

Rappahannock County Elementary School Home to the Junior Panthers



“Respect, Community, Pride, Success”

2021-2022

Parent-Student Handbook

34 Schoolhouse Road, Washington, Virginia 22747 (540) 227-0200

Important Phone Numbers

School and Division Leaders

Rappahannock County School Board Office	227-0023
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Shannon Grimsley, Superintendent

Carol Johnson, Assistant Superintendent

Rappahannock County Elementary School	227-0200
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Lisa Gates, Principal

Jennifer Wissinger, Assistant Principal

Rappahannock County High School	227-0745
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Carlos Seward, Principal

Karen Sanborn, Admin Assistant

Courtney Atkins, Athletic Director

RCES Attendance Office	227-0200 ext. 3007
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Angie Jenkins

Rappahannock County School Board

John Mills, Chair

Jackson District

Rachel Bynum

Piedmont District

Larry Grove

Stonewall / Hawthorne District

Lucy (Pud) Maeyer

Hampton District

Chris Ubben

Wakefield District

All school division policies and regulations are available on our school division website at rappahannockschools.us and printed copies are available to citizens who do not have online access.

VISION AND MISSION STATEMENTS

Vision Statement

To empower every student to reach his or her full individual potential.

Mission Statement

Through educational opportunities, the mission for RCPS will be to promote a culture of learning, a roadmap for excellence, and the passion and character that leads to each student's success.

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PUBLIC NOTICE
NONDISCRIMINATION POLICY

In compliance with Executive Order 11246, Title II of the Education Amendment of 1976, Title VI of the Civil Rights Act of 1964, as amended by the Equal Employment Opportunity Act of 1972, Section 504 of the Rehabilitation Act of 1973, and all other Federal, State School rules, laws, regulations and policies, Rappahannock County Public Schools shall not discriminate on the basis of race, color, national origin, religion, gender, age, or disability in educational programs and activities. It is the intent of Rappahannock County Public Schools to comply with both the letter and spirit of the law in making certain that discrimination does not exist in its policies, regulations, and operations. Grievance procedures, for Title IX and Section 504, have been established for students, their parents and employees who feel discrimination has been shown by the school division. All students attending Rappahannock County Public Schools may participate in educational programs and activities, including but not limited to, health, physical education, music, career and technical education. Educational programs and services will be designed to meet the varying needs of all students and will not discriminate against any individual for reason of race, color, national origin, religion, gender, age or disability.

Any student who believes he or she has been the victim of prohibited discrimination should report the alleged discrimination as soon as possible to one of the Compliance Officers designated below or to any other school personnel. The alleged discrimination should be reported as soon as possible, and the report generally should be made within fifteen (15) school days of the occurrence. Further, any student who has knowledge of conduct which may constitute prohibited discrimination should report such conduct to one of the Compliance Officers or to any school personnel. Any employee who has knowledge of conduct which may constitute prohibited discrimination shall immediately report such conduct to one of the Compliance Officers.

Compliance Officer:	Alternate Compliance Officer
Dr. Carol Johnson	Michael Tupper
Asst. Superintendent	Executive Director of Student Support
6 Schoolhouse Road	6 Schoolhouse Rd.
Washington, VA 22747	Washington, VA 22747
Telephone: 540.227.0023	Telephone: 540-227-0023
cjohnson@rappahannockschoools.us	mtupper@rappahannockschoools.us

NONDISCRIMINATION STATEMENT

Rappahannock County Public Schools do not unlawfully discriminate on the basis of race, color, Rappahannock County Public Schools do not unlawfully discriminate on the basis of race, color, national origin, religion, gender, age, or disability in employment or in its educational programs and activities and provides equal access to the Boy Scouts and other designated youth groups

Family Educational Rights and Privacy Act

NOTICE FOR DIRECTORY INFORMATION

The Family Educational Rights and Privacy Act (FERPA) affords parents and students who are 18 years of age or older ("eligible students") certain rights with respect to the student's education records. These rights are:

1. The right to inspect and review the student's education records within 45 days after the day Rappahannock County Public Schools receives a request for access.

Parents or eligible students who wish to inspect their child's or their education records should submit to the school principal a written request that identifies the records they wish to inspect. The school official will make arrangements for access and notify the parent or eligible student of the time and place where the records may be inspected.

