



Child's Classroom: \_\_\_\_\_\_Classroom Teachers: \_\_\_\_\_

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## LETTER TO PARENTS

Greetings Parents,

Welcome to a new school year 2025-2026. We trust you had an enjoyable summer with your children and they are ready for a wonderful school year of learning and having fun!

We have prepared a family handbook as a reference to guide you through the school year. The family handbook includes a directory page as a quick reference to follow and contact us if you have any questions. We ask that you share this information with individuals on your release/contact list so they may be aware of the Division of Early Childhood (DEC) procedures in place. We appreciate your collaboration with DEC staff to keep your child safe during their Head Start experience.

Furthermore, our staff is readily available to answer your questions and provide information you may need. In addition, DEC provides monthly program information through a newsletter and via the LDOE website. We look forward to a successful educational journey with you and your child.

Warm regards,

**DEC Director** 

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## SCHOOL ACCOUNTABILITY

- Throughout the day, staff clean frequently touched areas.
- At the end of day, frequently touched areas are cleaned and sanitized.
- Hand sanitizing stations throughout the school.
- Air purifying systems throughout campus.

## PARENT ACCOUNTABILITY

Keep your child at home if demonstrating symptoms of illness.

## How teachers will support children attending school

**Routines:** Having a consistent, predictable routine provides children with a sense of safety and security. Being ready for the day with weather appropriate attire supports a healthy routine. Teachers introduce new routines to practice each day.

**Expect Behavioral Changes:** Knowing that behavior communicates a message, teachers are prepared to see behavioral changes in children as they return to school. Teachers emphasize posted visuals of classroom rules throughout the day. Children feel safe when they know the expectations and rules.

## HEALTHY TIPS FOR TRANSITIONING BACK TO SCHOOL

Families can begin to prepare their children for the transition back to school by previewing, practicing routines, and reassuring children that they will be safe.

**Reassuring:** You or your child may be feeling anxious about returning to school. Let them know it's okay to feel nervous, remind them of the fun they have at school. Remember, kids cue off of your feelings, the calmer and more positive you are feeling about going back to school, the better they will feel about it.

**Self-care:** It is also important that parents check in with their own emotions and levels of anxiety. Young children notice our stress and worries. We can help them in these moments by labeling our feelings and modeling a strategy. (For Example, "Mom is feeling a little worried right now, I am going to take five (5) big deep breaths to help the worry leave my body").

Resource: National Center on Early Childhood Health and Wellness

Transitioning back to School

## PROGRAM OPERATIONS

## Laguna Division of Early Childhood Chain of Command

- 1. DEC Staff
- 2. DEC Director
- 3. LDoE Director of Academics
- 4. LDoE Superintendent

## **Daily Operations Information**

## PRESCHOOL HEAD START

- Head Start is a center-based program for children ages 3-5.
- ♦ Head Start is in session from 8:00 a.m.—2:00 p.m. on Monday through Thursday and 8:00 a.m. to 12:00 p.m. on Friday and follows the Laguna Division of Early Childhood calendar.
- The DEC calendar aligns with the LDoE calendar in regards to holidays.
- Breakfast is from 8:00 a.m. to 8:30 a.m., breakfast upon request after this time.
- ♦ Lunch is from 12:00 p.m. to 12:30 p.m. Monday through Thursday and 11:00 a.m. to 11:30 a.m. on Friday, lunch upon request after this time.
- Afternoon snack served between 1:30 p.m. to 1:45 p.m., Monday through Thursday.
- ♦ At 1:55 p.m., Monday through Thursday and at 11:55 a.m., children board buses and transported home.

## EARLY HEAD START

- Early Head Start is a center-based program for children 6 months to age three.
- Early Head Start is in session from 7:30 a.m.—3:15 p.m. and follows the DEC calendar.
- ♦ The DEC calendar aligns with the LDoE calendar in regards to holidays.
- Breakfast is from 8:00 a.m. to 8:30 a.m., breakfast upon request after this time.
- Lunch is from 11:00 a.m. to 11:30 a.m., lunch upon request after this time.
- Afternoon snack served between 2:00 p.m. to 2:30 p.m., Monday through Thursday.
- Home-Based services are for pregnant mothers to children age 3.
- ♦ Home-Based services provide the family one home visit per week for one hour and a half. A minimum of 46 visits per school year.
- ♦ Home-Based services provide a minimum of 22 group socialization activities per school year. (45 CFR Chapter XIII Head Start Program Performance Standards 1302.22 (c)(1)(i)(ii)
- ♦ Home-Based services follow the LDoE calendar in regards to holidays.

## **CHILD CARE**

- ◆ Any child enrolled in Head Start may acquire wrap-a-round Child Care Service.
- Parents/Legal Guardians must be employed or be in school to utilize Child Care services.
- Child Care service is available Monday—Thursday from 2:00 p.m. to 5:00 p.m. and Friday from 12:00 p.m. to 4:30 p.m.
- Child Care provides P.M. snacks for all children enrolled.
- DEC does not offer drop in service.
- ♦ In case of inclement weather or school closure, cancellation of Child Care occurs.

## UNSCHEDULED CLOSURES AND DELAYS

DEC announces program closures and delays on local TV and radio stations. **Please make sure DEC has your current contact information** as early program dismissals are unexpected and contacting parents occurs.

Safety of the children is a priority for all staff. Weather related closures that apply to Laguna Elementary or Laguna Middle School also apply to the Division of Early Childhood programs.

## **MESSENGER**

DEC uses a messaging system for special circumstances to inform parents/families/legal guardians via phone call, text and/or email. Please be sure your contact information is always up to date with the DEC office.

Opt in to Messenger:



## WITHDRAWING YOUR CHILD

## PROCEDURE FOR WITHDRAWING A CHILD FROM PROGRAM:

A parent may withdraw their child from program by filling out the appropriate form. Please come into the front office to fill out the withdrawal form or work with your Family Services Provider to fill out the form. This allows DEC to open the slot for another child to enroll for services.

\*Forms are available in the front office and with Family Services Providers.

## **CHILD CUSTODY**

Legal documents must provide clear instructions regarding custody matters.

Parents/Legal Guardians must provide a current court order indicating legal custody. All legal court matters must be current when changes occur. All confidential records will be stored in the child's file and brought to attention of the staff to avoid confusion.

Foster Parents must provide a court order indicating legal custody or a formal letter from Laguna Social Services indicating child placement, extent of authority and duration.

All staff are required to sign confidentiality statements that prohibits staff from discussing child and family information with anyone other than the legal guardian or custodial parent. Parents must provide written consent to release confidential records to other professionals or agencies.

If you believe there has been a breach in confidentiality, please contact the Program Director @ 505-321-8490.

## POLICY COUNCIL MEETS MONTHLY

Members shall be parents, legal guardians or stepparents of children presently enrolled in Head Start.

## PRESCHOOL HEAD START

There will be one representative elected from each Preschool classroom with no less than five (5)

Representatives for PHS.

