



GHOLSON ISD
SEPTEMBER 2023 - LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pizza Corn Carrots w/ Ranch Bananas Milk
4 LABOR DAY NO SCHOOL	5 Chili Dogs Ranch Style Beans Tater Tots Mixed Fruit Milk	6 Popcorn Chicken Broccoli Diced Carrots Sliced Bread Pears Milk	7 Steak Fingers Corn Green Beans Sliced Bread Pineapples Milk	8 Wildcat Burger French Fries Pinto Beans Burger Salad Apples Milk
11 Corn Dogs Peas Parsley Potatoes Pineapples Milk	12 Spaghetti w/Breadstick Corn Crinkled Carrots Applesauce Milk	13 Chicken Fajita Refried Beans Side Salad Mandarin Oranges Milk	14 Porkrib Patty Broccoli Normandy Sweet Potato Fries Diced Apples Sliced Bread Milk	15 Pizza Green Beans Cucumbers w/Ranch Banana Milk
18 Chicken Sandwich Potato Wedges Mixed Vegetables Applesauce Milk	19 Crispitos Refried Beans Peas & Carrots Mixed Fruit Milk	20 Turkey & Cheese Sandwich Carrot Sticks w/Ranch Pickle Spear Chips Peaches Milk	21 Chicken & Rice Broccoli Corn Diced Pears Milk	22 Wildcat Burger Tater Tots Baked Beans Burger Salad Oranges Milk
25 Chicken Nuggets Parsley Potatoes Broccoli Normandy Applesauce	26 Burrito Mixed Vegetables Carrot Sticks w/ Ranch Peaches Milk	27 Chicken Fried Steak Green Beans Mashed Potatoes Bread Pineapples Milk	28 Chicken Strips French Fries Diced Carrots Diced Pears Bread Milk	29 Pizza Corn Celery w/Ranch Banana Milk

MENU IS SUBJECT TO CHANGE

Offer versus Serve Regulation is implemented in this school. For a complete MEAL, select at least 3 different items and one item must be a fruit or vegetable... In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discrimination based on race, color, nation origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by the USDA.

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