2. The right to request the amendment of the student's education records that the parent or eligible student believes are inaccurate, misleading, or otherwise in violation of the student's privacy rights under FERPA.

Parents or eligible students who wish to ask Rappahannock County Public Schools to amend their child's or their education record should write the school principal, clearly identify the part of the record they want changed, and specify why it should be changed. If the school decides not to amend the record as requested by the parent or eligible student, the school will notify the parent or eligible student of the decision and of their right to a hearing regarding the request for amendment. Additional information regarding the hearing procedures will be provided to the parent or eligible student when notified of the right to a hearing.

3. The right to provide written consent before the school discloses personally identifiable information (PII) from the student's education records, except to the extent that FERPA authorizes disclosure without consent.

One exception, which permits disclosure without consent, is disclosure to school officials with legitimate educational interests. The criteria for determining who constitutes a school official

and what constitutes a legitimate educational interest must be set forth in the school's or school districts annual notification for FERPA rights. A school official typically includes a person employed by the school or school district as an administrator, supervisor, instructor, or support staff member (including health or medical staff and law enforcement unit personnel) or a person serving on the school board. A school official also may include a volunteer, contractor, or consultant who, while not employed by the school, performs an institutional service or function for which the school would otherwise use its own employees and who is under the direct control of the school with respect to the use and maintenance of PII from education records, such as an attorney, auditor, medical consultant, or therapist; a parent or student volunteering to serve on an official committee, such as a disciplinary or grievance committee; or a parent, student, or other volunteer assisting another school official in performing his or her tasks. A school official typically has a legitimate educational interest if the official needs to review an education record in order to fulfill his or her professional responsibility.

4. The right to file a complaint with the U.S. Department of Education concerning alleged failures by Rappahannock County Public Schools to comply with the requirements of FERPA. The name and address of the Office that administers FERPA are:

Family Policy Compliance Office
U.S. Department of Education
400 Maryland Avenue, SW
Washington, DC 20202

Family Educational Rights and Privacy Act (FERPA)

The *Family Educational Rights and Privacy Act* (FERPA), a Federal law, requires that Rappahannock County Public Schools, with certain exceptions, obtain your written consent prior to the disclosure of personally identifiable information from your child's education records. However, Rappahannock County Public Schools may disclose appropriately designated "directory information" without written consent, unless you have advised Rappahannock County Public Schools to the contrary in accordance with Rappahannock County Public Schools procedures. The primary purpose of directory information is to allow Rappahannock County Public Schools to include information from your child's education records in certain school publications. Examples include:

- A playbill, showing your student's role in a drama production;
- The annual yearbook;
- Honor roll or other recognition lists;

- Graduation programs; and
- Sports activity sheets, such as for wrestling, showing weight and height of team members.

Directory information, which is information that is generally not considered harmful or an invasion of privacy if released, can also be disclosed to outside organizations without a parent's prior written consent. Outside organizations include, but are not limited to, companies that manufacture class rings or publish yearbooks. In addition, two federal laws require local educational agencies (LEAs) receiving assistance under the Elementary and Secondary Education Act of 1965, as amended (ESEA) to provide military recruiters, upon request, with the following information – names, addresses and telephone listings – unless parents have advised the LEA that they do not want their student's information disclosed without their prior written consent.

If you do not want Rappahannock County Public Schools to disclose any or all of the types of information designated below as directory information from your child's education records without your prior written consent, you must notify the Rappahannock County Public Schools in writing by August 31, 2020. Rappahannock County Public Schools has designated the following information as directory information:

- **Student's name**
- **Address**
- **Telephone listing**
- **Electronic mail address**
- **Photograph**
- **Date and place of birth**
- **Major field of study**
- **Dates of attendance**
- **Grade level**
- **Participation in officially recognized activities and sports**
- **Weight and height of members of athletic teams**
- **Degrees, honors, and awards received**
- **The most recent educational agency or institution attended**
- **Student ID number, user ID, or other unique personal identifier used to communicate in electronic systems but only if the identifier cannot be used to gain access to education records except when used in conjunction with one or more factors that authenticate the user's identity, such as a PIN, password, or other factor known or possessed only by the authorized user**
- **A student ID number or other unique personal identifier that is displayed on a student ID badge, but only if the identifier cannot be used to gain access to education records except when used in conjunction with**

one or more factors that authenticate the user's identity, such as a PIN, password, or other factor known or possessed only by the authorized user.

