









Sumter County High School

	Monday	Tuesday	Wednesday March 1st	Thursday March 2nd	Friday March 3rd	
Hot Breakfast			Scrambled Eggs w/ cheese WG Grits Biscuit Juice	Chicken Biscuit Juice	Scrambled Eggs w/ cheese WG Grits Sausage Link Biscuit Juice	
Cold Breakfast			<p>Grain Choices Available: Uncrustable Sandwich (2) Strawberry Chex (1) Powdered Donuts (2) Muffin Large(2) Cheese-ITs (1)</p>		<p>Fruit & Milk Choices Available: White and Chocolate Milk (1) Variety of Fresh Fruit and Juice Smoothies (1/2c fruit + 1 M/MA)</p> <p style="border: 1px solid black; background-color: #C8E6C9; padding: 2px;">Choose AT LEAST 3- 1/2 c fruit or vegetable and 2 other items</p>	
Traditional	<p>Milk and Fruit choices available at every meal!</p>		BBQ Chicken Mac & Cheese Green Beans Celery Sticks w/ Ranch Cornbread	Vegetable Soup w/ Uncrustable Sandwich Carrots & Celery Sticks w/ ranch	Chicken Sandwich Crinkle Cut Fries Cooked Carrots & Broccoli	
Pizza			Smart Mouth Pizza Carrots & Celery w/ Ranch	Smart Mouth Pizza Crinkle Cut Fries	Smart Mouth Pizza Side Salad Dried Chickpeas	
Salad Bar			Salad Bar Grilled Chicken Bread Stick	Salad Bar Nachos & Cheese	Salad Bar Vegetable Soup or Diced Turkey Cornbread	
Special			Corn Dog Potato Wedges Celery & Carrots w/ranch	Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries Broccoli w/ranch	Chicken Tenders Crinkle Cut Fries Baked Beans	



Sumter County High School

	Monday March 6th	Tuesday March 7th	Wednesday March 8th	Thursday March 9th	Friday March 10th
Hot Breakfast	Scrambled Eggs w/ cheese Grits WG Biscuit OR (1 other Grain choices) Juice	Scrambled Eggs Grits Hashbrown Sausage Patty	Scrambled Eggs w/ cheese Grits WG Biscuit OR (1 other Grain choices) Juice	Scrambled Eggs Grits Hashbrown Sausage Patty	Breakfast Pizza Grits Hashbrowns
Cold Breakfast	<p><u>Grain Choices Available:</u> Uncrustable Sandwich (2) Cereal Cup (2) Powdered Donuts (2) Biscuit (1 + 1) -chicken patty or sausage</p> <p><u>Fruit & Milk Choices Available:</u> White and Chocolate Milk (1) Variety of Fresh Fruit and Juice Smoothies (1/2c fruit + 1 M/MA)</p> <div style="border: 2px solid black; background-color: #90EE90; padding: 5px; text-align: center;"> Choose AT LEAST 3- 1/2 c fruit or vegetable and 2 other items </div>				
Traditional	Nacho & Cheese Bar w/ Ground Beef Lettuce, Tomato, Jalepeno, Sour Cream & Salsa	Chicken Chunks w/ Sauces Tater Tots Celery & Carrot Sticks	Spaghetti w/ Meatsauce Cheesy Garlic Bread Cooked Broccoli	Sheppards Pie Green Beans Dinner Roll	Chili Cheese Dog Tater Tots Carrot Sticks w/Ranch Coleslaw
Pizza	Smart Mouth Pizza Carrots & Celery w/ Ranch	Smart Mouth Pizza Side Salad	Smart Mouth Pizza Side Salad	Smart Mouth Pizza Side Salad Tater Tots	Smart Mouth Pizza Corn Dried Chick Peas
Salad Bar	Salad Bar Baked Potato Bar	Taco Salad Bar Nachos & Cheese	Taco Salad Bar Nachos & Cheese Chicken Salad	Salad Bar Baked Potato Bar	Salad Bar Chicken Salad Bread Stick
Special	Chicken Sandwich Crinkle Cut Fries Carrots & Celery w/ Ranch	Taco Soup w/ Peanut Butter & Jelly Sandwiches Tortilla Chips Carrot & Celery Sticks w/ Ranch	Hot Dog Tater Tots w/chili & Cheese Side Salad	Taco Soup w/ Peanut Butter & Jelly Sandwiches Tortilla Chips Carrot & Celery Sticks w/ Ranch	Chicken Tenders w/ New Sauces Sweet Potato Fries Blackeyed Peas

