

SEPTEMBER 2022

ROCK POINT COMMUNITY SCHOOL
COUGAR CAFÉ BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>29 LATE START</p> <p>BREAKFAST BURRITO SALSA ASSORTED JUICE FRESH FRUIT MILK</p> <hr/> <p>NATIVE TACO W/ FRYBREAD LETT./TOM/CIL. FIX SALSA MIXED BERRIES MILK</p>	<p>30</p> <p>WAFFLES SYRUP APPLESAUCE FRESH FRUIT MILK</p> <hr/> <p>BBQ CHICKEN POPPERS CORNBREAD STEAM RICE CARROTS FRESH FRUIT MILK</p>	<p>31</p> <p>BREAKFAST BURRITO SALSA JUICE FRESH FRUIT MILK</p> <hr/> <p>BEEF/MAC STEW CHEESE-IT CRACKERS GRANOLA CHEWY BAR FRESH FRUIT MILK</p>	<p>1</p> <p>SCRAMBLED EGGS TOAST W/ JELLY JUICE FRESH FRUIT MILK</p> <hr/> <p>CHICKEN BOWL VEGETABLE FRESH FRUIT MILK</p>	<p>2</p> <p>MUFFIN COTTAGE CHEESE W/ PEACHES FRESH FRUIT MILK</p> <hr/> <p>SPAGHETTI W/MEAT SAUCE FRESH CARROTS RANCH FRESH FRUIT MILK WK2</p>
<p>5</p> <p>LABOR DAY HOLIDAY</p>	<p>6</p> <p>BOIL EGGS TOAST W/JELLY FRUIT MILK</p> <hr/> <p>BEEF BURRITO MEXICAN RICE FRESH FRUIT MILK</p>	<p>7</p> <p>COLD CEREAL JUICE FRESH FRUIT MILK</p> <hr/> <p>PB&J SANDWICH MOZZARELLA STRING CHEESE APPLESAUCE FRESH BANANA MILK</p>	<p>8</p> <p>BAGEL CRÈME CHEESE FRESH FRUIT MILK</p> <hr/> <p>MANDARIN ORANGE CHICKEN STEAM RICE GREENBEANS FRESH FRUIT MILK</p>	<p>9</p> <p>SAUSAGE ON A STICK SYRUP FRESH FRUIT MILK</p> <hr/> <p>SLOPPY JOE POTATO CHIPS BAKED BEANS FRESH FRUIT MILK WK3</p>
<p>12</p> <p>CINNAMON CRISP W/ FRUIT SALAD YOGURT FRESH FRUIT MILK</p> <hr/> <p>CORN DOG ROMAINE SALAD RANCH DRESSING FRESH FRUIT MILK</p>	<p>13</p> <p>BREAKFAST BURITO SALSA FRESH FRUIT MILK</p> <hr/> <p>CHICKEN DRUMSTICK SLICE BREAD W/ BUTTER MASHED POTATO W/ GRAVY MIXED VEGETABLES FRESH FRUIT MILK</p>	<p>14</p> <p>COLD CEREAL HONEY GRAHAM CRACKERS FRESH FRUIT MILK</p> <hr/> <p>GREEN CHILI POSOLE FLABREAD FRESH FRUIT MILK</p>	<p>15</p> <p>BLUE BERRY MUFFIN YOGURT JUICE FRESH FRUIT MILK</p> <hr/> <p>HAMBURGER GRAVY STEAMED RICE GREEN BEANS FRESH FRUIT MILK</p>	<p>16</p> <p>RICE W/ RAISIN PUDDING BOILED EGG FRESH FRUIT MILK</p> <hr/> <p>RIBLET SANDWICH BAKED BEANS CORN ON COB FRESH FRUIT MILK WK4</p>
<p>19</p> <p>PD NO SCHOOL</p>	<p>20</p> <p>OATMEAL W/ BROWN SUGAR SAUSAGE PATTY FRESH FRUIT MILK</p> <hr/> <p>CHICKEN TOMATO BAKE WG GARLIC BREADSTICK STEAMED BROCCOLI FRESH FRUIT MILK</p>	<p>21</p> <p>WG ENGLISH MUFFIN EGG PATTY HASH BROWNS FRESH FRUIT MILK</p> <hr/> <p>SLOPPY JOE STEAM CORN FRESH FRUIT MILK</p>	<p>22</p> <p>HUEVOS RANCHEROS JUICE FRESH FRUIT MILK</p> <hr/> <p>BEEF CHILI BEANS CORNBREAD FRESH CUCUMBER FRESH FRUIT MILK</p>	<p>23</p> <p>PANCAKE ON A STICK SYRUP FRESH FRUIT MILK</p> <hr/> <p>PIZZA ROUNDS SALAD W/ RANCH FRESH FRUIT MILK WK5</p>
<p>26</p> <p>BLUE CORN MUSH BOILED EGGS SAUSAGE PATTY FRESH FRUIT MILK</p> <hr/> <p>HOT TURKEY SANDWICH STEAMED CORN FRESH FRUIT MILK</p>	<p>27</p> <p>EGG PATTY & SAUSAGE SANDWICH JUICE FRESH FRUIT MILK</p> <hr/> <p>LAMB STEW DINNER ROLL SALAD RANCH FRESH FRUIT MILK</p>	<p>28</p> <p>COLD CEREAL HONEY GRAHAM CRACKERS JUICE FRESH FRUIT MILK</p> <hr/> <p>CHICKEN NUGGETS KETCHUP/BBQUE SAUCE CELERY STICKS FRESH FRUIT MILK</p>	<p>29</p> <p>MUFFINS BOILED EGG JUICE MILK</p> <hr/> <p>HAMBURGER LETTUCE/TOMA. CHIP COLE SLAW FRESH FRUIT MILK</p>	<p>30</p> <p>BAGEL CRÈME CHEESE FRESH FRUIT APPLESAUCE MILK</p> <hr/> <p>SALISBURY STEAK STEAMED RICE GRAVY MIXED VEGETABLE FRESH FRUIT MILK</p>

THIS INSTITUTION IS AN EQUAL PROVIDER ~~~~~ MENU MAY CHANGE DUE TO WEEKLY AVAILABILITY IN DELIVERIES