Rights under the Protection of Pupil Rights Amendment (PPRA)

PPRA affords parents certain rights regarding our conduct of surveys, collection and use of information for marketing purposes, and certain physical exams. These include the right to:

- *Consent* before students are required to submit to a survey that concerns one or more of the following protected areas (“protected information survey”) if the survey is funded in whole or in part by a program of the U.S. Department of Education (ED)–

1. Political affiliations or beliefs of the student or student’s parent;
2. Mental or psychological problems of the student or student’s family;
3. Sex behavior or attitudes;
4. Illegal, anti-social, self-incriminating, or demeaning behavior;
5. Critical appraisals of others with whom respondents have close family relationships;
6. Legally recognized privileged relationships, such as with lawyers, doctors, or ministers;
7. Religious practices, affiliations, or beliefs of the student or parents; or
8. Income, other than as required by law to determine program eligibility.

- *Receive notice and an opportunity to opt a student out of*–

1. Any other protected information survey, regardless of funding;
2. Any non-emergency, invasive physical exam or screening required as a condition of attendance, administered by the school or its agent, and not necessary to protect the immediate health and safety of a student, except for hearing, vision, or scoliosis screenings, or any physical exam or screening permitted or required under State law; and
3. Activities involving collection, disclosure, or use of personal information obtained from students for marketing or to sell or otherwise distribute the information to others.

- *Inspect*, upon request and before administration or use –

1. Protected information surveys of students;
2. Instruments used to collect personal information from students for any of the above marketing, sales, or other distribution purposes; and
3. Instructional material used as part of the educational curriculum.

These rights transfer to from the parents to a student who is 18 years old or an emancipated minor under State law.

Rappahannock County Public Schools will develop policies, in consultation with parents, regarding these rights, as well as arrangements to protect student privacy in the administration of protected information surveys and the collection, disclosure, or use of personal information for marketing, sales, or other distribution purposes. Rappahannock County Public Schools will directly notify parents of these policies at least annually at the start of each school year and after any substantive changes. Rappahannock County Public Schools will also directly notify, such as through U.S. Mail or email, parents of students who are scheduled to participate in the specific activities or surveys noted below and will provide an opportunity for the parent to opt his or her child out of participation of the specific activity or survey. Rappahannock County Public Schools will make this notification to parents at the beginning of the school year if the District has identified the specific or approximate dates of the activities or surveys at that time. For surveys and activities scheduled after the school year starts, parents will be provided reasonable notification of the planned activities and surveys listed below and be provided an opportunity to opt their child out of such activities and surveys. Parents will also be provided an opportunity to review any pertinent surveys. Following is a list of the specific activities and surveys covered under this requirement:

- Collection, disclosure, or use of personal information for marketing, sales or other distribution.
- Administration of any protected information survey not funded in whole or in part by ED.
- Any non-emergency, invasive physical examination or screening as described above.

Parents who believe their rights have been violated may file a complaint with:

Family Policy Compliance Office

U.S. Department of Education

400 Maryland Avenue, SW

Washington, D.C. 20202-5901

People to Know at School and How to Become Involved

Phone: 540-227-0200 Fax: 540-987-1130

Principal

Supervises all school staff, sets the learning goals of the school, and maintains a safe learning environment.

Mrs. Lisa Gates – Ext. 3205

Assistant Principal

Shares some of the administrative duties of the principal.

Mrs. Jennifer Wissinger – Ext. 3011

School Nurse

Deals with any medical emergencies and keeps track of medications that children need to take during the school day.

Mrs. Robyn Murray – Ext. 3012

Office Staff

Greets students and visitors, manages the office space, and maintains student records.

Mrs. Angie Jenkins – Ext. 3007

Mrs. Christy Taylor – Ext. 3008

Spanish Translator

Mrs. Viviana Tisera – Ext. 3123

Guidance Counselor

Provides classroom activities and individual support for children.