## **EARLY HEAD START**

There will be one representative elected for every two (2) EHS classrooms and one representative for the Home Based program.

HSPS 1301.3

## **VOLUNTEERS**

The Laguna Division of Early Childhood defines a Volunteer as "an unpaid individual who is trained to assist in ongoing program activities on a regular basis under the supervision of a Laguna Department of Education, Division of Early Childhood staff". DEC welcomes volunteers who would like to share their time or talents with our students. Please note that anyone who volunteers for 16 or more hours must complete a background check. This includes but is not limited to participation in student field trips.

An individual must be at least 18 years of age to volunteer for our program. Volunteers are required to have a clear background check, drug screen, and fingerprinting in addition to completing the required forms. A copy of the volunteer's Driver License is also required.

All volunteers are mandated reporters. Any suspected child abuse or neglect must be reported immediately. All volunteers will receive training on suspected child abuse, neglect, corporal punishment and reporting procedures.

## Requirements:

- 1. Head Start Volunteer Form
- 2. DEC Confidentiality Agreement
- 3. DEC Code of Ethics
- 4. Volunteer Acknowledgement of Training for Child Abuse and Neglect
- 5. Proof Volunteer is free of any communicable diseases.
- 6. Tuberculosis Screening

Only when all requirements have been met, and acceptable results are received, the volunteer receives a written notification of approval to begin volunteering.

## BUS TRANSPORTATION SAFETY AND BUS ROUTES

## **BUS TRAFFIC SAFETY**

RULES FOR DRIVERS NEAR A SCHOOL BUS

## WHEN APPROACHING A SCHOOL BUS WITH FLASHING RED LIGHTS:

- ➤ All vehicles must come to a complete stop.
- When approaching a school bus with the FLASHING RED lights and the stop arm extended, children are loading or unloading from bus.

## WHEN APPROACHING A SCHOOL BUS WITH FLASHING YELLOW/LIGHTS:

- When approaching a school bus with flashing YELLOW lights, all vehicles must slow down
- > YEULOW lights signal the bus is approaching a designated stop.

## PRESCHOOL HEAD START BUS TRANSPORTATION CHILDREN MUST BE 3 YEARS OLD TO RIDE THE BUS

## HELP US TO PROTECT YOUR CHILDREN AS THEY TRAVEL TO AND FROM HEAD START BY OBSERVING THE FOLLOWING GUIDELINES

- ❖ Parents, be waiting (outside of your vehicle) at your designated bus stop ten minutes prior to pick-up/drop-off time.
- ❖ Wait for bus to come to a complete stop and doors open, before approaching the bus.

NOTE: Bus monitors will be present to assist children entering and exiting the bus at all times.

## **RULES FOR CHILDREN ON THE BUS**

- 1. Please, keep seat belt and restraint buckles on at all times while bus is in motion.
- 2. Please, stay seated until the bus comes to a complete stop.
- 3. Please, keep hands and feet to yourselves.
- 4. Please, keep hands, feet and backpacks out of aisle.
- 5. Please, use inside voices.
- 6. Please, have your child hold the handrails while stepping up and stepping down.
- 7. PLEASE, DO NOT ENCOURAGE JUMPING OFF THE BUS.
- 8. .Please, keep food and drinks at home. DEC provides breakfast upon arrival to school.

## **HAZARDS**

Clothing can create a safety hazard when getting on/off the bus. Do not send your child to school with any of these safety hazards.

- -Long dangling jackets or sweatshirts
- -Loose shoestrings
- -Rolling backpacks
- -Long scarves or loose clothing
- -Shoes with heels or wheels
- -Open toed shoes such as flip-flops or crocs.

## **COMMUNICATION BETWEEN PARENTS AND STAFF**

- ❖ Parents are required to keep contact information updated.
- If your child has been absent three (3) consecutive days from the bus, the bus driver will discontinue stopping until the parent calls the program to let them know when the child will resume riding the bus.
- ❖ Buses will depart Head Start at 2:00 p.m.
- ❖ Please call the front office NO LATER than 1:30 p.m. If you are going to pick up your child and would like them held off the bus. There is no extra staff to supervise children once buses depart. Therefore, parents must be at the center before child boards the bus at 1:55 p.m. NO EXCEPTIONS.
- Bus Orientation is required of all parents or legal guardians for all Head Start children three years of age and older.
- Any family member putting on or taking the child off the bus should attend Bus Orientation or be given a copy of the bus orientation information.
- Individuals on checkout list must be 18 years of age or older.
- Please inform program staff of any existing medical conditions that could affect their bus transportation.
- ❖ Parents are required to call the school if their child will not be riding the bus.

## PARENTS:

- ❖ NOTE THAT ALL TIMES ARE SUBJECT TO CHANGE DUE TO STUDENT\_ ATTENDANCE AND WEATHER, WAIT FOR BUS 10 MINUTES PRIOR TO ARRIVAL.
- ❖ IF A PARENT IS NOT AT THEIR DESIGNATED BUS STOP AND THE CHILD RETURNED TO THE CENTER, AFTER THE THIRD TIME, THE FOLLOWING MEASURES WILL OCCUR:
  - 1. Verbal Warning by pertinent DEC staff
  - 2. Written Warning signed by Program Director
  - 3. Social Services is contacted for follow-up

Be reminded that children of this age can experience neglect and feel traumatized when a parent or quardian is not there to receive them off the bus.

## **EARLY RELEASE BUS PROCEDURES:**

If an early dismissal is determined:

- Notification to parents occurs via phone call and/or text message. If DEC does not acquire contact with parents, DEC will attempt to contact individuals on the family's emergency contact list.
- Bus Drivers will follow their regular routes and procedures to deliver children home.
- If there is no one at the bus stop to receive the child, bus driver will proceed through the remaining stops of the route and child will be returned to the center. Parent must pick up the child immediately, thereafter.
- All bus safety procedures and rules apply.

## BUS ROUTES

Bus times are subject to change throughout the year due to enrollment, attendance and weather.

Be waiting 10 minutes prior to your bus stop time.

## ENCINAL/ PARAJE/ SUNNYSIDE/NEW YORK/SEAMA/CASA BLANCA

Morning Departure: 6:45 a.m.

- Encinal Windmill
- Paraje Bay Tree Road
- Paraje Village
- Sunnyside
- New York
- Seama Village
- Seama Sub-division
- Casa Blanca Sub-division
- Paraje Mountain Ash Loop

SCHOOL BUS STOP

Afternoon Departure: 2:00 p.m.

Afternoon Departure: 2:05 p.m.

## PAGUATE/LAGUNA SUB-DIVISION/GREEN ACRES/ LAGUNA VILLAGE

Morning Departure: 7:00 a.m.

- Laguna Highway 124
- Paguate Pork Chop Hill
- Paguate Village
- NW Laguna Village
- Laguna Sub-division
- Laguna Green Acres

## **MESITA**

Morning Departure: 7:15 a.m. Afternoon Departure: 2:05 p.m.

