




SEPT. 2021

MENU SUBJECT TO CHANGE
 FRUIT, VEGETABLES & MILK SERVED DAILY
 QUESTIONS? CONTACT JULIE PETERSON AT
 jpeterson@nymills.k12.mn.us

MONDAY	TUESDAY	WED.	THURSDAY	FRIDAY
LABOR DAY 	7 POPTART YOGURT FRUIT OR JUICE ***** CORN DOG FRIES, BAKED BEANS FRUIT	8 MINI DONUTS CHEESE STICK FRUIT OR JUICE ***** LASAGNA ROLLUP GARLIC TOAST FRUIT & VEGETABLE	9 MUFFIN HARD BOILED EGG FRUIT OR JUICE ***** CHICKEN DRUMSTICK POTATOES & GRAVY CORN, ROLL, FRUIT	10 BENEFIT BAR SUNFLOWER SEEDS FRUIT OR JUICE ***** PIZZA GRANOLA BAR FRUIT & VEGETABLE
13 CEREAL & YOGURT FRUIT OR JUICE ***** TURKEY & CHEESE WRAP, GOLDFISH FRUIT & VEGETABLE	14 YOGURT PARFAIT ***** TACO IN A BOAT BLACK BEANS FRUIT VEGETABLE	15 RICE KRISPIE BAR BEEF STICK FRUIT OR JUICE ***** CHICKEN ALFREDO BREADSTICK FRUIT & VEGETABLE	16 CEREAL & YOGURT FRUIT OR JUICE ***** CHEESEBURGER FRIES FRUIT & VEGETABLE	17 BENEFIT BAR CHEESE STICK FRUIT OR JUICE ***** PIZZA YOGURT FRUIT & VEGETABLE
20 CEREAL & YOGURT FRUIT OR JUICE ***** CHICKEN NUGGETS POTATOES & CRACKERS FRUIT VEGETABLE	21 MINI WAFFLES HARD BOILED EGG FRUIT OR JUICE ***** CHEESE BOATS MARINARA SAUCE FRUIT & VEGETABLE	22 BISCUITS & GRAVY CHEESE STICK FRUIT OR JUICE ***** SUB SANDWICH CHIPS & FRUIT BAKED BEANS, COOKIE	23 BAGEL BITES SUNFLOWER SEEDS FRUIT OR JUICE ***** SHRIMP POPPERS SCALLOPED POTATOES FRUIT & VEGETABLE	24 BENEFIT BAR CRACKERS FRUIT OR JUICE ***** PIZZA GRANOLA BAR FRUIT & VEGETABLE
27 CEREAL & YOGURT FRUIT OR JUICE ***** KICKIN CHICKEN BOWL FRUIT RICE KRISPIE BAR	28 PRETZEL WITH CHEESE NUTIGRAIN BAR FRUIT OR JUICE ***** BEEF NACHOS BLACK BEANS FRUIT & VEGETABLES	29 BREAKFAST PIZZA HARD BOILED EGG FRUIT OR JUICE ***** CHICKEN SANDWICH ASSORTED POTATOES FRUIT & VEGETABLE	30 CEREAL & YOGURT FRUIT OR JUICE ***** SPAGHETTI & MEAT SAUCE, GARLIC TOAST FRUIT & VEGETABLE	1 BENEFIT BAR CHEESE STICK FRUIT OR JUICE ***** PIZZA CRACKERS FRUIT & VEGETABLE