Ext. 3005

Child Study Chairperson

Meets with parents and teachers when a child has trouble in the classroom

Mrs. Lisa Gates : Ext. 3205

School Psychologist

Supports student learning through testing, and working with children, teachers, and parents.

Mrs. Kathy Zehr Rhodes – Ext. 3039

Attendance Officer & Volunteer Coordinator

Records absences and tardies, updates emergency contact information. Coordinates parent and community volunteers as they assist with activities and projects that support our students.

Mrs. Angie Jenkins – Ext. 3007

Student Support Services

Coordinates services with families, conducts home visits, and monitors attendance.

Mr. Mike Tupper – Ext. 3201

Get Involved:

You are an important team member in your child's education. The Parent-Teacher Organization (PTO) holds regular meetings that help you learn about your child's school. You can be as involved as you want, and schools are always happy to have parents take an active role in their child's education. You can contact our PTO President, Neshell Stoner, at pto@rappahannockschoools.us.

Communication Resources:

Check our website for the most up to date information: www.rappahannockschoools.us. You will find a link to RCES under the "Schools" tab. On the RCES page, open the "Teacher Web Pages" tab for information from your child's teacher.

Friday News is sent home with students once a week with information from teachers and other school personnel. This Information is also posted on the school website under the "Friday News" tab on the RCES website.

ATTENDANCE

Virginia statute (22.1-1) states that children are of school age if they have reached their fifth birthday on or before September 30 of the current school year. The State Compulsory Attendance Law requires that all children who are six years old by September 30 of the current school year, and those who have not reached their eighteenth birthday, must attend school regularly. ***Students who have chronic problems with attendance will be required to bring in a doctor's note for excessive absences, per the Student Code of Conduct.***

ATTENDANCE REGULATIONS AS REQUIRED BY VIRGINIA & THE RAPPAHANNOCK COUNTY SCHOOL BOARD

Student Attendance Policy

Student attendance is a cooperative effort and the School Board shall involve parents and students in accepting the responsibility for good attendance.

Each parent/guardian or person having control or charge of a child within the compulsory attendance age shall be responsible for such child's regular and punctual attendance at school as required under provisions of the law.

When your child is absent, you will receive a call to confirm you are aware. Please call the office if your phone number changes.

Students who are absent must bring a valid note stating the reason for absence upon returning to school. Unexcused absences shall be handled according to regulations issued by the superintendent.

Students shall attend school for a full day unless otherwise excused. Secondary students shall be scheduled for a full school day unless they are enrolled in a cooperative work-study program. The superintendent or designee must approve all other exceptions to a full day schedule on an individual basis.

SPECIAL CIRCUMSTANCES

- Suspensions: Students who have been suspended are expected to do schoolwork while suspended by contacting teachers and collecting assignments. The attendance office is available to facilitate this process. All assignments are due upon the student's return from school.
- Students attending school-sponsored activities, such as field trips, competitions, or extra-curricular activities, are considered to be present for that period of time.
- Funeral, illness (including mental health), injury, legal obligations, religious observances, and military obligations.

COMPULSORY ATTENDANCE REGULATIONS

I. Compulsory Attendance Procedures

Whenever a student fails to report to school on a regularly scheduled school day and no information has been received by school personnel that the student's parent is aware of and supports the absence, or the parent provides a reason for the absence that is unacceptable to the school administration, the school principal, principal's designee, attendance officer or other school personnel or volunteer notifies the parent by phone, email or other electronic means to obtain an explanation. School staff records the student's absence for each day as "excused" or "unexcused". Early intervention with the student and parent or parents takes place for repeated unexcused absences.

A. Upon Fifth Absence Without Parental Awareness and Support

If (1) a pupil fails to report to school for a total of five scheduled school days for the school year, and (2) there is no indication that the pupil's parent is aware of and supports the absence; and (3) a reasonable effort to notify the parent has failed, then the principal or principal's designee makes a reasonable effort to ensure that direct contact is made with the parent in person, through telephone conversation, or through the use of other communication devices to obtain an explanation for the pupil's absence and to explain to the parent the consequences of continued nonattendance. The school principal or principal's designee, the pupil, and the pupil's parent shall jointly develop a plan to resolve the pupil's nonattendance. Such plan shall include documentation of the reasons for the pupil's nonattendance.