- Industrial Parkway Loop (Marble Road)
- Sub-division (basketball court)
- Rito
- East Village Windmill
- Highway 124 (Blueberry Road)

## SAFETY PROCEDURES FOR DROP-OFF & PICK UP

## BEFORE COMING TO THE CENTER

Parents/Legal Guardians must ensure they are prepared to be responsible for their children with the importance and knowledge of illness prevention in regards to Influenza, RSV and Covid-19, just as you would with other infectious diseases.

## Parent/Guardians must keep children home if:

- Any person experiencing one or more of the following symptoms (loss of taste or smell, chills, cough, shortness of breath, sore throat, headache, or muscle pain) should consult with a medical professional when such symptoms occur and obtain a Flu, RSV and Covid-19 test in accordance with their advice.
- Any person who tests positive for the Flu, RSV and/or Covid-19 (from either a PCR or a home rapid test) must be fever free for a 24-hour period and upon return at teacher's discretion, wear mask while on DEC campus.
- Please contact the school to inform that your child will not be attending school.

## **DROPPING OFF**

## We ask that you follow these drop-off guidelines to ensure safety for all:

- Families are encouraged to arrive and depart from center at 5 MPH, "crawling" pace in their vehicles.
- Early Head Start drop off begins at 7:30 a.m. Parents may park in the front parking lot; walk their child to their classroom until 8:30 a.m. At 8:31 a.m., parents must sign in their child in at the front office. Parents will attain a "Pass to Class". Present the pass to classroom teachers as verification you signed in your child at the front office.
- Preschool Head Start drop off begins at 8:00 a.m. Parents may park in the front parking lot; walk their child to their classroom until 9:00 am. At 9:01 a.m., parents must sign their child in at the front office. Parents will attain a "Pass to Class". Present the pass to classroom teachers as verification you signed in your child at the front office.
- Avoid designating those considered at high risk, such as elderly, or those who have underlying health conditions.

It is the expectation that families bring children to school on time.

Parents be reminded, children need adjustment time, be prepared to support your child during their transition period.

## RELEASING CHILDREN FROM THE PROGRAM

## PROCEDURE FOR RELEASING CHILD FROM PROGRAM:

The Laguna Division of Early Childhood sets forth and establishes a sex offender policy to ensure the safe and healthy operation of all DEC programs and program activities for children, families, employees and community.

- It is DEC policy that any individual listed on a sex offender registry may not have the responsibility for a child's care.
- DEC prohibits the release of a child to an individual on a sex offender registry.
- Dec policy prohibits any individual listed on a sex offender registry to participate in DEC program activities or events on or off campus.

DEC staff will not release a child to anyone suspected of being under the influence or possession of alcohol or controlled substances.

DEC will not release a child without an age appropriate car seat.

Only adults 18 years of age or older on the child's approved checkout list may sign child out of program.

\*To authorize additional individuals to pick up a child, the parent or legal guardian must fill out the proper form in person with signature. Forms are available in the front office, on the buses and with the Family Services Providers.

## **PICKING UP**

## Parents/Legal Guardians, we ask that you follow these pick up guidelines to ensure safety for all:

- Parents are required to be on time to pick up their children. Early Head Start ends at 3:00 p.m. Monday through Thursday and 12:00 p.m. on Friday and Preschool Head Start ends at 2:00 p.m. Monday through Thursday and 12:00 p.m. on Friday. The DEC office closes at 4:15 p.m. Monday through Thursday and at 1:15 p.m. on Friday. Child Care ends at 5:00 p.m. Monday through Thursday and 4:30 p.m. on Friday.
- Individuals on approved checkout list will park in the front parking lot. Come into the front office and sign the child out of program. Parents will attain a "Sign Out" pass to present to teachers for verification of checking-out child. Teachers may ask you to sign your child out in the classroom as well.
- Parents picking up their child form Child Care may go directly to the Child Care classroom and sign them out there.

Be reminded that children of this age can experience neglect and feel traumatized when a parent or quardian is not there to pick them up.

If a child remains on campus after the time school has ended, DEC will implement the following procedure:

- 1. Verbal warning by pertinent DEC staff.
- 2. Written Warning with Program Director's signature.
- 3. Contact to Social Services for follow-up.

