## Sumter County Intermediate School

|                    | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   |
|--------------------|--|--|---|---|--|
|                    |  | November 1st   | November 2nd  | November 3rd  | November 4th   |
| Breakfast Option 2 | HAPPY<br>HALLOWEEN!  | Cereal Bar<br>Yogurt Smoothie  | Strawberry Simply Chex<br>Mix<br>Yogurt<br>Apple Juice                        | Cereal Bar<br>Teddy Grahams   | Bowl of Cereal<br>Yogurt<br>Apple Juice  |
| Option 2           | Have a<br>spooktacular   | Warm Cinnamon Roll<br>Yogurt<br>Grape Juice  | Pancake Pup<br>Orange Juice   | Chicken Biscuit<br>Juice  | Banana Muffin<br>Yogurt Smoothie   |
| Lunch              | day!   | Hamburger Steak w/<br>Gravy<br>Mashed Potatoes<br>Seasoned Cabbage<br>Graham snacks<br>Dinner Roll | Chicken Alfredo w/<br>Rotini<br>Roasted Brussels<br>Sprouts<br>Carrots        | Generals Chicken w/<br>Fried Rice<br>Seasoned Carrots &<br>Broccoli<br>Egg Roll                   | Walking Tacos w/<br>lettuce & Tomato<br>Refried Beans<br>Corn<br>Salsa Cup                         |
| Option 2           |  | Hamburger Steak w/<br>Gravy<br>Mashed Potatoes<br>Seasoned Cabbage<br>Graham snacks<br>Dinner Roll | Corn Dog<br>Crinkle Cut Fries<br>Baked Beans                                  | Generals Chicken w/<br>Fried Rice<br>Seasoned Carrots &<br>Broccoli<br>Egg Roll                   | Pepperoni Pizza<br>Corn<br>Cucumber Slices w/<br>Ranch   |
| Option 3           |  | Uncrustable Grape<br>Graham Snacks<br>Cucumber Slices &<br>Broccoli w/ Ranch                       | Uncrustable Grape<br>Cheese Stick<br>Broccoli & Carrot Sticks<br>Doritos      | Uncrustable Grape<br>Mac & Cheese<br>Celery Sticks<br>Dried Chickpeas                             | Uncrustable Grape<br>Cheese Stick<br>Tater Tots<br>Carrot Sticks w/Ranch<br>Graham Snack           |
|                    | November 7th   | November 8th   | November 9th  | November 10th   | November 11th  |
| Breakfast          | Bowl of Cereal<br>Apple Juice  | Cereal Bar<br>Yogurt Smootie   | Bowl of Cereal<br>Yogurt<br>Apple Juice                                       | Super Stik- Twin Pack<br>Yogurt<br>Grape Juice  | Bowl of Cereal<br>Yogurt<br>Apple Juice  |
| Option 2           | Biscuit<br>Sausage Patty<br>Juice  | French Toast Sticks<br>Juice   | Pancake Pup<br>Orange Juice   | Chicken Biscuit<br>Juice  | Warm Cinnamon Roll<br>Grape Juice  |
| Lunch              |  |  | <b>hanksgiving Dinner Days</b><br>ng- Collard Greens- Yams<br>Cranberry Sauce |   |  |
| Option 2           | Hamburger Steak<br>Mac & Cheese<br>Dinner Roll<br>Roasted Zucchini<br>(3/4c) | Ham Sandwich<br>Sun Chips<br>Cucumber Slices &<br>Cauliflower w/ Ranch                             | Corn Dog<br>Baked Beans<br>French Fries<br>Coleslaw                           | Cheeseburger w/<br>Lettuce & Tomato<br>Sweet Potato Fries<br>Broccoli & Carrot<br>Sticks w/ Ranch | Turkey Sandwich w/<br>Lettuce & Tomato<br>RF Doritos<br>Carrot & Celery<br>Sticks w/Ranch          |
| Option 3           | Uncrustable Grape<br>Cheese Stick Celery<br>& Carrots w/ranch                | Uncrustable Grape<br>Graham Snacks<br>Cucumber Slices &<br>Broccoli w/ Ranch                       | Uncrustable Grape<br>Cheese Stick<br>Broccoli & Carrot<br>Sticks<br>Doritos   | Uncrustable Grape<br>Mac & Cheese<br>Celery Sticks<br>Dried Chickpeas                             | Uncrustable Grape<br>Cheese Stick<br>Tater Tots<br>Carrot Sticks<br>w/Ranch<br>Simply Chex Cheddar |

