

Lunch K-7

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>A graphic for the month of September. It features a red apple with a green leaf, a blue book with 'ABC's' written on it, and a yellow pencil, all resting on a wooden ruler. Below these items, the word 'September' is written in a large, black, cursive font inside a yellow, cloud-like shape with a blue outline.</p>				<p>1</p> <p>Chili Cheese/Corn Chips Hamburger Chef Salad Saltine Crackers Croutons Ranch Dressing Whole Kernel Corn Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup</p>
<p>4</p> <p>Holiday</p>	<p>5</p> <p>Parent Conference Day</p>	<p>6</p> <p>Meat Lovers Pizza Mexican Pizza Fruit and Yogurt Plate Chef Salad Saltine Crackers Croutons Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Fruit Slushes Low Fat Milk Chocolate Milk Assorted Puddings</p>	<p>7</p> <p>Grilled Chix Sandwich Ham & Cheese on Bun Fruit and Yogurt Plate Crinkle Cut Fries Seasoned Green Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Sugar Cookie</p>	<p>8</p> <p>Cheeseburger Trimnings Fruit and Yogurt Plate Chef Salad Saltine Crackers Croutons Ranch Dressing Baked Beans Carrot, Pepper Strips, and Broccoli Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard</p>
<p>11</p> <p>Chicken Nuggets Ham & Cheese on Bun Fruit and Yogurt Plate Mashed Potatoes Cheesy Broccoli Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup Variety of Dipping Sauce Graham Crackers</p>	<p>12</p> <p>Hamburger Steak/Gravy Ham & Cheese on Bun Fruit and Yogurt Plate Black-Eyed Peas Southern Turnip Greens Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk Mayonnaise Mustard Assorted Gelatins with Whipped Topping</p>	<p>13</p> <p>Chicken with Alfredo Sauce Ham and Cheese Wrap Fruit and Yogurt Plate Chef Salad Saltine Crackers Croutons Ranch Dressing Herbed Broccoli Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk</p>	<p>14</p> <p>Beef-A-Roni Grilled Chix Sandwich Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Whole Kernel Corn Baby Carrots w/Dip Vegetable Juice Blueberries w Topping Fresh Fruit Bowl Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup</p>	<p>15</p> <p>Chicken Fajitas Hamburger Grilled Fajita Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Spanish Rice Cucumber Slices w/Dip Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Assorted Puddings Ketchup Mayonnaise Mustard</p>
<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>

Grilled Chix Sandwich Fruit and Yogurt Plate Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Steamed Carrots Green Peas Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup	Chicken Spaghetti Ham and Cheese Wrap Chef Salad Saltine Crackers Croutons Ranch Dressing Steamed Carrots Green Peas Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Whole Wheat Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard	Meat Lovers Pizza Pepperoni Pizza Wedge Fruit and Yogurt Plate Chef Salad Croutons Saltine Crackers Ranch Dressing Whole Kernel Corn Broccoli Salad Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Fruited Gelatin Low Fat Milk Chocolate Milk	Italian Rotini Casserole Ham & Cheese on Bun Chef Salad Saltine Crackers Croutons Ranch Dressing Spinach Salad Seasoned Green Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk Mayonnaise Mustard Graham Crackers	Walking Tacos Turkey & Cheese/Bun Chef Salad Croutons Saltine Crackers Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard
25 Glazed BBQ Meatballs on Hoagie Bun Grilled Chix Sandwich Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Crinkle Cut Fries Cucumber Slices w/Dip Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard	26 Chicken Tenders Dutch Waffle Turkey & Cheese Wrap Fruit and Yogurt Plate Chef Salad Saltine Crackers Croutons Ranch Dressing Raw Veggies with Dip Seasoned Green Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Variety of Dipping Sauce	27 Breaded Pork Chop Chix Patty Sandwich Fruit and Yogurt Plate Chef Salad Croutons Saltine Crackers Ranch Dressing Black-Eyed Peas Seasoned Cabbage Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk Mayonnaise Mustard Ketchup	28 Beefy Nachos Grande Turkey & Cheese/Bun Chef Salad Croutons Saltine Crackers Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard	29 French Bread Pizza Cheeseburger Chef Salad Croutons Saltine Crackers Ranch Dressing Spinach Salad Broccoli Florets w/ Dip Tater Tots Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruited Gelatin Fruit Juice Low Fat Milk Chocolate Milk Ketchup

This institution is an equal opportunity provider.