# Johnsonville High School
# Comprehensive Health Plan
# 2025-2026

All students at Johnsonville High School (JHS) receive instruction in comprehensive health as a part of their PE credit, which all students are required to take at least once in their four years. Most students take this class in 9th grade. The JHS course catalog offers an overview for students and parents regarding inclusion of comprehensive health for students, inclusive of age-appropriate drug and alcohol education and CPR.

**Physical Education 1/Health 1**

**Grades:** 9-12
**Credits:** 1
Prerequisite: None
A fundamental introduction to team and individual sports through skill development. Students learn the importance of fitness and lifetime activities to promote a physically active lifestyle. Comprehensive health will be taught during a portion of the course.

**Comprehensive Health Curriculum Components**

The comprehensive health component that is embedded within the PE/Health curriculum includes the required 750 minutes of instruction, including instruction on Erin's Law, Gavin's Law, social-emotional learning, reproductive health, pregnancy prevention, drug and alcohol education, CPR training, and general health information.

**Curriculum Resources**

Curriculum resources used include, but are not limited to the following:

1. Imagine Edgenuity: SC Healthy Living
2. Scope and Sequence JHS Healthy

**South Carolina Grade Level Health and Safety Education Curriculum Guidelines**

The South Carolina Grade Level Health and Safety Education Curriculum Guidelines are aligned to the 2017 Standards document. The guide contains essential questions, teaching activities, and assessment strategies that address performance indicators within the standards.

South Carolina Academic Standards for Health and Safety
http://ed.sc.gov/instruction/standards-learning/health-education/standards

South Carolina Academic Standards for Physical Education Grades kindergarten-12th
http://ed.sc.gov/scdoe/assets/File/instruction/standards/PE/2014AcademicStandardsforPhysicalEducation.pdf

*Coordinated School Health Framework*
Below are links to tools and resources to assist district and school staff, faculty, parents, and students to assess, plan, and implement effective school health programs using a coordinated school health framework.

SchoolHealth Index
HealthEducation Curriculum Analysis Tool (HECAT)
Physical Education Curriculum Analysis Tool (PECAT)

*Some Resources Related to Erin's Law* Erin's Law Memorandum (Released July 25, 2016)
South Carolina Sexual Assault, Domestic Violence, and ChildAdvocacy Center Programs
Additional Erin's Law Instructional Resources
The 2014 "Erin's Law" amendment to the Comprehensive Health Act requires grades K-12 instruction in the prevention of child sexual abuse. The instructional resources below have suggested teaching activities that are aligned with health education standards:
https://ed.sc.gov/instruction/standards/health-education/instructional-resources/erins-law-resources/

*Some Additional Drug and Alcohol Education Resources*
https://drugpolicy.org/drug-facts/
https://drugfree.org/work-with-us/

*Some CPR Resources*
American Heart Association: https://cpr.heart.org/en/
Certified CPR Trainers: Health Science Instructor, School Nurse

*Resources to Support Mandatory Reporting*
District Staff and Attorney