

Rules for Tripoli School's Fitness Center

Enjoy exercising in our "State of the Art Fitness Center." The money charged for membership will go for equipment and upkeep of our Weight Room. Community usage not only helps people in our community but also helps our students. What a deal! Come to the Fitness Center and help your body be healthier.

To purchase an annual membership, there are three steps.

1. Sign a "Tripoli Fitness Center Agreement and Release of Liability" form which can be found on the Tripoli Community School's website at www.tripoli.k12.ia.us under "District Information/Weight Room," or the form can be picked up at the MS/HS office.
2. Make checks payable to the Tripoli Community Schools for the proper amount. See below for annual fees. Memberships run from January 1-December 31. Annual fees are due each year on January 1. A reminder will be mailed to you prior to the Key Fob expiration date of December 31. If you join in April, for example, the fee is adjusted to \$80, etc. The Board of Education reviews this fee each summer. **NO REFUNDS.**
3. Stop by the MS/HS office to drop off your "Agreement and Release of Liability" form and payment. MS/HS secretaries will issue a Key Fob for only your use to the Fitness Center. A \$10 deposit will be charged for this Key Fob, refundable when the Key Fob is returned. Any questions, just call the MNS/HS office at 319-882-4202.

Per Year

\$200.00 Out-of-district membership – Regular fee (\$120) plus out-of-district fee (\$80)

\$120.00 Single membership; each additional adult member is \$60 per year

\$60.00 Senior Citizens (62 years of age and older); each additional adult member is \$25 per year

\$ 80.00 Fireman, Policeman, EMS

\$ 50.00 Year round membership for college students. . **Must show college ID**

Free To all employees and School Board Members of the District. All Substitutes that work more than 15 Days in the District.

The Membership Rules

The Fitness Center is open to the public 4:00 a.m.-11:00 p.m. daily. However, when school is in session (Monday-Friday 8:00 a.m.-3:30 p.m.), the facility is not available to community members. For example, during the Christmas, Thanksgiving, and Easter breaks or summertime, the Fitness Center is open from 4:00 a.m.-11:00 p.m. daily.

The Fitness Center Committee believes that students and athletes have priority in the Fitness Center. With that in mind, please note if usage time changes, they will be posted to the Tripoli Community School District's Facebook Page.

TO RENEW MEMBERSHIP: Send or drop off your payment, made payable to the Tripoli Community School, to the Middle School/High School office. Your Key Fob will be reactivated – we do not need to see your Key Fob to reactivate it.

TO CANCEL MEMBERSHIP: Return the Key Fob to the MS/HS office.

For ethical and liability reasons, the Key Fob to the Fitness Center should be used **ONLY** by the person who has paid to be a member. Do not share this Key Fob with your children, spouse, friends, etc. **DOING SO MAY CAUSE YOU TO FORFEIT YOUR OWN MEMBERSHIP.**

Any member of the fitness center caught letting non-members in the facility will have their FOB key locked.

1st Offense Up to 3 months

2nd Offense Up to 6 months

3rd Offense Up to Full year

If those people want to use the equipment, they need to pay the membership fee and sign an "Agreement and Release of Liability" form.

Children, College Students & The Fitness Room

After some consideration, it was decided that paid members of the Fitness Room may bring their (PK-5th Grade) children with them to the Gym area **ONLY** – NOT into the actual Weight Room. Please note that if you bring your children to have fun in the Gym, the paid member must be in the Gym with them at all times. If the paid member decides they want to go into the Weight Room, he/she must take the children home. Children are not allowed to be in the Gym without you, nor are they allowed to be in the halls or Weight Room waiting for you.

High School/Middle School Children: These MS/HS (6th-12th Grades) young people may accompany their Mom, Dad, or guardian as long as the parent/guardian is a paid Fitness Center member. Students (PK-12) who are in the Tripoli School District are unable to purchase a membership but are able to use the Fitness Center with coaches, school employees, **and parents of another child in the district with a paid membership.** **With direct supervision and prior approval by administration when we have additional Tripoli students.....**

College Students: A college student's yearly membership is \$50. This membership option applies **ONLY** to **CURRENT COLLEGE STUDENTS**. If the person is not actively attending college, he/she must pay the usual fee. A reminder, for safety and security reasons, all entrances into the building and Fitness Center are recorded on a computer. Also, there are security cameras that record what's going on in the entire building, including the MS Gym and halls.

Please be sure to check the Weight Room section on our website for current news.