Sumter County High School

	Monday March 13th	Tuesday March 14th	Wednesday March 15th	Thursday March 16th	Friday March 17th
Hot Breakfast	Hashbrown Patty Sausage Link WG Grits	Scrambled Eggs Grits Hashbrown Sausage Patty	Scrambled Eggs w/ cheese Grits WG Biscuit OR (1 other Grain choices) Juice		
Cold Breakfast	<p><u>Grain Choices Available:</u> Uncrustable Sandwich (2) Strawberry Chex (1) Powdered Donuts (2) Muffin Large(2) Cheese-ITs (1)</p>			<p><u>Fruit & Milk Choices Available:</u> White and Chocolate Milk (1) Variety of Fresh Fruit and Juice Smoothies (1/2c fruit + 1 M/MA)</p> <div style="border: 2px solid black; background-color: #90EE90; padding: 5px; text-align: center;"> Choose AT LEAST 3- 1/2 c fruit or vegetable and 2 other items </div>	
Traditional	Sweet Chili Thai Chicken Veg Fried Rice Cooked Broccoli Egg Roll	Cheesy Chicken Quesedilla w/ lettuce, Tomato & Salsa Corn Sour Cream Teddy Grahams	Chicken Sandwich Crinkle Cut Fries Side Salad w/ Dressing	<div style="background-color: #FF8C00; color: white; padding: 5px; text-align: center; font-weight: bold;">NO SCHOOL</div> 	
Pizza	Garlic Cheesy Bread Pizza Side of Marinara Side Salad	Garlic Cheesy Bread Pizza Side of Marinara Minestrone Soup	Smart Mouth Pizza Crinkle Cut Fries Carrot Sticks w/ Ranch	<div style="background-color: #90EE90; color: black; padding: 10px; text-align: center; font-weight: bold;">Mid-Spring Break!</div> 	
Salad Bar	Salad Bar Nachos & Cheese	Salad Bar Ham & Turkey Bread Stick	Salad Bar Baked Potato Bar w/ Chili- Cheese- Broccoli- Scallions- Bacon Bits		
Special	Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries Cucumber Slices w/ranch	Corn Dog Potato Wedges Celery & Carrots w/ranch	Cheeseburger w/ Lettuce & Tomato Munchies Mix Broccoli & Carrots w/ranch		

Sumter County High School

	Monday February 20th	Tuesday February 21st	Wednesday February 22nd	Thursday February 23rd	Friday February 24th
Hot Breakfast	NO SCHOOL	Scrambled Eggs Grits Hashbrown Sausage Patty	Scrambled Eggs w/ cheese Grits WG Biscuit OR (1 other Grain choices) Juice	Chicken Biscuit Juice	Scrambled Eggs w/ cheese Grits WG Sausage Link Biscuit Juice
Cold Breakfast	<u>Grain Choices Available:</u> Uncrustable Sandwich (2) Strawberry Chex (1) Powdered Donuts (2) Muffin Large(2)		<u>Fruit & Milk Choices Available:</u> White and Chocolate Milk (1) Variety of Fresh Fruit and Juice Smoothies (1/2c fruit + 1 M/MA)		Choose AT LEAST 3-
Traditional		BBQ Chicken Mac & Cheese Green Beans Corn	Taco Soup w/ Tortilla Chips Avadaco Slice Salsa Cheese its	Meatloaf w/ Mashed Potatoes Green Beans Dinner Roll	Chicken Tenders Sweet Potato Fries Celery Sticks w/ Ranch Dinner Roll
Pizza	Mid-Spring Break!	Smart Mouth Pizza Carrots & Celery w/ Ranch	Smart Mouth Pizza Side Salad	Smart Mouth Pizza Side Salad Tater Tots	Smart Mouth Pizza Corn Dried Chick Peas
Salad Bar		Salad Bar Grilled Chicken Bread Stick Dried Chick Peas	Salad Bar Nachos & Cheese	Salad Bar Beef Vegetable Soup Corbread	Salad Bar Garlic Cheesey Bread
Special			Hot Dog Tater Tots w/chili & Cheese Side Salad	Chicken Sandwiches (Spicy & Regular) Cucumber Slices & Carrots w/ Ranch Sun Chips	BBQ Sandwich Baked Beans Coleslaw

Sumter County High School

	Monday	Tuesday	Wednesday	Thursday	Friday
	March 27th	March 28th	March 29th	March 30th	March 31st
Hot Breakfast	Hashbrown Patty Sausage Link WG Grits	Scrambled Eggs Grits Hashbrown	Scrambled Eggs w/ cheese Grits WG Biscuit Juice	Chicken Biscuit Juice	Scrambled Eggs w/ cheese Grits WG Sausage Link Biscuit Juice
Cold Breakfast	<u>Grain Choices Available:</u> Powdered Donuts (2) Muffin Large(2)		<u>Fruit & Milk Choices Available:</u> Cereal Cup (2) Cereal Bowl (1) White and Chocolate Milk (1) Variety of Fresh Fruit and Juice		Milk and Fruit choices available at every meal!
Traditional	Chicken Burrito Refried Beans Salsa & Sour Cream Nacho Doritos	Spaghetti w/ Meatsauce Side Salad w/ Dressing Garlic Cheese Toast	Hamburger Steak Mashed Potatoes Green Beans Cornbread	Vegetable Soup w/ Uncrustable Sandwich Carrots & Celery Sticks w/ ranch	Chicken Sandwich Crinkle Cut Fries Cooked Carrots & Broccoli
Pizza	Smart Mouth Pizza Corn Dried Chick Peas	Smart Mouth Pizza Side Salad	Smart Mouth Pizza Carrots & Celery w/ Ranch	Smart Mouth Pizza Crinkle Cut Fries	Smart Mouth Pizza Side Salad Dried Chickpeas
Salad Bar	Salad Bar Ham & Turkey Bread Stick	Salad Bar Nachos & Cheese	Salad Bar Grilled Chicken Bread Stick	Salad Bar Nachos & Cheese	Salad Bar Vegetable Soup or Diced Turkey Cornbread
Special	Cheeseburger w/ Lettuce & Tomato Potato Wedges Celery & Carrots w/ranch	Spicy Chicken Sandwich Crinkle Cut Fries Celery Sticks w/ Ranch	Corn Dog Potato Wedges Celery & Carrots w/ranch	Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries Broccoli w/ranch	Chicken Tenders Crinkle Cut Fries Baked Beans