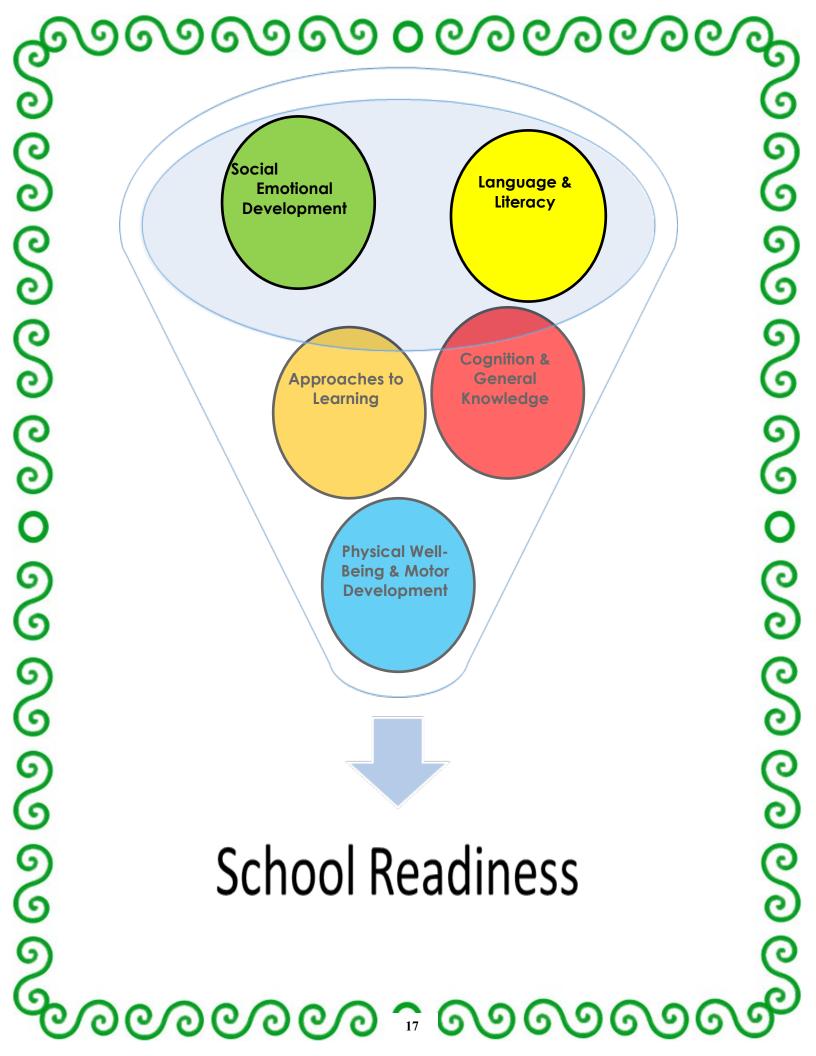
## UNEXPECTED EARLY RELEASE

## We ask that you follow these early release guidelines to ensure safety for all:

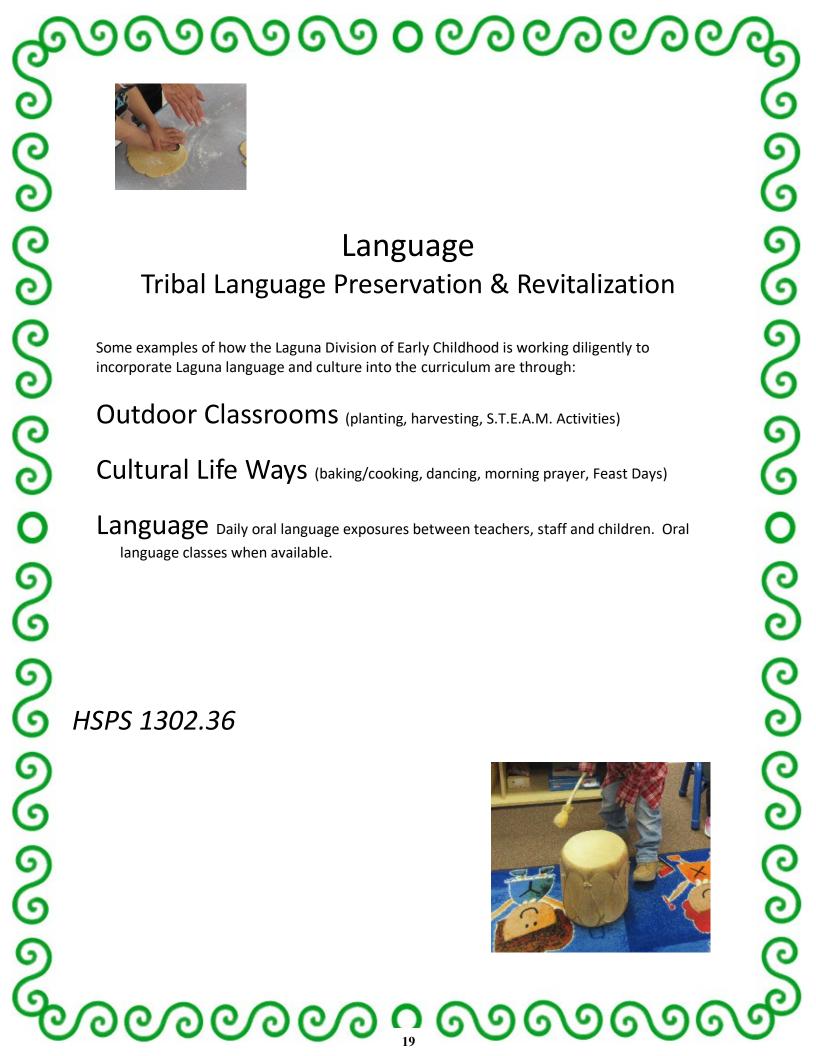
- If DEC receives notification of an "Early Release" for any reason, we make every attempt to contact all parents. DEC provides parent notification via Messenger, text message or phone call (please ensure contact information is current).
- Parent has up to 30 minutes to pick up their child once an early release has been determined (times vary depending on the reason for early release).
- Children utilizing bus services will follow regular boarding and bus route procedures home, at the indicated time of early release. See protocol for children who ride the bus under Bus Transportation, Safety and Bus Routes. Page 10
- In the event there is no one to receive your child off the bus, the child will return to program. Child must be picked-up immediately upon return.
- DEC Child Care services are canceled when an Unexpected Early Release is in effect. Parents must pick-up their child within a half hour of the time of Early Release. We will release children to authorized individuals on the child's checkout list.







## **െെ** o െ െ e **School Readiness—Overview** School Readiness means that children are ready for school, families are ready to support their children's learning, and schools are ready for children. Learn more about the approach. Physical, cognitive, social and emotional development are all essential ingredients of school readiness. DEC views school readiness as children possessing the skills, behavior, and knowledge necessary for success in school and for later learning. DEC must establish school readiness goals that are appropriate for the ages and development of enrolled children according to the following Early Leaning Outcomes (ELOF) Framework and New Mexico Early Learning Guidelines (NMELG's) Approaches to Learning Social and Emotional Development Language and Literacy Cognition Perceptional, Motor, and Physical Development Implementing and measuring progress, toward school readiness goals, helps DEC to individualize and ensures what children need to be ready for kindergarten. DEC is required to consult with parents in establishing school readiness goals and to respect parents as their children's primary nurturers, teachers, and advocates, as described in the Parent, Family, and Community Engagement (PFCE). As children transition to kindergarten, DEC and Laguna Elementary School work together to promote school readiness.



# ഉള്ള o ഉള്ള ATTENDANCE



## ATTENDANCE

If the child's monthly attendance falls under 85%, the child can be disenrolled. DEC makes good faith efforts to help the child return to school. If good faith efforts are unsuccessful, the child can be dis-enrolled.

⇒ Head Start attendance goal is set at 85% attendance.

- $\Rightarrow$  Family Service Providers work with families to establish and maintain the attendance goal for Head Start children.
- $\Rightarrow$  The attendance plan outlines the expectations for attendance. Please remember to call the center if your child will not be attending for the day.
- ⇒ We will work together to increase our attendance and make sure all children are safe, and getting the most out of their Head Start experience.

## DEC ATTENDANCE PLAN

An attendance report will be collected from each classroom by 8:30 a.m. EHS and by 9:00 a.m. PHS.

If a child is unexpectedly absent and a parent has not contacted the program within one hour of start time, DEC may attempt to contact the parent to ensure the child's well-being.

If a child has two unexplained absences, the family service provider will conduct a home visit.

Families of children with patterns of absences that put them at risk of missing 10% of program days per year will meet with Family Service Providers to develop appropriate strategies to improve individual attendance.

