

New Milford High School
Lunch Menu
Week of 11/27-12/01

December
2023

Important Message: FREE
Breakfast AND FREE Lunch for ALL
Students K-12 Starting December
1st Through June 2024!



The Main
Menu

MONDAY

Baked Chicken Patty
on Whole Grain Bun
Steamed Edamame

TUESDAY

Baked Potato Topped w/
Chili + Cheese
Garlic Knot
Broccoli Florets

WEDNESDAY

Mashed Potato
Bowl w/ Whole
Grain Dinner Roll

THURSDAY

Taco Bowl

FRIDAY

Chicken Fajitas w/
peppers + onions &
salsa/sour cream
Buffalo Cauliflower

Pasta of the Day
& Pizza Oven

Macaroni + Cheese w/
Whole Grain Dinner Roll
or
French Bread Pizza

Chicken Parm w/ a side
of Pasta
or
Buffalo Chicken Pizza

Smoothie Bar
or
Mini Pizza Bagels

Bosco Sticks w/
Marinara Sauce
or
Pizzeria Style Pizza

Pasta or Pizza

Green Wave
Grill

Hamburger or
Cheeseburger on Whole
Grain Bun
Oven Baked Crinkle Fries

BBQ Chicken
Warm Garlic Knot
Coleslaw

Spicy Chicken Patty
on Whole Grain Bun

Bacon Cheddar
Hamburger or
Cheeseburger on
Whole Grain Bun
Baked Potato Puffs

Steak + Cheese on Ciabatta
Roll w/ or w/o onions +
peppers
Oven Baked Potato Wedges

The
Sandwich
Board

BOARS HEAD
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Garden Greens
& More

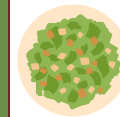
Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate
Weekly Special:
Chicken Caesar Wrap
Southwest Salad

New Milford High School
Lunch Menu
Week of 12/4-12/8

December
2023

The Main
Menu

MONDAY



Baked Pizza
Crunchers

Caesar Salad

TUESDAY

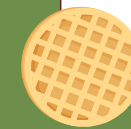


Taco Tuesday!

Seasoned Beef w/ cheese,
lettuce, tomato, sour cream
+ salsa

Corn + Black Bean Salad

WEDNESDAY



Waffle Bar!

Served w/ Sausage
Patties + Assorted
Toppings

THURSDAY

Sizzler

FRIDAY

Chicken Street Tacos

Local Glazed Carrots!

Pasta of the Day
& Pizza Oven

Macaroni + Cheese
Buffalo or Plain
Whole Grain Dinner Roll
or
Stuffed Crust Pizza

Italian Combo Platter

or

Pizzeria Style Pizza

Stuffed Shells w/ Garlic
Breadstick

or

Personal Pizza



“Everything Bagel” Bosco Sticks
or Plain
Marinara Sauce

or

Buffalo Chicken Pizza

Pasta or Pizza

Green Wave
Grill

Warm Asian Wrap



Hot Pastrami + Cheese on
Ciabatta Roll



Spicy Chicken
Patty on Whole
Grain Bun
Lettuce/Tomato

Chicken Parm
Panini

Hamburger or
Cheeseburger on Whole
grain Bun



Baked Crinkle Fries

The
Sandwich
Board

BOARS HEAD
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Garden Greens
& More

Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate
Weekly Special:
Turkey BLT
Greek Salad

New Milford High School
Lunch Menu
Week of 12/11-12/15

December
2023

The Main
Menu

MONDAY

Brian's Fabulous Fry
Bread w/ Marinara Sauce
+ Mozzarella Cheese

Kale Salad



TUESDAY

Local Maple Syrup From
Sullivan Farm!



French Toast Sticks
Sausage Patties
Baked Smile Potatoes

WEDNESDAY

Asian Chicken

Brown Rice

Broccoli Florets



THURSDAY

Mashed Potato
Bowl w/ Whole
Grain Dinner Roll

FRIDAY

Chilly Night Chili!

Served w/ Shredded Cheddar
+ Jalapenos
Brrr Beans
Garlic Knot
Hot Chocolate Popcorn



Pasta of the Day
& Pizza Oven

Macaroni + Cheese

Whole Grain Dinner Roll

or

Garlic French Bread Pizza

Pasta w/ Meatballs

or

Pizzeria Style Pizza

Smoothie Bar w/ Hot Pretzel



or



4x6 Pizza

Bosco Sticks w/ Marinara Sauce

or

Pizzeria Style Pizza

Pasta or Pizza

Green Wave
Grill



Rice Bowl

Rodeo Hamburger or
Cheeseburger on Whole
Grain Bun

Oven Baked Potato Wedges

Spicy Chicken Patty on
Whole Grain Bun
Lettuce + Tomato



Waffle Breakfast Sandwich!
Egg, Sausage + Cheddar on
Warm Waffle

Baked Potato Puffs

Grilled BBQ Chicken

Warm Garlic Knot

Cole Slaw

The
Sandwich
Board

BOARS HEAD
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Garden Greens
& More

Large or Small Chef Salad
Yogurt Fruit & Granola Parfait, Hummus Plate
Weekly Special:
Antipasto Wrap
Chicken Caesar Salad

New Milford High School
Lunch Menu
Week of 12/18-12/22

December
2023

The Main
Menu

MONDAY

Baked Mozzarella
Sticks

Tossed Garden Salad

TUESDAY

Winter Wonderland Chicken
Nuggets!



Blizzard Biscuit
Snowflake Squash
Icy Jolly Sidekick

WEDNESDAY

Cheese Quesadilla w/ Salsa
+ Sour Cream



Refried Beans

THURSDAY

Baked Chicken Patty on
Whole Grain Bun

Roasted Squash



FRIDAY

No School!
Beginning of Winter Break

Pasta of the Day
& Pizza Oven

Macaroni + Cheese Bar

Whole Grain Dinner Roll



or

French Bread Pizza

Walking Taco Bar

or

Buffalo Chicken Pizza

Meatball Grinder

or

Stuffed Crust Pizza



“Everything Bagel” Bosco Sticks
or Plain
Marinara Sauce

or

Pizzeria Style Pizza

Green Wave
Grill

Hamburger or
Cheeseburger on Whole
Grain Bun



Baked Sweet Potato Fries

Soup and Sandwich!

Grilled Cheese w/ Warm
Tomato Soup



Spicy Chicken
Patty on Whole
Grain Bun
Lettuce + Tomato

Bacon Cheddar Hamburger
or Cheeseburger on Whole
Grain Bun

Baked Crinkle Fries

The
Sandwich
Board

BOARS HEAD

Turkey, Ham, Buffalo Chicken, Italian Combo

Cheese: American, Provolone, Swiss, Pepperjack

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Garden Greens
& More

Large or Small Chef Salad

Yogurt Fruit & Granola Parfait, Hummus Plate

Weekly Special:

Chicken Caesar Wrap

Asian Salad