



BREAKFAST

AUGUST 2023

Portage Area High School

Adult Meal Price - \$3.00

Milk Offered Daily:
Fat Free or 1%

Breakfast GNG Offered Daily:
Cinnamon Toast Crunch Bar Lucky Charms Bar,
Peach Cheerios Bar, Mini Powder Donut,
Mini Chocolate Donut, Cookies & Cream Benefit Bar,
Strawberry Cream Cheese Bagel

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

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11

14

15

16

17

18

21

22

23

24

25

Pancake & Sausage Stick
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

Uncrustable Breakfast
Sandwich
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

28

Chocolate Chip
Crumb Cake
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

29

Strawberry Boli
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

30

Cinnamon Roll
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk

31

Ham & Cheese
Pocket
Or
Grab N Go Meal
Apple Slices
100% Juice
Choice of Milk



To qualify as a free breakfast, **students must take 3(minimum) components**, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which **1 must be a fruit or vegetable**. Students taking required meal components receive breakfast at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements
Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>