## **ൗൌൌ**ം HEAD START ATTENDANCE (a) Promoting regular attendance. A program must track attendance for each child. (1) A program must implement a process to ensure children are safe when they do not arrive at school. If a child is unexpectedly absent and a parent has not contacted the program within one hour of program start time, the program must attempt to contact the parent to ensure the child's well-being. (2) A program must implement strategies to promote attendance. At a minimum, a program must: (i) Provide information about the benefits of regular attendance; (ii) Support families to promote the child's regular attendance; (iii) Conduct a home visit or make other direct contact with a child's parents if a child has multiple unexplained absences (such as two consecutive unexplained absences; and, (iv) Within the first 60 days of program operation, and on an ongoing basis thereafter, use individual child attendance data to identify children with patterns of absence that put them at risk of missing ten percent of program days per year and develop appropriate strategies to improve individual attendance among identified children, such as direct contact with parents or intensive case management, as necessary. (3) If a child ceases to attend, the program must make appropriate efforts to reengage the family to resume attendance, including as described in paragraph (a)(2) of this section. If the child's attendance does not resume, then the program must consider that slot vacant. This action is not considered expulsion as described in §1302.17. (b) Managing systematic program attendance issues. If a program's monthly average attendance rate falls below 85 percent, the program must analyze the causes of absenteeism to identify any systematic issues that contribute to the program's absentee rate. The program must use this data to make necessary changes in a timely manner as part of ongoing oversite and correction as described in §1302.102(b) and inform its continuous improvement efforts as described in §1302.102(c). (c) Supporting attendance of homeless children. (1) If a program determines a child is eligible under §1302.12(c)(1)(iii), it must allow the child to attend for up to 90 days or as long as allowed under state licensing requirements, without immunization and other records, to give the family reasonable time to present these documents. A program must work with families to get children immunized as soon as possible in order to comply with state licensing requirements. If a child, experiencing homelessness, is unable to attend classes regularly because the family does not have transportation to and from the program facility, the program must utilize community resources, where possible, to provide transportation for the child. HSPS 1302.16

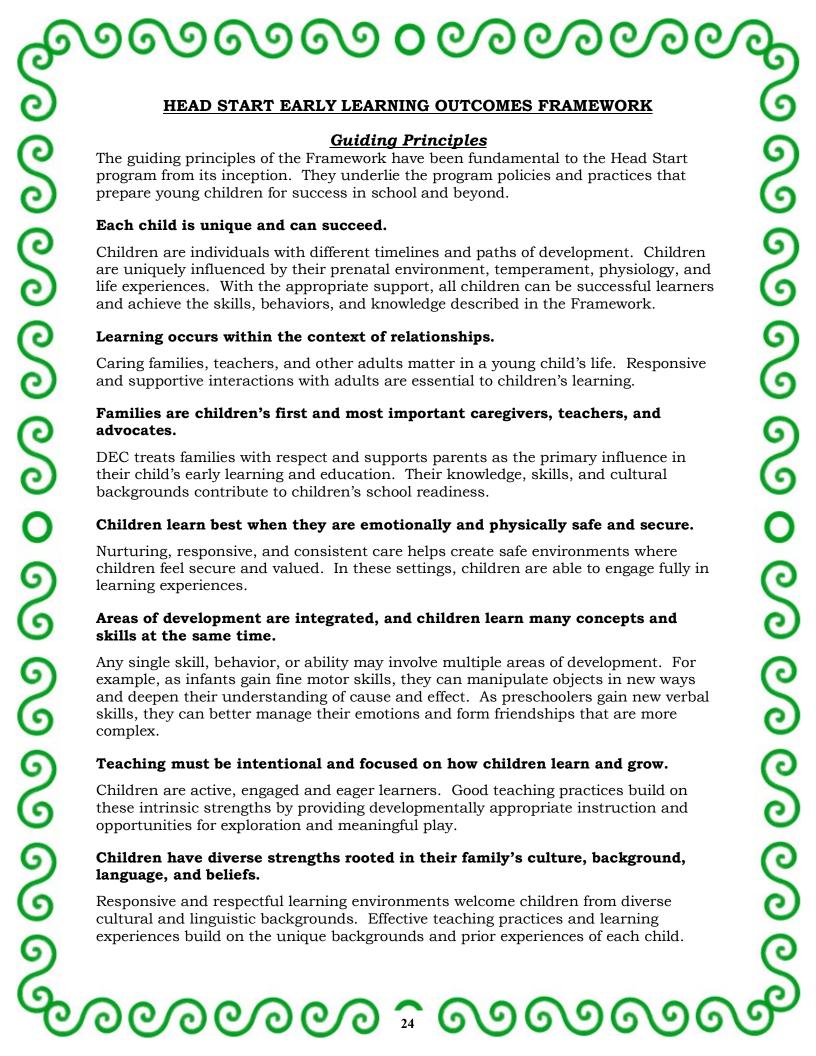
## ഉള്ള **ം** ഉള്ള **SCREENINGS HEAD START SCREENINGS** The purpose of screening children is to be able to identify areas of concern in development, health or sensory. Developmental screening is a brief process using standardized health and developmental screening instruments. Screenings are tools to make determinations about children in the event a referral is necessary for further evaluation. (HSPPS Child Screenings and assessments, 45 CFR § 1302.33) Screenings occur with the consent and collaboration of the parents. Programs complete or obtain, in compliance with the Individuals with Disabilities Education Act (IDEA) and in collaboration with the local agency, a current developmental screening to identify concerns regarding a child's developmental, behavioral, motor, language, social, cognitive, and emotional skills within 45 calendar days from when the child first attends the program or, for the home-based program option, receives a home visit. ♦ A program that operates for 90 days or less must complete or obtain a current developmental screening within 30 calendar days from when the child first attends the program. A program must use one or more research-based developmental standardized screening tools to complete the screening. <u>୭୭୭୭୭୭</u> As part of the screening, a program must use additional information from family members, teachers, and relevant staff familiar with the child's typical behavior. If warranted through screening and additional relevant information, and with direct guidance from a mental health or child development professional, a program must, with the parent's consent, promptly and appropriately address any needs identified via referral to the local agency responsible for implementing IDEA for a formal evaluation to assess the child's eligibility for services under IDEA as soon as possible, and not to exceed timelines required under IDEA. Partnership with the child's parents and the relevant local agency to support families through the formal evaluation process.

The following screenings are completed for each Head Start child within 45 days of their enrollment.

- ♦ Ages and Stages Questionnaire-3
- Ages and Stages Questionnaire Social Emotional
- Height/Weight
- ♦ Hearing
- Vision
- ♦ Dental (Proof of dental services is required within 45 days of enrollment).

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## ഉരെ ഉം ഉം CHILDREN WITH DEVELOPMENTAL CONCERNS The Laguna Division of Early Childhood program provides quality services to children with disabilities in an inclusion setting per the federal law titled Individuals with Disabilities Education Act (IDEA) for children birth to individuals up to the age of 21. By law, programs must provide special services to eligible children with diagnosed disabilities and or developmental delays, also known as special education and related services. See below for a summary of Basics of the Special Education Process under the IDEA. 1. Identification of children requiring special education and related services by a referral or request for an evaluation by: A. A school/program professional (parent permission is always required) OR B. A parent may also contact their child's teacher or Support Services Coordinator with any concerns regarding their child and request an evaluation. 2. Evaluation – Conducted by a professional, focuses on the individual child in each area of concern such as speech therapy, physical therapy and occupational therapy. An evaluation must assess the child in all areas related to the child's suspected disability or delay. Parent permission required. 3. If a child has been determined with a disability, as defined by IDEA, a team of school professionals and the parents/legal guardian must meet to write an Individual Family Service Plan (IFSP) for infants/toddlers or an Individual Education Program (for children ages 3 and above). IFSPs and IEPs are tailored plans to support each child's learning in an inclusive environment. 4. After the IEP or IFSP is developed, local professional agencies such as Native American Professional Parent Resources (NAPPR), La Vida Felicidad and Grants Cibola County Schools (GCCS) coordinate delivery of services to the child. Parents receive written progress reports for each encounter of service area on the IFSP/IEP. 5. An IEP is reviewed and revised periodically, typically annually, to ensure the child's needs are being addressed. The review of an IFSP is every six months and at least once a year. Parents may request an IEP/IFSP meeting as deemed necessary. Essential team members are typically present and others with knowledge or expertise may be invited. **Learning Knows No Bounds**



## FAMILY SERVICES PROVIDERS

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## **Role of DEC Family Service Provider**

## Goal:

To support families as they nurture the learning and development of their children in the context of their family, culture, and school readiness.

