1:00 p.m. at the NYM Public Library for a look at Minnesota's farming heritage. Presented by Jay Grammond. Free and open to all, but preregistration is encouraged. Call the NYM Public Library at 218-385-2436 or go to [www.nympubliclibrary.org](http://www.nympubliclibrary.org).

## EARLY CHILDHOOD SCREENINGS ~ 'ECS'

As of January 2014, the Early Childhood Screenings will be conducted by the Lakes Country Service Coop. The Community Education office will be doing the scheduling and the screenings will be completed at the New York Mills School. This screening is required by the school for entrance into PreKindergarten and required by Minnesota Statute 121A.17 for entrance into Kindergarten unless an Exemption form is filled out. It is an opportunity for you to review your child's growth and development and to follow up on any health or learning concerns. The Early Childhood Screening is a FREE screening and includes a developmental assessment, vision and hearing test, height and weight measurements, immunization and health history review and a parent visit. It is NOT an examination to determine readiness for school. Its purpose is to identify conditions that might interfere with your child's ability to learn and to assist parents in developing strategies to help their child succeed. Please call Deb in the Community Education office to schedule an appointment at (218) 385-4203. Please leave a message if there is no answer and she will get back to you as soon as an appointment is available.

## NEW YORK MILLS FOOD SHELF 2025-2026

The New York Mills Food Shelf is available to anyone in need in the New York Mills School District. Food Shelf is located at 400 S. Walker Avenue, New York Mills. Donations of food and money are always welcome. For more information, contact Connie at (218) 385-3669. Open from 9-12 and 4:30-6:30 on Mondays -- April 27, May 18, June 29, July 27 and August 31.

## ADULT BASIC ED/ENGLISH AS A SECOND LANGUAGE

Adult Basic Education is for anyone 17 years old and older who does not have a high school credential, is preparing for college, or is learning English. Individualized instruction is available for GED, Adult Diploma, Accuplacer Prep, computer literacy, and reading, writing, speaking and understanding English.

**DATES/TIMES:** Tuesdays from 1:00-6:00 p.m. and Thursdays from 8:00-11:00 a.m.

**WHERE:** New York Mills City Building at 118 North Main Avenue

**COST:** Class time is free. There is a fee for GED tests.

**CLASS LIMIT:** None at this time

**WHO CAN TAKE:** Anyone who is 17 or older and who does not have a high school credential, needs to prep for college, lacks computer skills, and/or is learning English as a second language.

**INSTRUCTOR INFO:** Leah Hamann, Adult Basic Education Instructor, [lhamann@detlakes.k12.mn.us](mailto:lhamann@detlakes.k12.mn.us) is my email address and (218) 844-5760 is the number for Detroit Lakes ABE. Contact either one for any questions.

## ON-GOING WALKING

For those who would like to get exercise by walking through the 2329 feet of hallways in NYM School. (This is FREE except during Sunday night at Open Gym times when it will be a \$1 fee.)

**WHO:** Open to all

**WHEN:** School days from 6:30-8:00 a.m. and 4:00-8:00 p.m.

## NEW YORK MILLS REGIONAL CULTURAL CENTER

**NYMRCC TEEN ART CLUB** - All New – 2025 Kick-Off, Open to ALL Teens ages 13-18, Free to Attend, YOU Belong Here! Hey Teen Artists & Makers! Looking for a creative crew? Join the Teen Art Club at the New York Mills Regional Cultural Center! We're launching a fun, welcoming, and safe space for teens to share ideas, learn new skills, and explore open-studio artmaking together. Whether you paint, draw, sculpt, sew, film, or just love to make cool stuff — you belong here. Following our intro meeting held in November 2025, the group decided on the following schedule for 2026. Adjustments may be made as we move forward.

Tuesday, May 5, 2026 | 4:00 – 6:30 PM | Come + Go Opening Studio Hours

Thursday, May 21, 2026 | 4:30–6:00 PM | Guided Workshop/Group Meeting

All teens in the region, ages 13-18, are invited to come and make art, make friends, and help shape a new creative community for teens at the Cultural Center! As we work together to establish this group, participants will: Review the Community Contract; Learn about volunteer opportunities; Brainstorm activities and projects they'd like to explore; Enjoy FREE snacks.

