

AUGUST 2024

BREAKFAST



CLARK SCHOOL DISTRICT

All breakfasts are served with fruit, juice and milk.
All menus are subject to change.



Nutrition Tip: Drink water! Sip water or other drinks with few or no calories to stay hydrated and help maintain a healthy weight. Keep a water bottle in your bag or at your desk to satisfy your thirst throughout the day.



Reference: USDA MyPlate

MONDAY

After school snacks will be listed at the bottom of each day.

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

5

6

7

1

2

12

13

14

15

16

19

20

21

22

23

Cinnie Minis

26

Cereal
String Cheese

27

Pancake on a stick

28

French Toast

29

NO SCHOOL

30

Grahams

Cheese-it crackers

Rice Krispie Bar

Chex Mix

Pancakes

Chex Mix

Mini Bagels

Rice Krispie Bar

WELCOME BACK!
Cereal
String Cheese

Cheese-it Crackers