

Hounds Highlights

Mark your Calendars:

September 2nd

No School- Labor Day

September 6th

Picture Day

September 11th

Financial Aid Information Night- 6:00—8:00 pm HS Lib

September 18th

ACT 80 Day- 2 hour early dismissal

College Information Night- 6:00- 7:30 pm—HS Lib

September 25th

SASHS Parent Teacher Conferences- sign up on Skyward

September 29th

Make-up Picture Day

October 7th- 10th

Homecoming Spirit Week

October 11th

No School for students or teachers

Homecoming Game

October 12th

Homecoming Dance

October 14th

No School for students / Teacher In-service

October 16th

PSATS—more info on page 2

October 25th

Last day of 1st Marking Period



Happy September 1st!

This is such an exciting time of year! We love seeing the students sporting a sea of Maroon and Grey through the halls (especially on Fridays), seeing the students out on the fields playing soccer, field hockey and football, hearing the marching band playing their show, and our Maroon Platoon cheering on our students! Each of these events lift the student body's school spirit! Please continue demonstrating the Greyhound prowess on the field AND in the classroom!



Summer Mental Health Resources:

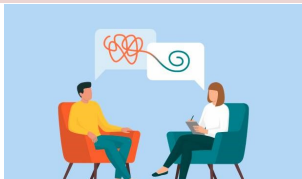
Aliff Counseling Services:
(717) 477-2556 (call or text)
(Our school-based mental health provider)

TeenLine - (866) 350-4357
Hotline 24 Hours

Cumberland / Perry Drug & Alcohol - (717) 240 - 6300

Crisis Chambersburg Hospital (717) 264-2555 24 Hours

Grey Matter is a school-based prevention program for high school students who are at risk of onset of depression or are already exhibiting depressive symptoms. Grey Matter was created by the Oregon Research Institute. Research shows that it helps to prevent onset of major depression, decrease severity of depression, and decrease substance use. The program is delivered to groups of 4-8 adolescents, in one-hour sessions over 6 weeks with home practice assignments included. Group sessions include building group rapport, increasing participant involvement in pleasant activities, learning and practicing cognitive restructuring techniques, and developing response plans in future life stressors. The program will be offered during school at SASHS
janelle.carbaugh@ship.k12.pa.us



SASHS breakfast and lunch prices for 2024-2025

Breakfast— FREE

Students can pick up breakfast in the Aud Lobby or the cafeteria on their way to their block 1 class!

Lunch—\$3.30

The link for online free/reduced meal application is on the district website or web address is www.schoolcafe.com



Parent Teacher Conferences

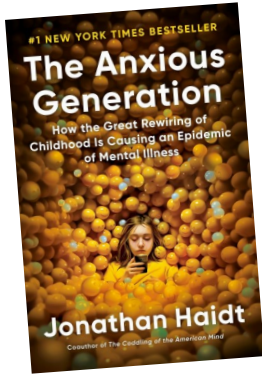
SASHS will hold their Parent Teacher Conferences on September 25th. One tweak to our November dates— We will have parent teacher conferences on November 26th and 27th. We will not have parent teacher conferences on November 25th.

College Planning Nights

Financial Aid Information Night will be on September 11th from 6-8 pm in the High School Library. Please use this link to RSVP: <https://forms.gle/3HvbdKcDK34aF6Cf7>

College Information Night will be on September 18th from 6-7:30 pm in the High School Library. Please use this link to RSVP: <https://forms.gle/bgyBgo5qUALB3A2v9>





Last call to join the Parent/ Principal book study!
Please email Mrs. Luffy if you are interested in this book study opportunity-
deborah.luffy@ship.k12.pa.us

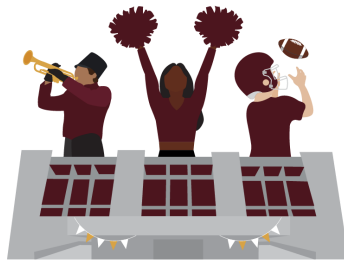
Books will be provided for all the participants.

