

FEBRUARY 2023 Taylor-White Elementary

LUNCH

MENU IS SUBJECT TO CHANGE

All meals are served with 1% reduced fat white or chocolate milk. 100% fruit juice and fresh, canned, or frozen fruit are served daily.



February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

Reference: USDA MyPlate



MONDAY



Cheeseburger
Sweet Potatoes
French Fries
Fruit
Milk

6

TUESDAY



Spaghetti
Salad
Green Beans
Roll
Fruit
Milk

7

WEDNESDAY

Deli Sub. Sandwich
Lettuce and Tomato
Pickle Spears
Carrots
Fruit
Milk

1

Chicken Pot Pie
Salad
Fruit
Milk

8

THURSDAY

Chicken Tenders
Green Beans
Sweet Potatoes
Roll
Fruit
Milk

2

Chicken Patty Sandwich
Lettuce and Tomato
French Fries
Fruit
Milk

9

FRIDAY

Sloppy Joe
Salad
Tater Tots
Fruit
Milk

3

Hot Dog
Cole Slaw
Baked Beans
Fruit
Milk

10

Beef and Bean Burrito
Salad
Sweet Potatoes
Spanish Rice
Fruit
Milk

13

BBQ Chicken
Soft Tortilla
Lettuce and Tomato
Tater Tots
Chips
Fruit and Milk

14



Country Fried Beef
Mashed Potatoes
Peas and Carrots
Breadstick
Rice Krispie Treat
Fruit and Milk

15

Pizza
Peas
Corn
Fruit
Milk

16

Chicken Patty on a Bun
Carrots
French Fries
Fruit
Milk

17

NO SCHOOL!!!

20



NO SCHOOL!!!

21

NO SCHOOL!!!

22

NO SCHOOL!!!

23

NO SCHOOL!!!

24



Chicken Quesadilla
Shredded Cheese
Black Beans
Spanish Rice
Corn Nuggets
Fruit and Milk

27

Hamburger
Lettuce and Tomato
Beans
Fruit
Milk

28

