

Jamestown Area School District



Head Start Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
29-Sep WG (Whole-Grain) Cinnamon Crumb Mini-Loaf Fruit Variety, 1% Milk	30-Sep Yogurt & WG Crackers Applesauce 1% Milk	1-Oct WG Blueberry Muffin 100% Juice 1% Milk	2-Oct Cheerios 1/2 Banana 1% Milk	3-Oct WG Mini Donut Apple Slices 1% Milk
6-Oct Zee Bar Fruit Variety 1% Milk	7-Oct Mini-Cinni 100% Juice 1% Milk	8-Oct Apple Cinnamon Apple Slices 1% Milk	9-Oct Yogurt & Crackers 1/2 Banana 1% Milk	10-Oct No School 
13-Oct No School 	14-Oct Banana Muffin Fruit Variety 1% Milk	15-Oct Mini Orange Dream Loaf 100% Juice 1% Milk	16-Oct Cheerios 1/2 Banana 1% Milk	17-Oct Blueberry Muffin Apple Slices 1% Milk
20-Oct Mini Orange Dream Loaf Apple Slices 1% Milk	21-Oct Granola Bar Fruit Variety 1% Milk	22-Oct Yogurt & Crackers 1/2 Banana 1% Milk	23-Oct Cinnamon Chex Apple Slices 1% Milk	24-Oct Blueberry Muffin Apple Slices 1% Milk
27-Oct Cereal & Crackers Fruit Variety 1% Milk	28-Oct Chocolate Muffin Apple Slices 1% Milk	29-Oct Cinnamon Chex 100% Juice 1% Milk	30-Oct Yogurt & Crackers 1/2 Banana 1% Milk	31-Oct Banana Muffin Apple Slices 1% Milk

This institution is an equal opportunity provider.

Please Note: This menu meets qualifications per CACFP guidelines.