Homecoming 2024

October 7th- 11th
Spirit Week

October 11th
Homecoming Game

October 12th
Dance



College Info Night

Sept 18 | 6:00 pm - 7:30pm

SASHS Library

Light Refreshments Provided

All 2025 families should plan to attend to learn more about important senior year topics such as the post-secondary (college/career) application process, the senior timeline, and more!

College Advising Corps Pennsylvania

A Note

From Nurse A's Office:



All entering 12th grade students are required to have a Meningococcal vaccine (MCV4, meningococcal conjugate)

after the age of 16 years per the Pennsylvania Department of Health and Education. If your child has already received the required vaccine, please send this information to the school nurse. Your health care provider may fax this information to the school nurse at 717-530-2835. If you do not have health insurance, the vaccines can be obtained from the Pa. State Health Department at 717-243-5151.

All 11th grade students are required to have a physical examination per the Pa. Departments of Health. This is a graduation requirement. There are several ways to fulfill the obligation.


- Copy of a paper driver's permit or driver's license card (accepted because a physical was required before the permit test)
- Copy of a Sports physical
- Copy from your private physician's office

A copy (or picture from your phone) can be emailed to the nurse at: amber.ausherman@ship.k12.pa.us, faxed to 717-530-2835, dropped off at the school office, or mailed to SASHS.

YOU ARE INVITED!

SASHS
Financial Aid Info Night


September 11 | 6-8 PM | SASHS Library



CollegeBoard PSAT

PSATs

Any student interested in taking the PSAT on October 16 will need to register using this [link](#). Spots are limited, so please register and pay as soon as possible. Please stop by the Guidance Office with any questions. The deadline to register is September 3rd.



"Autumn carries more gold in its pocket than all the other seasons."

JIM BISHOP

Career Corner

Wellspan's Healthcare Careers Institute (HCI) applications are now available! HCI is an intense career exploration program for high school juniors and seniors who are interested in a career in the healthcare industry.

Application requirements:

- Minimum 3.2 GPA
- Excellent attendance
- High grades in Science & Math
- Resume
- Essay
- 2 Teacher recommendations

Interview

Wellspan will be holding informational sessions via Zoom on **September 5 and 11**.

Interested Juniors and Seniors should see Mrs. Akers in the Career Center (across from the nurse) for applications and more information. Please note, students selected for this program will be required to have their own transportation to and from the Chambersburg Hospital from January through May.

Upcoming Career Field Trips

September 26 - Architecture, Construction, and Engineering including information for the ACE Mentorship Program

October 2 - Manufacturing Make & Take

To stay up to date with current Career Opportunities

Parents - "Like" Shippensburg High School Career Corner on Facebook

Students - Check your school Gmail and the morning announcements daily





Dear Greyhound Family,

To everyone who came out to play and support us: teachers, coaches, students, sponsors, alumni and friends - THANK YOU! Our 7th Annual Greyhound Foundation Golf Tournament was another huge success!

A new element in this year's tournament was a friendly squaring off between some of our high school golfers and Ship University golfers. Guess who won? Go Golf Hounds!

Speaking of rivalry, we want to thank Coach Fojst and his incredibly special team of football players for bringing home the LBJ on Friday night against the Bulldogs. It was an honor to watch this extraordinary game and see the powerful bonds between all of us in our community.

Though we showed up on the golf course in the spirit of competition in support of education, education goes well beyond playing a sport and academic learning. The bonds between coaches and students, teachers and students, students with their peers as well as with their loved ones showed up for us as we played on Sunday.

Thanks again for being with us during such a difficult time, and for helping turn a time of sorrow into one of remembrance and love. The tournament became a celebration of life. #TheGreyhoundFoundation #EducationMatters

Sue Fink, Executive Director, The Greyhound Foundation



CONSTRUCTION CORNER

Here are the latest photos from the high school HVAC renovation and our multi-purpose field and track!

