



Frazier participates in CEP
All Student meals are Free
Adult Lunch: \$4.65

August/September 2024

Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
Students are offered low fat and non fat milk choices daily and is included with all meals		28 Cheeseburger/Bun with Pickle Chips Krinkle Cut Fries Fruit & Vegetable Bar Milk Choice	29 Chicken Patty On Bun Golden Corn Fruit & Vegetable Bar Milk Choice	30 School Made Pizza w or w/o Pepperoni Carrot Coins Fruit & Vegetable Bar Milk Choice
2 	3 Popcorn Chicken Dinner Roll Golden Tater Tots Fruit & Vegetable Bar Milk Choice	4 Hot Dog on Bun/Cheese Sauce Crispy French Fries Oven Baked Beans Fruit & Vegetable Bar Milk Choice	5 Salisbury Steak w. Gravy Dinner Roll Creamy Mashed Potatoes Fruit & Vegetable Bar Milk Choice	6 School Made Pizza w or w/o Pepperoni Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
9 BBQ Rib Pattie on a Bun Potato Smiles Fruit & Vegetable Bar Milk Choice	10 Walking Taco: Taco Meat, Cheese, Lettuce & Salsa Buttered Corn Fruit & Vegetable Bar Fruit Churro	11 Penne Pasta w/ Meat Sauce & Garlic Bread Stick Seasoned Mixed Veggies Fruit & Vegetable Bar Milk Choice	12 Tender Chicken Nuggets with Chocolat Tiger Bites Mashed Potatoes/Gravy Fruit & Vegetable Bar Milk Choice	13 Rich's Pizza Crunchers w/Marinara Sauce  Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
16 Cheeseburger/Bun with Pickle Chips Krinkle Cut Fries Fruit & Vegetable Bar Milk Choice	17 Popcorn Chicken Bowl with Roll Mashed Potatoes/Corn Fruit & Vegetable Bar Milk Choice	18 Tostito Chips w/Seasoned Beef, Cheese & Salsa Carrot Coins Fruit & Vegetable Bar Milk Choice	19 French Toast Sticks w/Syrup with Sausage Patty Golden Tater Tots Fruit & Vegetable Bar Milk Choice	20 Creamy Macaroni & Cheese w/Muffin Top Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
23 Mini Corn Dogs Oven Baked Beans Smiley Potatoes Fruit & Vegetable Bar Milk Choice	24 <u>Grilled Cheese</u> Tomato Soup Fruit & Vegetable Bar Milk Choice	25 Meatballs w/Marinara Sauce Garlic Bread Stick Seasoned Greenbeans Fruit & Vegetable Bar Milk Choice	26 Chicken Smackers with Mini Loaf Seasoned Baby Peas Fruit & Vegetable Bar Milk Choice	27  Pizza Bagel Bites Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
30 <u>Crazy Dipper Day</u> Chicken Fryz, Brd Cheese Sticks & Garlic Bread Stick and Marinara Sauce Seasoned Mixed Veggies Fruit & Vegetable Bar Milk Choice 	To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash			

Alternate Entrée's This Week
 Peanutfree Uncrustable Basket

Alternate Entrée's This Week
 Cheeseburger on Bun
 Peanutfree Uncrustable Basket
 Yogurt Munchable

Alternate Entrée's This Week
 Chicken Patty on a Bun
 Peanutfree Uncrustable Basket
 Yogurt Munchable

Alternate Entrée's This Week
 Personal Pan Pizza
 Peanutfree Uncrustable Basket
 Yogurt Munchable

Alternate Entrée's This Week
 Grilled Cheese Sandwich
 Peanutfree Uncrustable Basket
 Yogurt Munchable

Food Service Manager
 Christie Mansberry
 724-736-9507 x431
 cmansberry@fraziersd.org

The Frazier School
 District Food Service
 Department needs
 Cafeteria Workers
 Applications available
 at the Administratin Office

Fruit & Vegetable Bar may include:

Apples, Apple Slices, Oranges,
 Grapes, Bananas, Baby Carrots,
 Cucumber Slices and Celery
 Sticks

Canned/Frozen Fruits can include:

Applesauce, Mandarin Oranges
 Mixed Fruit, Peaches, Pears,
 Pineapple Tidbits

Menu Subject to Change