



SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
	Corn Dog Chicken Salad w/Crackers Ham and Turkey Sandwich Tomatoes & Carrots w/Dip Tex Mex Style Beans Pear and Kiwi Medley Assorted Fruit Juices Chocolate Milk Fat Free Milk	Beef Stroganoff Over Rice Chef Salad Tuna Salad on Croissant Bun Glazed Carrots Seasoned Green Beans Banana Berry Blend Fresh Fruit Bowl Cornbread Chocolate Milk Fat Free Milk	Mexican Pizza Cheeseburger Fruit and Yogurt Plate Spanish Rice Broccoli Salad Krinkle Cut Sweet Potatoes Fresh Apples Flavored Raisins Graham Crackers Chocolate Milk Fat Free Milk	Chicken Wings, Bufalo Sc M3300 Fish Melt Manager's Choice Salad Baked Ranch Fries Tossed Salad w/ Dressing Fruit Slushes Fresh Watermelon Chunks Whole Wheat Roll Ranch Dressing Chocolate Milk Fat Free Milk
9	10	11	12	13
Baked Pork Chop Chicken Salad Sandwich Managers Choice Salad Fried Brown Rice Carrots and Red Peppers with Dip Green Peas Frozen Fruit Juice Cups Fresh Fruit Bowl Whole Wheat Roll Chocolate Milk Fat Free Milk	Sloppy Joe on Bun Turkey & Cheese on Bun Chef Salad Vegetable Juice Baked Beans Flavored Raisins Chilled Peach Slices Chocolate Milk Fat Free Milk	Red Beans and Rice with Sausage Managers Choice Salad Hamburger w/ Trimmings Black-Eyed Peas Marinated Tomato and Cucumber Salad Pineapple Tidbits Fresh Fruit Bowl Cornbread Chocolate Milk Fat Free Milk	Lasagna Grilled Fajita Salad Tuna Ranch Wrap Steamed Broccoli Florets Whole Kernel Corn Applesauce in a Bag Fruited Gelatin Whole Wheat Garlic Toast Chocolate Milk Fat Free Milk	Chicken Nachos American Sub Managers Choice Salad Criss Cut Sweet Potatoes Cheesy California Veggies Chilled Peaches Fresh Bananas Fat Free Milk Chocolate Milk
16	17	18	19	20
Pepperoni Pizza Wedge Chicken Salad Sandwich Fruit & Yogurt Salad U M36 15.1 Baked Ranch Fries Black Bean Salad Fresh Apples Chilled Pear Halves Graham Crackers Fat Free Milk Chocolate Milk	Baked Fish Scandia Meatballs in Marinara Sauce on Hoagie Bun Chef Salad Tomatoes & Carrots w/Dip Tossed Salad w/ Dressing Fresh Plums Chilled Mandarin Oranges Whole Wheat Roll Low Fat Milk Chocolate Milk	Cheesy Chicken Over/Rice Corn Dog Nuggets Tuna Salad on Croissant Bun Southern Mustard Greens Field Peas Fresh Grapes Frozen Fruit Juice Cups Cornbread Low Fat Milk Chocolate Milk	Chili Dog Grilled Cheese Sandwich Grilled Chicken Salad California Veggies Confetti Coleslaw Fresh Fruit Bowl Fruit Cocktail Ketchup Mustard Oatmeal Raisin Cookie Low Fat Milk Chocolate Milk	Ham and Turkey on Bun Philly Cheese Steak Sandwich Tuna Ranch Wrap Trimmings Bake Chips French Fries Broccoli Salad Tangerines Calico Fruit Mayonnaise Mustard Low Fat Milk Chocolate Milk

23

Chicken Nuggets
 Glazed BBQ Meatballs
 on Hoagie Bun
 Tuna Salad on
 Croissant Bun
 Spicy Fries
 Spinach Salad
 Fruit Slushes
 Fresh Fruit Bowl
 Whole Wheat Roll
 Ketchup
 Variety of Dipping Sauce
 Chocolate Milk
 Fat Free Milk

24

Hamburger Steak w/ Gravy
 Chicken Fajita Wrap
 Managers Choice Salad
 Steamed Rice
 Italian Sliced Carrots
 Mixed Vegetables
 Fresh Fruit Bowl
 Fresh Fruit Cup
 Cornbread
 Chocolate Milk
 Fat Free Milk

25

BBQ Pulled Pork Burger
 Chicken Tenders Salad
 Ham and Turkey
 Sandwich
 Baked Beans
 Confetti Coleslaw
 Fresh Pears
 Fresh Bananas
 Chocolate Chip Cookie
 Low Fat Milk
 Chocolate Milk

26

Spaghetti & Meat Sauce
 Grilled Chicken Sandwich
 Trimmings
 Chef Salad
 Cheesy Broccoli
 Raw Veggies with Dip
 Waldorf Fruit Salad
 Fresh Oranges
 Whole Wheat Roll
 Mayonnaise
 Mustard
 Chocolate Milk
 Fat Free Milk

27

Sausage Pizza
 Chicken Salad w/Crackers
 Chicken Patty Sandwich
 Sweet Potato Fries, Bkd M
 5925
 Steamed Carrots
 Fresh Fruit Bowl
 Assorted Fruit Juices
 Fat Free Milk
 Chocolate Milk

30

Corn Dog
 Chicken Salad w/Crackers
 Ham and Turkey
 Sandwich
 Tomatoes & Carrots w/Dip
 Tex Mex Style Beans
 Pear and Kiwi Medley
 Assorted Fruit Juices
 Chocolate Milk
 Fat Free Milk

GPSD High School Lunch Menu
Menu Subject to Change

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