## **Objectives:**

- 1. Engage Families in school readiness by promoting:
  - •Regular child attendance
  - •Child and family physical, social and emotional health
  - •Culture identity and practice
- 2. Assist families in identifying and working towards family goals
- 3. Connect families to local resources

## **Service Provider Role:**

- •Contact families at least one time per month
  - → (Re: Family welfare check, attendance, program information or as needed.)
- •Conduct a minimum of four (4) in person visits per program year
- •Complete a Family Partnership with families:
  - $\rightarrow$  Family Strengths and Needs Assessment
  - $\rightarrow$  Family Goals and follow-up
- •Plan and coordinate monthly parent committee & parent education meetings, four (4) quarterly father involvement activities and events, including research based opportunities and suggestions:

Suggestion for activity:

- •Provide resources based on the family's needs and requests
- •Assist in recruitment of children for the Division of Early Childhood Program
- •Maintains confidentiality
- •Serves as a mandatory Child Abuse and Neglect Reporter
- •Takes into consideration any existing plans for the family made with other community agencies and availability of other community resources to address family needs, strengths, and goals, in order to avoid duplication of effort
- •Transition:
  - $\rightarrow$  EHS to PHS
  - → PHS to Kindergarten
- •School of choice:

## **FAMILY PARTNERSHIP SERVICE**

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- a) Family partnership process. A program must implement a family partnership process that includes a family partnership agreement and the activities described in this section to support family well-being, including family safety, health, and economic stability, to support child learning and development, to provide, if applicable, services and supports for children with disabilities, and to foster parental confidence and skills that promote the early learning and development of their children. The process must be initiated as early in the program year as possible and continue for as long as the family participates in the program, based on parent interest and need.
- (b) *Identification of family strengths and needs*. A program must implement intake and family assessment procedures to identify family strengths and needs related to the family engagement outcomes as described in the Head Start Parent Family and Community Engagement Framework, including family well-being, parent-child relationships, families as lifelong educators, families as learners, family engagement in transitions, family connections to peers and the local community, and families as advocates and leaders.
- **(c)** *Individualized family partnership services.* A program must offer individualized family partnership services that:
  - (1) Collaborate with families to identify interests, needs, and aspirations related to the family engagement outcomes described in paragraph (b) of this section;
  - (2) Help families achieve identified individualized family engagement outcomes;
  - (3) Establish and implement a family partnership agreement process that is jointly developed and shared with parents, and families, to review individual progress, revise goals, evaluate and track whether identified needs and goals are met, and adjust strategies on an ongoing basis, as necessary, and;
  - (4) Assign staff and resources based on the urgency and intensity of identified family needs and goals.
- (d) Existing plans and community resources. In implementing this section, a program must take into consideration any existing plans for the family made with other community and availability of other community resources to address family needs, strengths, and goals, in order to avoid duplication of effort.

HSPS 1302.52

## PARENT ENGAGEMENT

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## **Parent Committee:**

Within the parent committee structure, a program may determine the best methods to engage families using strategies that are most effective in their community.

## Parent Education: (Researched based)

Strategies that support positive relationships between parents' involvement in their child's education. This school year six (6) sessions are scheduled.

## Father Engagement:

Engaging fathers in Head Start (HS) and Early Head Start (EHS) programs can have a deep impact on children, their families, and the community as a whole.

Engaging fathers builds a lasting impact on fathers' connection and involvement in their children's development and well-being, leading to a larger impact on the family as a whole as well as on the entire local community. This school year four (4) quarterly activities are scheduled.

## **Family Engagement**

Head Start (HS) and Early Head Start (EHS) organizes and plans for an appropriate, fun and welcoming environment for all children and families to attend events "on site" and/or through "At Home Activities" monthly.



## HEALTH/NUTRITION



## **HEALTH GOAL**

DEC programs and families work together to ensure that children are up-todate on developmental, dental, and health screens and receive the necessary follow up services based on screening results. **HEALTHY CHILDREN ARE READY TO LEARN!** 

## SCHOOL READINESS GOAL NUTRITION

Nutrition Goal: Provide children with a nutritious breakfast, lunch and afternoon snack when they are in program for the day that is low in fat, sugar, and salt and high in nutrients! **WE DO NOT ALLOW ANY OUTSIDE FOOD OR DRINKS.** Thank you for helping to keep Laguna Head Start children healthy and protected from allergens!

HSPS 1302.44



## MEAL PATTERNS



## CACEP INFANT MEAL PATTERNS

## **AGES BIRTH THROUGH 5 MONTHS**

	BREAKFAST,	SNACK, LUNCH & SUPPER MEAL PATTERNS
Milk	4-6 oz	breastmilk¹ or formula²

## **AGES 6 MONTHS THROUGH 11 MONTHS**

	BREAKFA	ST, LUNCH & SUPPER MEAL PATTERNS	
Milk	6-8 oz	breastmilk¹ or formula²	
0-1/2 oz ec  Grain/  Meat/Meat Alternate  0-2 oz  0-4 oz  0-4 oz	0-1/2 oz eq	infant cereal² or	
	0-4 tbs	meat, fish, poultry, whole egg, cooked dry beans, or cooked dry peas <i>or</i>	
	0-2 oz	cheese or	
	0-4 oz	cottage cheese or yogurt³ or	
	0-4 oz	a combination of the above <sup>4</sup>	
Fruit/Vegetable	0-2 tbs	vegetable or fruit or a combination of both <sup>4,5</sup>	

		SNACK MEAL PATTERNS	
Milk	2-4 oz	breastmilk¹ or formula²	
Grain	0- <sup>1</sup> /2 oz eq	slice bread <sup>6</sup> or	
	0- <sup>1</sup> /4 oz eq	crackers <sup>6</sup> or	
	0- <sup>1</sup> /2 oz eq	infant cereal <sup>2,6</sup> or	
	0- <sup>1</sup> /4 oz eq	ready-to-eat breakfast cereal <sup>4,6,7</sup>	
Fruit/Vegetable	0-2 tbs	vegetable or fruit or a combination of both <sup>4,5</sup>	

### oz eq = ounce equivalents

1 Breastmilk or formula, or portions of both, must be served; however, it is recommended that breastmilk be served in place of formula from birth through

11 months. For some breastfed infants who regularly consume less than the minimum amount of breastmilk per feeding, a serving of less than the minimum amount of breastmilk may be offered, with additional breastmilk offered at a later time if the infant will consume more.

