## East Ridge Middle School COLOR RUN

Saturday, September 25, 2021, 10:00am ERMS 6595 St. Clair Rd. Whitesburg, TN 37891

COURSE DESCRIPTION: 1.5 mile course around the East Ridge Middle School campus

FEES: \$20 Each participant will receive a t-shirt, sunglasses, and individual bag of color.

<u>HIBERNATION OPTION (Sleep-in option)</u>: You can still support the school without participating in the run with the sleep-in option. **Cost is \$20 and includes a t-shirt and sunglasses**. Shirts and glasses can be picked up at the run or at East Ridge the week after.

<u>T-SHIRTS:</u> Participants registered early will receive shirts on the day of the color run. Participants registering on the day of the run will receive shirts while supplies last.

**POST RUN:** Concessions, DJ, door prizes and more FUN following the color run!

<u>RESTRICTIONS:</u> Due to insurance regulations, <u>NO</u> roller blades, baby strollers, bicycles, or animals allowed on the course. Use of earphones and headsets are discouraged. We reserve the right to disqualify any participant exhibiting unsportsmanlike conduct or disrespect to race volunteers.

**CONTACT INFORMATION:** Megan Rader 423-581-3041 raderm@hcboe.net

Should the event be cancelled due to extreme weather, thank you for your donation to ERMS.

Make Checks payable to **East Ridge Middle School** 

Name:							_	White	esburg, TN 37	891
										_
State:	Zip:	Age:		_ Birthdate	:		Male:		Female:	
Shirt Size (Ple	ease circle one): Y	M YL	SM	MED	LG	XLG	2XL	3XL		
☐ Check b	oox for the Hiberna	ation optio	n (sleep	-in option)	).					

Registration forms can be turned in at East Ridge Middle or mailed to the school. Address: 6595 St. Clair Rd.

## Athlete's Release: Please Read and Sign

I know that participating, as a runner walker in races/walks is a potentially hazardous activity. I should not enter and participate in the Bear Hunt Run/Walk 5000 unless I am medially able and properly trained. I agree to abide by any decisions made by an official relative to the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of weather (including high humidity, heat), the condition of the course and traffic all such risks being known and appreciated by me. Having read this waiver and knowing these risks and facts and in considerations of your acceptance of my application, I for myself and anyone entitled to act on my behalf, waive and release East Ridge Middle School, City of Morristown, Rose Center and all sponsors, together with members and employees thereof and their representatives and successors (herein together "Indemnities"), from all claims or liability of any kind arising out of any action or failure to act on the part of the Indemnities. I also grant permission to the Indemnities to use any photograph, pictures, recordings or any other record for any legitimate purpose.

Athlete's Signature (If under 18, Parent's or Guardian's Signature)	Date