B. Upon Additional Absences Without Parental Awareness and Support

If the pupil is absent for more than one additional day after direct contact with the pupil's parent and school personnel have received no indication that the pupil's parent is aware of and supports the pupil's absence, the school principal or principal's designee shall schedule a conference with the pupil, the pupil's parent and school personnel. Such conference may include the attendance officer and other community service providers to resolve issues related to the pupil's nonattendance. The conference shall be held no later than 10 school days after the tenth absence of the pupil, regardless of whether the student's parent approves of the conference. The conference team shall monitor the pupil's attendance and may meet again as necessary to address concerns and

plan additional interventions if attendance does not improve. In circumstances in which the parent is intentionally noncompliant with compulsory attendance requirements or the pupil is resisting parental efforts to comply with compulsory attendance requirements, the principal or principal's designee shall make a referral to the attendance officer. The attendance officer shall schedule a conference with the pupil and pupil's parent within 10 school days and may (i) file a complaint with the juvenile and domestic relations district court alleging the pupil is a child in need of supervision as defined in Va. Code § 16.1-228 or (ii) institute proceedings against the parent pursuant to Va. Code § 18.2-371 or § 22.1-262. In filing a complaint against the student, the attendance officer shall provide written documentation of the efforts to comply with the provisions of this policy. In the event that both parents have been awarded joint physical custody pursuant to Va. Code § 20-124.2 and the school has received notice of such order, both parents shall be notified at the last known addresses of the parents.

ABSENCE FROM SCHOOL

In order for a child to benefit fully from the educational program, it is important to attend school as much as possible. A note is required upon your child's return regardless of whether a parent has notified the school of an absence. A doctor's note is preferred when possible. **Please note that students who receive five unexcused absences will be required by law to attend a meeting with the attendance officer and their parents to develop an attendance plan.** Please refer to the Student Code of Conduct for the complete Absence policy.

All requests for make-up work must be received by 11:00 AM. Make up work materials may be picked up from the office at the close of the school day. (Office staff will place phone messages in teachers' mailboxes prior to lunch). Students may retrieve make up work upon their return to school for an absence of one day.

Leveled Attendance Intervention System (2021-2022)

Level 1:

1-2 absences, parents will call attendance office or will be contacted via phone by office

Level 2A:

3-5 absences, parents will also be contacted by student's teacher, doctor's note will be requested

Level 2B:

6-7 absences, parents and student will be required to meet with principal and attendance officer

Level 3:

8 absences, parent and student will be required to meet with the School Attendance Matters (SAM) Team

***9+ Absences will be referred to the Rappahannock County Public Schools Disciplinary Team for alternative education considerations**



RAPPAHANNOCK COUNTY PUBLIC SCHOOLS

6 Schoolhouse Rd.
Washington, VA 22747
Telephone (540) 227-0023
www.rappahannockschoos.us

August 9, 2021

Dear School Family,

Rappahannock County Public Schools values your child's attendance in school every day! While school attendance always matters, it is even more important this school year based on new requirements set forth by the *Every Student Succeeds Act of 2015*. Our school division's accreditation will now be linked to students' attendance, with students having 10 or more absences having a negative impact on our school division's accreditation rating.

RCPS wants to support our students and families in ensuring that students have good school attendance. To this end, a *Leveled Attendance Intervention System* will be utilized this school year to provide proactive strategies to improve students' attendance by offering a tiered system of supports as follows:

- *Level 1: 1-2 student absences will result in parent contact by the school office*
- *Level 2A: 3-5 student absences will result in parents also being contacted by the student's teacher and a request for a doctor's note*
- *Level 2B: 6-7 student absences will result in parents and student being required to meet with the principal and attendance officer*
- *Level 3: 8 student absences will result in the parents and student being required to meet with the School Attendance Matters Team (SAM Team).*

****9+ absences will be referred to the Rappahannock County Public Schools Disciplinary Team for alternative education considerations.***

Again, the intent of this system is to provide proactive support for student and families to ensure that every child is in school every day unless illness prevents attendance! Doctor's notes will be calculated in this system to reduce students' total number of absences.

