







PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL

This list is school instructions, not medical advice. Please contact your health care provider with health concerns.

| SYMPTOMS OF ILLNESS | THE STUDENT MAY RETURN AFTER... *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses. |
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|  Fever: temperature of 100.4°F (38°C) or greater | *Fever-free for 24 hours without taking fever-reducing medicine. |
|  New cough illness | * Symptoms improving for 24 hours (no cough or cough is well-controlled). |
|  New difficulty breathing | * Symptoms improving for 24 hours (breathing comfortably). <i>Urgent medical care may be needed.</i> |
|  Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements | *Symptom-free for 48 hours OR with orders from doctor to school nurse. |
|  Vomiting: one or more episode that is unexplained | *Symptom-free for 48 hours OR with orders from doctor to school nurse. |
|  Headache with stiff neck and fever | *Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. <i>Urgent medical care may be needed.</i> |
| Skin rash or open sores | *Symptom free , which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse. |
| Red eyes with colored drainage | *Symptom-free , which means redness and drainage are gone OR with orders from doctor to school nurse. |
| Jaundice: new yellow color in eyes or skin | *After the school has orders from doctor or local public health authority to school nurse. |
| Acting differently without a reason: unusually sleepy, grumpy, or confused. | *Symptom-free , which means return to normal behavior OR with orders from doctor to school nurse. |
| Major health event , like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide. | *After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely. |