

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Red Rabbit O's Apples 1% & Fat Free Milk	Blueberry Bread Apples 1% & Fat Free Milk	WG Mini Bagels w/ Cream Cheese Clementines 1% & Fat Free Milk	Banana Bread Honeydew 1% & Fat Free Milk	WG Mini Bagels w/ Jelly Pears 1% & Fat Free Milk
LUNCH	Rasta Pasta Mozzarella Cheese Glazed Carrots Honeydew 1% & Fat Free Milk	Beef Taco WG Tortillas Bean Salad Pears 1% & Fat Free Milk	Herb Roasted Chicken Seasoned Rice & Peas Sauteed Cabbage Grapes 1% & Fat Free Milk	Turkey Lo Mein Lo Mein Noodles Sauteed Broccoli & Carrots Apples 1% & Fat Free Milk	Beef Burgers WG Rolls Home-fries Lettuce, Tomatoes, Cheddar Cheese Oranges 1% & Fat Free Milk
SNACK					


WG= Whole Grain

A whole grain is a grain that has not had its nutrient-rich germ and bran removed, and therefore does not need enrichment. These menu items contain at least 50 percent whole grains.