Please review these attendance guidelines with your child/children, and sign the designated form indicating that you have been notified of the *Leveled Attendance Intervention System*. A quick reference diagram of this process is included on the back of this letter. Thank you in advance for your support of student attendance!

Sincerely,

Dr. Shannon Grimsley
RCPS Superintendent

Carol Johnson
Asst. Superintendent

FUNDRAISING

At various times during the year, fundraising activities will be conducted by RCES students. At no time is a RCES student to conduct “door to door” sales. Whenever sales are to be made outside of the student’s home, a parent/guardian must accompany the student. Close friends and neighbors are not considered part of the student’s family, and the parent/guardian must accompany the student to the home/business of close friends and neighbors as well as the general public. The parent/guardian must accompany the student whenever money is to be exchanged. All fundraising must be approved by the principal, the superintendent of schools, and the Rappahannock County School Board prior to the event.

HOMEWORK STUDY HINTS

1. Find a quiet place to work with good light, where YOU are comfortable.
2. Do not allow anyone to interrupt. Put away electronics until your homework is finished.
3. Talk to your parents and arrange a time that is mutually agreeable for your homework/study time.
4. Expect your parents to give you help with methods and directions, but do not expect answers from them, or to have them do your homework for you.
5. If you are having trouble understanding directions, read the directions aloud to yourself or a parent.
6. When working on a large project, break it up into a number of small tasks that can be completed during one work study session. Remember the old saying.... the way to eat a large elephant is one bite at a time!
7. Study for big tests over two or three days. Do not wait until the night before to “cram” for a test.
8. Students in grades 3-7 should write all assignments in their student planner daily. Have a parent sign and date your homework when you are finished. Your teacher will appreciate knowing your parents are helping you, and it will inform your teacher of your success or problems with homework.
9. If you are having trouble with homework, talk to your teacher.

Drop-Off/Pick-Up Procedure

Morning Drop-Off:

Arrival Time-No earlier than 7:50

- All car riders must be dropped off in the unloading area designated on the right side of the front parking lot.
- Students may not be let out of cars in the driving lane at any place other than in the designated unloading area.
- Any parent needing to walk a child to the building must park in a parking space and walk in through the main entrance, immediately checking in the office.
- Stopping in the driving area causes reduced visibility and a back-up of cars, creating greater risk of an accident.
- There are two crosswalks designated for pedestrian traffic. These have staff members on duty to maintain safety. Please do not use a crosswalk that does not have a staff member present, for your own safety.
- All students arriving after 8:20 must report to the main office and will receive a tardy slip to present to their teacher. Please bring your child to the front entrance if you arrive after 8:20. Staff members will not be at drop off points.

End of Day/ Student Release:

- All guardians will need to obtain a parent pick up pass from the school to display when picking up your child. You may also be asked to show ID.
- Parent pick-up will be at the back of the school in a designated area with cones. Parents must stay in their car and students will be brought to the car by a staff member.
- Students may only leave school with a parent/guardian that has a parent pick up pass. Prior permission must be obtained from the parent/guardian before a student is released to leave school with anyone other than a parent/guardian.
- Students must have written permission to ride home in a manner that is different from their normal routine.
- **Any changes in transportation plans must be received by 2:00 p.m. to ensure that the changes will be implemented.**

- If you must pick up your child early for an appointment, they must be signed out in the front office.
- Car riders are called to the cafeteria at 2:50. We will start our parent pick up line at approximately 3:00. No car riders will be paged or called from classrooms prior to this time to ensure your child's safety. Please be aware of crossing guards and staff members when driving through campus during dismissal time. Buses will be exiting the bus lane from 3:05-3:20 daily. Please allow buses to exit. All times are subject to change.
- **No one will be allowed to cross the bus lane from the parking lot at any time during afternoon dismissal. Please wait until the buses have dismissed and the lane is clear to cross.**

***Please DO NOT enter the bus lane during the time periods 7:40-8:40 A.M. and 2:40-3:45 P.M.**

Dismissal Precautions

Principals do not release a student during the school day to any person not authorized by the student's parent/guardian to assume responsibility for the pupil. Students are released only on request and authorization of parent or guardian. The superintendent establishes procedures for release of pupils who are not residing with or under the supervision of a parent/guardian. The burden of proof on the authority of the person to receive the student is on the requesting party. A formal check-out system is maintained in each school.

