



JULY 2022

MENU SUBJECT TO
CHANGE
FRUIT, VEGETABLES &
MILK SERVED DAILY
QUESTIONS? CONTACT
JULIE PETERSON AT
jpeterson@nymills.k12.mn.us

MONDAY	TUESDAY	WED.	THURSDAY	FRIDAY
				1. No meals
4. NO MEALS	5 Uncrustable Cheese stick FRUIT OR JUICE ***** Pizza kits Chex mix Fruit & vegetables	6 Cereal Yogurt Fruit or juice ***** BEEF NACHOS REFRIED BEANS Fruit & vegetables	7 POPTARTS, GOLDFISH GRAHAMS, FRUIT OR JUICE ***** PULLED PORK ON A BUN, CHIPS FRUIT & VEGETABLES	Breakfast 7:30-9am MONDAY-THURSDAY
11 COOKS CHOICE FRUIT OR JUICE ***** CHICKEN LEGS, M. POTATOES, G. BEANS ROLL FRUIT & VEGETABLES	12 ASSORTED DONUTS CHEESE STICK FRUIT OR JUICE ***** SPAGHETTI W/ MEAT SAUCE. GARLIC TOAST FRUIT & VEGETABLES	13 UNCRUSTABLE H. B. EGG FRUIT OR JUICE ***** TURKEY SANDWICH ON A BUN, B. BEANS FRUIT & VEGETABLES	14 EGG & CHEESE BAGEL FRUIT OR JUICE ***** ASSORTED PIZZA CHEX MIX FRUIT & VEGETABLES	NO MEALS
18 BENEFIT BAR GOGURT FRUIT OR JUICE ***** TACO IN A BOAT REFRIED BEANS FRUIT & VEGETABLES	19 SAUSAGE, EGG & CHEESE UNCRUSTABLE SUNFLOWER SEEDS FRUIT OR JUICE ***** PIZZA & JELLO FRUIT & VEGETABLES	20 CEREAL ASSORTED GRAHAMS FRUIT OR JUICE ***** MEATBALL SUB, CHIPS FRUIT & VEGETABLES	21 ASSORTED MUFFINS CHEESE STICK FRUIT OR VEGETABLES ***** FAJITA CHICKEN WRAP CHIPS FRUIT & VEGETABLES	22 LUNCH 11-12:30 MONDAY - THURSDAY
25 RICE KRISPIE BAR BEEF STICK FRUIT OR JUICE ***** CHICKEN PATTY ON A BUN, CHIPS FRUIT & VEGETABLES	26 CEREAL ASSORTED GRAHAMS FRUIT OR JUICE ***** CHEF SALADS RICE KRISPIE BAR FRUIT & VEGETABLES	27 UNCRUSTABLES YOGURT FRUIT OR JUICE ***** CORN DOG, FRENCH FRIES, BAKED BEANS FRUIT & VEGETABLES	28 COOKS CHOICE FRUIT OR JUICE ***** PIZZA ASSORTED GRAHAMS FRUIT & VEGETABLES	NO MEALS