

School Health Advisory Council Minutes

April 16, 2026

Odem Intermediate Library

4:15-4:50

Participants in attendance are Lisa Perez, Aricella Tortorello, Katie Young, Briana Casas, Abby Gonzalez, Lida Yruegas, Renee Orta, Amanda Henley, Belinda Ruiz, and Cindy Garcia.

The meeting was called to order at 4:15. Lisa Perez began by reading the mission statement and welcoming members and guests to the meeting. The minutes from January 29, 2026, were read by everyone in attendance and approved by all members.

Nutrition:

Unable to attend. Lisa has reached out and is hoping to hear back from them soon.

Physical Education:

Rene Orta states they are currently working on Field Day preparations. Elementary will be held on May 7th and intermediate will be on May 8th. She states they are still talking about participating in beach to bay but are unsure currently.

Health Services:

Lisa Perez states all health screenings have been completed. Nurses are currently working on making follow-up calls to parents regarding referrals. We are also attempting to get nursing paperwork to be sent out on parent square at beginning of the school year.

Health School Environment:

Regarding safety, all campuses except one have completed all intruder drills. New AEDs have been ordered to add to new locations including the bus barn and the gym by the intermediate.

Health Education:

Great Body Shop is continuing to be taught at elementary and Intermediate campuses. Esteem health surveys have been completed and sent back.

Counselors:

Abby states ILead curriculum is being worked on. Coming up will be 8th grade course selection for 9th grade. 5th grade will also be selecting their course for the upcoming 6th grade year. She states 2nd graders will be taking a tour of the intermediate campus here soon.

Family and Community Involvement:

The health community fair, coordinated by coastal bend wellness, took place on April 10th and had a good turnout. It is said that next year they would like to have more community health booths.

Health Promotion for Staff:

Health screenings for staff and community were completed and had a good turnout.

Energy Dinks:

It was discussed and voted to prohibit energy drinks for students on campus. Lisa reread the definition of energy drinks to members which will be added to the student handbook and wellness policy. It will also include a statement regarding the fact that it will be at the discretion of administration.

Recommendations for Health Initiatives:

Members mentioned the color fun run had a good turnout and suggested doing another one. It was also suggested that a fundraiser be carried out by nurses or counselors to help supply any needs they may have.

At this time members read over the Well-Sat policy assessment worksheets and made recommendations based on whether the policy was vague or well written. Worksheets will be reviewed to determine any changes needed to the wellness policy.

Meeting adjourned at 4:50