<sup>2</sup> Infant formula and dry infant cereal must be iron-fortified.

<sup>3</sup> Yogurt must contain no more than 23 grams of total sugars per 6 ounces.

<sup>4</sup> A serving of this component is required when the infant is developmentally ready to accept it.

<sup>5</sup> Fruit and vegetable juices must not be served.

<sup>6</sup> A serving of grains must be whole grain-rich, enriched meal, or enriched flour.

<sup>7</sup> Breakfast cereals must contain no more than 6 grams of sugar per dry ounce (no more than 21.2 grams sucrose and other sugars per 100 grams of dry cereal).



Fluid Milk



Vegetable





Meat/Meat Alternate





Visit **cacfp.org** for more nutrition education resources. CACFP is an indicator of quality child care. This institution is an equal opportunity provider.



## BREAKFAST

Serve Milk, Vegetable or Fruit, Grain\*

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup	3/4 cup	1 cup	1 cup
Vegetable, Fruit or Both	1/4 cup	1/2 cup	1/2 cup	1/2 cup
Grain*	1/2 oz eq	1/2 oz eq	1 oz eq	2 oz eq

<sup>\*</sup> Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week, oz eq = ounce equivalents

## LUNCH / SUPPER

## **Serve All Five Components**

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup	3/4 cup	1 cup	1 cup*
Vegetable	1/8 cup	1/4 cup	1/2 cup	1/2 cup
Fruit	1/8 cup	1/4 cup	1/4 cup	1/2 cup
Meat/Meat Alternate	1 oz	1 1/2 oz	2 oz	2 oz
Grain	1/2 oz eq	1/2 oz eq	1 oz eq	2 oz eq

<sup>\*</sup> A serving of milk is not required at supper meals for adults. oz eq = ounce equivalents

## **SNACK**

## **Select Two of the Five Components**

COMPONENT	AGES 1-2	AGES 3-5	AGES 6-18	ADULTS
Milk	1/2 cup	1/2 cup	1 cup	1 cup
Vegetable	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Fruit	1/2 cup	1/2 cup	3/4 cup	1/2 cup
Meat/Meat Alternate	1/2 oz	1/2 oz	1 oz	1 oz
Grain	1/2 oz eq	1/2 oz eq	. 1 oz eq	1 oz eq

oz eq = ounce equivalents

Refer to USDA FNS Exhibit A for further guidance on grain serving sizes.











Fluid Milk

Vegetable

Fruit

Meat/Meat Alternate



Visit **cacfp.org** for more nutrition education resources. CACFP is an indicator of quality care. This institution is an equal opportunity provider.

## IMMUNIZATIONS, AND WELL CHILD CHECKS AND DENTAL EXAMS

- ✓ Head Start and all school systems require your child to be up to date on all immunizations within the guidelines listed below.
- ✓ You may get a note from your doctor if your child is on another schedule of immunizations.
- ✓ The note is an indicator for your child's immunization schedule.
- ✓ If your child is not up-to-date on immunizations, Head Start may dis-enroll until they are current.
- ✓ Well-child check documentation must be current and turned in to the Health Aide after each visit.
- ✓ Most recent dental exam must be submitted during the enrollment process and is to remain current after each visit.

## Your child needs vaccines as they grow! 2025 Recommended Immunizations for Birth Through 6 Years Old





ALL children should be immunized at this age

SOME children should get this dose of vaccine or preventive antibody at this age

- child has any medical condition that puts them at higher risk for infection.





## REPORTING

## **CHILD ABUSE NEGLECT REPORTING**

- **★** DEC employees are required to report any suspicion of child abuse and/or neglect to the Pueblo of Laguna Police Department.
- **★** The police will then investigate the report.
- \* If a staff member calls the authorities to report suspected child abuse or neglect, he or she is doing so as a job requirement.

## **ILLNESS**

The Division of Early Childhood program strives to keep children in program daily. However, if a child is ill, they will be more comfortable at home. Children should NOT come to school if they are not feeling well. Parents monitor for illness daily and keep children at home if they are experiencing symptoms. Parents should notify school if their child is ill.

- Fever of 100.4 F or higher.
- Symptoms such as lethargy, uncontrolled coughing, irritability, persistent crying, difficulty breathing or wheezing.
- A child with uncontrolled diarrhea (water that cannot be controlled inside a diaper or water stool happens 2-3 times within one hour).
- Vomiting during program hours.
- Sudden onset of rash.
- Other illness based on a child's health condition on a case-by-case basis.

## PROCEDURES WHEN A CHILD BECOMES ILL WHILE AT DEC PROGRAM

If your child is having symptoms of illness while at the program, DEC will follow this procedure:

- 1. Classroom calls Health Aide with a concern. Health Aide will complete assessment and make a determination as to whether or not the symptoms fit within the exclusion criteria outlined in our policy. This is on a case-by-case basis.
- 2. If the symptoms DO NOT fit within the exclusion criteria, the child may stay at the program. DEC sends an Incident/Injury/Illness report home to notify parents/guardians of the illness and to recommend further monitoring of symptoms at home.
- 3. If the symptoms DO fit within the exclusion criteria, the Health Aide will make a report and call the parent/guardian to pick up the child. If we cannot contact either parent, we will proceed with the family's emergency contact numbers until we make contact. Please note that we look at every option before a parent is called to pick up a child. Once we contact the parent, child pick up is within 30 minutes of notification. Please go to the front office to sign child out.
- 4. If DEC sends a child home with symptoms of a contagious/communicable illness, a doctor's note clearing the child WILL be required for the child to return to the program to ensure the health and safety of all DEC children and prevent the spread of illness.

## Be reminded:

- 1. Washing hands with soap and water is the number one way to prevent infection/illness.
- 2. Keep contact numbers up-to-date and voicemails cleared; in case there is a concern regarding your child while they are at the program, we are able to reach you.
- 3. When coming to pick up the child from program, whether it be parents or others on the child's contact list, please ensure that the child has a car seat. We appreciate your cooperation in keeping DEC children healthy and safe. Should you have any questions/concerns please call the school @ (505)552-6544 ext. 5103.

## LICE

- · Head Start will notify parents if they see what looks like lice or nits on your child.
- · Teachers will document by filling out the Incident, Injury, and Illness report form.
- · We ask that parents do a lice treatment on their child's head and then continue to comb thoroughly each night until the nits are no longer present on the child's head.
- · If we call you in regards to your child having lice, please pick up your child immediately. You may administer treatment upon the child's arrival home.
- · Custodians clean and sanitize the classroom after a case has surfaced.