## 2026 WINTER/SPRING CONCERT SERIES – PAY WHAT YOU CAN!

Original Live Music in Rural MN Unique Listening Room Space, Concerts Open to ALL! The Cultural Center is pleased to present our 2026 Winter/Spring Concert Series, supported by a grant from the Lake Region Arts Council, enabling a return to "PAY WHAT YOU CAN" pricing! No tickets required, and ALL are welcome! Join us this Winter & Spring for a variety of music styles in our unique listening-room-style space. Not only will you enjoy the talented musicians and excellent acoustics, but you'll also love being surrounded by unique visual art in our historic Gallery space. We look forward to bringing original live music to the residents and visitors to rural West-Central Minnesota. All are welcome to join us for these one-of-a-kind performing arts experiences!

### 2026 Winter/Spring Concert Series Schedule:

Thursday, April 30 – Clayton Ryan Duo Concert

Wednesday, May 20, 2026 – Celebrating Cultures–Nijiji Radio Collaboration @ NYM Sculpture Park

We would like to thank Lake Region Arts Council for supporting this Concert Series. We are grateful for all they do to ensure access to the arts in our rural region!

All concerts begin at 7:30 p.m. and will be held in the Cultural Center's gallery space (unless noted otherwise). Doors open at 7:00 p.m. General admission seating is first come, first served. Light refreshments and a cash bar are available at most concerts.

## ART FOR LUNCH WINTER/SPRING 2026

Hungry for Creativity? Grab Art for Lunch! Second Thursdays @ NOON Join us for a monthly creative break designed to introduce participants to new art materials and processes. Held on the second Thursday of the month from noon – 1:00 p.m., the cost is just \$10. Bring your own lunch and enjoy a beverage on us! Classes are led by Artist / Cultural Center Artistic Director Megan Shirley-Ross. **PLEASE NOTE:** Art for Lunch is generally held in our 2nd-floor education space, which is accessible only by stairs. If you have accessibility needs, please contact us to discuss accommodations at 218-385-3339 or [info@kulcher.org](mailto:info@kulcher.org). Art For Lunch is a series of short workshops designed to introduce participants to new materials and processes. All material provided. Call 218-385-3339 to sign up. Join us this Winter/Spring 2026! The activity is made possible in part by the voters of Minnesota through a Minnesota State Arts Board Operating Support grant, thanks to a legislative appropriation from the arts and cultural heritage fund.

May 14: Texture Painting (Texture)

## MORNING WITH MEGAN SPRING SERIES 2026

Join us this spring at the Cultural Center as our new "Morning with Megan" workshop series continues! **Morning with Megan** is a monthly creative series held on the **second Saturday of each month**, offering new projects and creative inspiration throughout the year. Workshops take place at the Cultural Center, in the upstairs studio (accessible only by stairs; call 218-385-3339 if accommodations are needed). We kindly request that you pre-register so we can plan adequately. Call 218-385-3339 with any questions. *Please note: Arts Learning Workshops (and all Cultural Center events) are always open to ALL — you do NOT need to be a member to attend. However, members DO help support us financially and as our way of saying thanks, members receive a discount on many workshops and performing arts events! Learn more and become a member online here: <https://kulcher.networkforgood.com/projects/149135-become-a-member>*

### 2026 Morning with Megan Spring Series:

Saturday, May 9 – Needle Felted Landscapes

## YOGA @ NYMRCC | WINTER-SPRING 2026

**Friday Body-Led Yoga Flow** - Fridays | 10:00–11:00 AM  
February 6 – May 29, 2026 Friday Body-Led Yoga Flow is a steady weekly practice designed to help you settle into your body and move into the weekend feeling grounded and supported. Classes blend slow, mindful movement with breath awareness and simple somatic practices that support mobility, balance, and ease. Options are offered throughout to meet different bodies, energy levels, and life seasons. Rather than focusing on perfect alignment or pushing through, this practice emphasizes choice, comfort, and rest when needed. The tone is calm, welcoming, and supportive. This class is well-suited for beginners, those returning to yoga, and anyone seeking a gentle, body-aware practice. No prior yoga experience is required. All bodies and abilities are welcome.

**Gentle Chair-Supported Movement (Monthly)** - Second Friday of each month | 8:00–9:00 AM, 4 Sessions: February 13, March 13, April 10, May 8, 2026  
Community Rate: \$10 per class Gentle Chair-Supported Movement is a monthly, one-hour yoga class designed for adults who prefer or benefit from seated and supported movement. This class is offered in a calm, inclusive community-center setting and is ideal for those seeking a slower pace with plenty of options. Each class includes: 10–15 minutes to arrive, get comfortable, and connect socially, Gentle, body-aware movement supported by a chair. Options to remain seated or explore supported standing, 10–15 minutes at the end for rest, reflection, and optional conversation. This practice supports balance, joint mobility, circulation, and nervous system regulation while honoring each participant's comfort level and range of motion. No prior yoga experience is needed. All bodies and abilities are welcome.