## Sumter County Intermediate School

|                    | November 14th  | Novembe 15th   | November 16th  | November 17th  | November 18th  |
|--------------------|--|--|--|--|--|
| Breakfast Option   | Bowl of Cereal<br>Banana<br>Juice  | French Toast Sticks<br>Fruit<br>Juice  | Pancake Pup<br>Orange Juice  | Chicken Biscuit<br>Apple Juice   | Cinnamon Roll<br>Yogurt<br>Grape Juice   |
| Option 2           | Biscuit<br>Sausage Patty<br>Fruit & Juice  | Cereal Bar<br>Yogurt Smootie<br>Fruit  | Pop Tart<br>Yogurt<br>Apple Juice  | Bluebery Muffin<br>Yogurt Smootie  | Bowl of Cereal<br>Yogurt<br>Apple Juice  |
| Lunch              | Wild Mike's Pizza<br>Celery & Carrots w/<br>Ranch                                | Big Loaded Baked<br>Potato w/ Chili &<br>Cheese<br>Roasted Broccoli                    | Spaghetti w/ Meatsauce<br>Cooked Broccoli<br>Side Salad<br>Bread Stick               | Spicy or Regular<br>Chicken Sandwich<br>Baked Beans<br>Mac & Cheese<br>Celery Sticks | Hot Dog<br>Tater Tots<br>Carrot Sticks w/Ranch<br>Graham Snack                           |
| Option 2           | Wild Mike's Pizza<br>Celery & Carrots w/<br>Ranch                                | Cheeseburger w/<br>Lettuce & Tomato<br>Sweet Potato Fries<br>Broccoli w/ranch<br>Fruit | Spaghetti w/ Meatsauce<br>Cooked Broccoli<br>Side Salad<br>Bread Stick               | Spicy or Regular<br>Chicken Sandwich<br>Baked Beans<br>Mac & Cheese<br>Celery Sticks | BBQ Sandwich<br>Baked Beans<br>Coleslaw  |
| Option 3           | Uncrustable Grape<br>Cheese Stick<br>French Fries<br>Celery & Carrots<br>w/ranch | Uncrustable Grape<br>Graham Snacks<br>Cucumber Slices &<br>Broccoli w/ Ranch<br>Fruit  | Uncrustable Grape<br>Cheese Stick<br>Cooked Broccoli<br>Carrot Sticks<br>Bread Stick | Uncrustable Grape<br>Graham Snacks<br>Mac & Cheese<br>Celery Sticks                  | Uncrustable Grape<br>Cheese Stick<br>Tater Tots<br>Carrot Sticks w/Ranch<br>Graham Snack |
|                    | November 21st  | November 22nd  | November 23rd  | November 24th  | November 25th  |
| Breakfast Option 2 |  |  |  |  |  |
| Option 2           |  |  | Thank  | <sgivir<br>reak</sgivir<br>  | 19   |
| Lunch              |  | to party   | R  | noak   |  |
| Lunch Option 2     |  |  | June D   | rear   | <u>Ast</u>   |
| Option 3           |  |  |  |  |  |

## Sumter County Intermediate School

|           | November 28th   | November 29th  | November 30th  |  |
|-----------|---|--|--|--|
| Breakfast | Bowl of Cereal<br>Apple Juice                                 | Cereal Bar<br>Yogurt Smoothie  | Bowl of Cereal<br>Apple Juice  |  |
| Option 2  | Biscuit<br>Sausage Patty<br>Juice                             | Super Stik- Twin Pack<br>Yogurt<br>Grape Juice                               | Pancake Pup<br>Orange Juice  |  |
| Lunch     | Cheeseburger w/ lettuce<br>& tomato<br>Sweet Potato Fries     | Oven Fried Chicken<br>Collard Greens<br>Blackeyed Peas<br>Cornbread          | Chicken Tenders<br>Crinkle Cut Fries<br>Carrots & Celery<br>w/ Ranch     | Milk and Fruit choices<br>available at every meal! |
| Option 2  | Hot Dog<br>Chili Cheese Fries<br>Slaw                         | Oven Fried Chicken<br>Collard Greens<br>Blackeyed Peas<br>Cornbread          | Chicken Tenders<br>Crinkle Cut Fries<br>Carrots & Celery<br>w/ Ranch     |  |
| Option 3  | Uncrustable Grape<br>Cheese Stick Celery &<br>Carrots w/ranch | Uncrustable Grape<br>Graham Snacks<br>Cucumber Slices &<br>Broccoli w/ Ranch | Uncrustable Grape<br>Cheese Stick<br>Broccoli & Carrot Sticks<br>Doritos |  |