

Frazier Elementary School

May 2024 Lunch Menu

Director of Food and Nutrition: Kelly Calderone

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What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread,
and Choice of Milk

*Students must choose at least one fruit or vegetable



Fresh Fruits and Vegetables Offered Daily

*Vegetables may include:

Broccoli Florets
Baby Carrots
Dark Leafy Greens
Legume Salads
Celery & Cucumber

*May choose two 1/2 cup servings

*Fruits may include:

Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Pears
Applesauce
*May choose 1/2 cup serving

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Low Fat White and Non Fat Flavored

Lunch Prices:
Paid \$2.05
Red. FREE

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Weekly Choices
		May 1st Mini Corn Dogs Green Beans Peaches Low/Non Fat Milk	May 2nd Salisbury Steak with Sliced Bread Mashed Potatoes with Gravy Mixed Fruit Low/Non Fat Milk	May 3rd General Tso with Rice Steamed Broccoli Mandarin Oranges Low/Non Fat Milk	Chicken Nuggets with Bread Slice
May 6th Macaroni and Cheese with Bread Slice Mixed Vegetables Apple Low/Non Fat Milk	May 7th Walking Taco with Bread Slice Golden Corn Mixed Fruit Low/Non Fat Milk	May 8th Cheeseburger or Hot Dog Baked Beans Applesauce Low/Non Fat Milk	May 9th Meatballs with Marinara and Garlic Breadsticks Green Beans Peaches Low/Non Fat Milk	May 10th Pizza Steamed Carrots Pears Low/Non Fat Milk	Chicken Patty Sandwich
May 13th Chicken Quesadilla Black Beans Mixed Fruit Low/Non Fat Milk	May 14th Popcorn Chicken Bowl with Bread Slice Steamed Corn Apple Low/Non Fat Milk	May 15th Pork Patty on Bun Green Beans Peaches Low/Non Fat Milk	May 16th Act 80 Day No School	May 17th No School	Chicken Nuggets with Bread Slice
May 20th Pasta with Meatsauce and Bread Slice Steamed Carrots Apple Low/Non Fat Milk	May 21st French Toast Sticks with Sausage Patties Tator Tots Peaches Low/Non Fat Milk	May 22nd Fish Sandwich Golden Corn Applesauce Low/Non Fat Milk	May 23rd Lasagna Roll up with Garlic Breadstick Green Beans Mixed Fruit Low/Non Fat Milk	May 24th BBQ Rib on a Bun Mixed Vegetables Pears Low/Non Fat Milk	Chicken Patty Sandwich
May 27th Memorial Day Holiday No School	May 28th Cheeseburger on Bun Assorted Vegetables Assorted Fruit Low/Non Fat Milk	May 29th Chicken Patty on Bun Assorted Vegetables Assorted Fruit Low/Non Fat Milk	May 30th Turnaround Day	May 31st	Whole Grains Available Daily