Visiting Procedures (We will continue to follow CDC guidelines for the 2021-2022 School Year)

All parents are encouraged to visit the school often to become involved in the learning experiences of their children and to talk with their teachers. It is essential that all visitations be carefully monitored to ensure the safety of our school and to protect students' instructional time. All parents/visitors who enter the building are asked to use the intercom system located at the entry door. All visitors should state their name and reason for the visit. A valid driver's license will be requested by school officials prior to entering the building. A visitor's pass will be issued and must be worn at all times while on school property. Parents/visitors must have a scheduled appointment to proceed elsewhere in the building.

Parents/visitors who would like to have lunch with their child should notify the teacher by a note or e-mail no later than the morning of the visit. Any parent who arrives at school and has an urgent reason to visit their child's classroom must receive verbal permission from the principal. Any visitor who refuses to follow these procedures or causes a disruption will be asked to leave the property and will risk the loss of future visitation.

OLWEUS BULLY PREVENTION PROGRAM

The OLWEUS Bully Prevention program was introduced in the 2011-12 school year. We will continue efforts to stamp out bullying in our school. Bullying means any aggressive and unwanted behavior that is intended to harm, intimidate, or humiliate the victim; involves a real or perceived power imbalance between the aggressor or aggressors and victim; and is repeated over time or causes severe emotional trauma. Bullying includes cyber bullying. "Bullying" does not include ordinary teasing, horseplay, argument or peer conflict. Through a focus on positive character virtues, our school's anti-bullying rules are:

1. We will not bully others.
2. We will try to help students who are bullied.
3. We will try to include students who are left out.
4. If we know someone is being bullied we will tell an adult at school and an adult at home.

Please help us to reinforce these rules at home and school in order to provide a safe and secure school environment free from intimidation and hurt.

STUDENT COMPLAINT PROCEDURE

The following complaint procedure is established to report suspected discrimination or harassment:

- A. Suspected discrimination or harassment should be reported using the "Report of Discrimination" form (JBA, P. 5) or the "Report of Harassment" form (JFHA-F) within 15 school days of the occurrence and given to a school staff member, the building principal, or the Compliance Officer.
- B. An investigation will be conducted that should generally be completed within 14 school days*. Written receipt of the complaint will be provided. A written report will be given to the Superintendent.
- C. The Superintendent shall issue a decision in writing to the complainant within 5 school days of receiving the report.
- D. An appeal of the Superintendent's decision may be given to the School Board within 5 school days of receiving this decision. The School Board will make a decision regarding the appeal within 30 calendar days.

Complaints should be submitted in writing to the Compliance Officer or Alternate Compliance Officer, 6 Schoolhouse Rd., Washington, VA 22747. The full policy of GB and GBA can be found on the RCPS website at <http://www.rappahannockschools.us> by clicking on School Board, then click policies, then click section G (personnel).

GRADE PLACEMENT

Grade placement of six year old students entering school for the first time is at the discretion of the school staff, and will be determined by the child's readiness and academic skills. Students transferring from another school to RCES will be placed in the grade level determined by placement in the previous school and recommendations of instructional staff based on local testing and previous achievement.

GRADING SCALE

The Rappahannock County School Board adopted a grading scale as follows:

Class Grade	Letter Grade
97-100	A+
93-96	A
90-92	A-
87-89	B+
83-86	B
80-82	B-
77-79	C+
73-76	C
70-72	C-
67-69	D+
61-66	D
60 and below	F

REPORT CARDS

The purpose of the report card is to give the parents a report of the progress that their child has made during that reporting period. In grades K-7, report cards are issued every nine weeks. Each parent should examine the report card carefully and contact the teacher for a conference to discuss any questions concerning the child's progress. Each report should be signed by the parent before it is returned to school. If a report card is lost or damaged beyond use, a new one can be issued by the office.

PARENT / TEACHER CONFERENCES

Conferences will be scheduled on October 7, 2021 (school closed for students) and then again on February 10, 2022 (12:00 early release for students). We hope that parents take this opportunity to talk with teachers concerning their child's progress in school. Parents are also urged to contact teachers when any other concerns or questions arise during the school year.