## **BED BUGS**

- \* If staff discover a suspected bed bug on a child or their belongings, an examination of the child's clothing and belongings will occur.
- \* The staff will assist the child to change into their extra clothing. Staff will place soiled clothing/belongings into a sealed plastic bag.
- \* Contact to parents/guardians to notify of bed bug incident and to pick up their child within 30 minutes. Health Aide will send informational/instructional material home with the child.
- \* Custodians clean and sanitize classroom/bus once incident has been determined.
- \* Refer to DEC Health & Safety Plan in the event of a second occurrence.

## ILLNESS/INCIDENT/INJURY REPORTS EVERY INJURY MUST BE EXPLAINED

Though DEC staff make every effort to keep children safe, accidents and injuries do occur.

- \* We know that active children do have accidents and often bump or fall resulting in minor injuries such as cuts, bruises, bleeding or swelling. If you notice any injuries, marks or abrasions on your child when he or she returns home at the end of the day, please notify the Director immediately at 505-321-8490.
- \* If an accident or injury occurs at DEC, your child's teacher will contact you via phone call. Keep your contact information current in case of an emergency, so we may contact you.
- \* You will also receive an Incident Report at the end of the day to inform you of the situation.
- \* The Director or Individual delegated Proxy is required to sign any report going home; a delay of notice of one day may occur.
- **★** Always call the Director if you have any questions or concerns.

## TRANSITION

## EARLY HEAD START TO PRESCHOOL

## TRANSITION PLAN

- An Early Head Start program must implement strategies and practices to support successful transitions for children and their families transitioning from Early Head Start to Preschool Head Start.
- Early Head Start must implement transition planning for each child and family.

## Transition Schedule Details:

- Six (6) months prior to 3rd birthday (may be less than 6 months if child enrolls later), a meeting will be scheduled with parent and Family Service Provider, to discuss the plan.
- ◆ Two (2) months prior to 3rd birthday. A meeting with the ERSEA Manager to discuss the Transition Plan.
- On the first school day after the child's 3rd birthday, the Selection Committee will meet to determine eligibility of the child and assign a classroom. ERSEA Manager notifies parents of selection. Head Bus Driver will schedule parent bus orientation.
- Seven to ten days after 3rd birthday, upon completion of steps, child may start Preschool on her/his 3rd birthday.
- Children must transition into Head Start or another program as soon as possible after the child's third birthday.

HSPS 1302.70

## PRESCHOOL TO KINDERGARTEN

## TRANSITION PLAN

- For children who will enter kindergarten in the following year must participate in the transition process to support a successful transition to kindergarten. Head Start children will visit a kindergarten classroom at least once during the spring.
- ♦ An evening presentation of kindergarten curriculum at Laguna Elementary School for families of transitioning children.

HSPS 1302.71

## CLASSROOM AND PLAYGROUND SAFETY

## TOYS/PERSONAL ITEMS

Please do not send personal items such as toys, stuffed animals, or electronics with your child to school unless teacher requests it for a special activity. This avoids loss and damage to the item.

If the teacher does request a personal item for an activity, please mark the item clearly with your child's name to be returned home at the end of the day.



## **CLASSROOM AND PLAYGROUND SAFETY**

- \* Please dress your children so they may participate in a day of physical activity and learning.
- \* Children will run, climb, step, and engage in physical activities throughout the day.
- \* Children will engage in "messy" play such as water, mud and paint.
- \* To prevent classroom and playground injuries, please refrain from sending your child to school with hoodies with drawstrings, Crocs, flip-flops, sandals or open toed, wheels or heeled shoes.
- \* Please do not send personal items such as blankets, toys or stuffed animals with your child to school.
- \* For hydration, please send an empty water bottle for your child to use for the duration of the school year.
- \* You may want to label your child's clothing to prevent lost items
- \* Use sidewalks in inclement weather as a precaution to avoid slipping.

### BOARD APPROVED 5/21/25 **900** 000 000 **FEBRUARY 2026** OCTOBER 2025 19 91 23 18 25 **JUNE 2026** 22 START/END TIMES: EHS: 7:30 AM - 3:15 PM MON - THURS. PHS: 8:00 AM - 2:00 PM MON - THURS. FRIDAYS: 23 21 EHS: 7:30 AM - 12:00 PM PHS: 8:00 AM - 12:00 PM 22 PARENT-TEACHER CONFERENCES OCT 20, 2025 21 61 900 JUNE 25, 2026 JULY 1, 2025 X LAST DAY STAFF JUNE 30, 2026 **AUGUST 7, 2025** SEPTEMBER 2025 JANUARY 2026 ALL FRIDAYS: HALF-DAY FOR STUDENTS **MAY 2026** Tue Wed Thu 24 Mon Tue Wed X LAST DAY OF SCHOOL - ½ Day 1ST DAY STAFF SCHOOL OF 19 000 17 24 21 **DEC CALENDAR** · 2025 / 2026 NOV: 24, 25, 26, 27, 28 DEC: 22, 23, 24, 25, 26, 29, 30, 31 • JUI: 16, 17, 18, 21, 22 • JAN: 7 • JUN: 26, 29, 30 Sat JAN: 1, 2, 5 MAR: 16, 17, 18, 19, 20 Sat **DECEMBER 2025** F Tue Wed Thu Fri Mon Tue Wed Thu Fri **AUGUST 2025** 7 21 25 **APRIL 2026** 16 23 22 20 000 . AUG 15, 2025 MESITA . SEPT 08, 2025 ENCINAL . SEPT 19, 2025 IAGUNA . SEPT 25, 2025 PAGUATE . OCT 17, 2025 PARUE . MAR 19, 2026 IAGUNA 900 LAGUNA FEAST DAYS JANUARY 06, 2026 APRIL 3, 2026 RELIGIOUS DAYS 2 Sun 21 Sat Sort Sat OCT 13, 2025 - INDIGENOUS PEOPLES' DAY NOV 11, 2025 - VETERANS DAY 12 **NOVEMBER 2025** Mon Tue Wed Thu Fri E DEC 25, 2025 - CHRISTIMAS DAY JAN 01, 2026 - NEWY YEAR'S DAY JAN 19, 2026 - MARTIN. L'RING DAY FEB 16, 2026 - PRESIDENTS' DAY MAY 25, 2026 - MEMORIAL DAY **MARCH 2026** JULY 04, 2025 - INDEPENDENCE DAY SEPT 01, 2025 - LABOR DAY NOV 27, 2025 - THANKSGIVING DAY 19 20 27 JULY 2025 NATIONAL HOLIDAYS 000 25 19 Tue Wed 23 Tue 17 24 3 22 16 23 30 Sun Mon 15 23 20 16

## **Receipt of Parent Information**

- I have received a copy of the Parent Information booklet.
- DEC staff members have reviewed this information with me and I understand the expectations and procedures for the Laguna Division of Early Childhood.

Child's Name:
Parent's Name:
Parent Signature:
Date: