

COURSE OUTLINE FOR “TOPICS FOR “TEENS” IN GRADES (One Semester)

(Underlined topics indicate instruction in sex education. These topics may also include instruction in contraceptive education as indicated by asterisks. Topics not underlined indicate instruction in health education.)

TOPIC	DAYS OF INSTRUCTION
Respect	1
Decision Making(throughout all units)*	5
Self Awareness	4
Wellness	3
Goals	5
Nutrition	7
Eating Disorders	3
Death/Grieving	5
Anger Management/Violence	3
Sexual Harassment*	1
Drugs/Alcohol	10
Male Anatomy*	3
Female Anatomy*	3
Sexual Maturity/Human Reproduction*	7
Breast/Pelvic Exams/Complications of Sexuality*	5
Pregnancy/Fetal Development/Child Birth*	6
Birth Defects*	5
Abstinence/Contraceptives*	6
Sexually Transmitted Diseases*	2
Criminal Sexual Conduct*	2
Dating/Relationships*	3
Self Breast Exams/Self Testicular Exams*	1
*units part of Sex Education program	
<u>Total Days of Instruction</u>	90