PARENT PORTAL

Parents can access their child's grades and attendance records through the Parent Portal connection of Power School student data system. User ids and passwords must be obtained in person through the Main Office. Parents can access period attendance and grades for assessments recorded in the database. Teachers can be contacted through the portal via e-mail.

Parents are encouraged to request a Parent Portal access in order to monitor student progress and foster informed communication with teachers and the school.

Access will not be granted to persons other than the documented parent/guardian of the requested child. User ids and passwords should be kept secure.

User IDs and passwords will not be emailed, mailed, or faxed. They can only be distributed in person for security purposes. Identification may be required to pick up access information.

INCOMPLETE GRADES

Students who have incomplete grades at the end of the nine-weeks will be given "I" on the report card. This grade will be changed after a grade is received from the teacher. Make sure you keep up with your work and complete all assignments.

HONOR ROLL

The staff members of RCES believe that academic achievement should be recognized. In an effort to encourage achievement, an A honor roll and an A-B honor roll will be published and displayed each grading period for grades 4-7. The A honor roll requires that the student have all A's in the graded subject areas for that marking period. The A-B honor roll requires that the student have all A's and/or B's in the graded subject areas for that marking period.

PROMOTION / TRANSFER DECISIONS

Students are promoted to the next grade at the end of the school year based on their academic progress and mastery of grade level standards. In the event that a student is experiencing academic difficulty, parents will be invited to meet with teachers. Options for the student's placement in the next grade level will be discussed and decided based on the best interests of the student.

Rappahannock County Schools' Retake Procedure

Rappahannock County Schools expects all teachers to teach content-to-mastery which is defined as a student demonstrating 80% of content knowledge. To inform their instruction, all teachers perform periodic assessments of content mastery achieved by their students. It is the expectation that all students who do not master content knowledge are re-evaluated and re-assessed in an appropriate manner. Remediation will be given to students in class, resource periods, or other times scheduled by the teacher and student.

In grade K-7, if additional remedial time is needed before a grade-altering re-assessment, it is the responsibility of the teacher to schedule this time with the student. In grades 8-12, if additional remedial time is needed before a grade-altering assessment, it is the responsibility of the student to schedule additional remedial time with the teacher.

Reassessment can take many forms and often does not reflect a change in a student's grade. Reassessment strategies include verbal one-on-one questioning, elaboration on answered questions, alternative assignments, essay questions, hands-on demonstrations, or a retest. Grade-altering reassessments must conform to the following*:

- 1) A retest, if used as the reassessment, must be different from the original assessment.
- 2) A student will, if he or she earns a score lower than the level of mastery (80%) have one opportunity to improve their grade on each major assessment. A major assessment is defined as a cumulative or unit test, project, paper, or other assignment categorized as a major assessment by the teacher.
- 3) Before the reassessment can be grade-altering, the following criteria must be met **within 5 school days** after the return of the original assessment:
 - a) A parent/guardian must sign the original assessment and acknowledge the issuance of a grade-altering retest. If unable to obtain a parent signature, the parent will be contacted in another manner.

- b) A remedial assignment must be independently completed by the student as a check for demonstration of mastery before the reassessment is given.
 - c) The teacher will keep students and parents informed of retake deadlines. This communication may take place through agendas and weekly newsletters, as well as being posted in writing within the classroom.
- 4) The student's grade will be affected in the following manner:
- a) The grade for the major assessment will be the higher of the two grades, **NOT** the average of the two.
 - b) The grade that is recorded in the grade book will be capped at 80% to indicate a notation of mastery.

**Note: Grade-altering reassessments will not be offered in AP or Dual Enrollment classes and RCHS semester exams.*

Gifted & Talented Information

RCES implements a curriculum that is appropriate for students to provide a growth in learning. We realize that our students have exceptional needs and require additional or different services to reach their potential for achievement. Our staff works together to find those students and provide differentiated instruction through opportunities for extension, acceleration, and/or enrichment. Identified gifted students may require special services as both a group or as individuals. You can learn more about the program, contests and enrichment opportunities through our [website](#) at Gifted Program under RCPS Instruction.

State Formative Assessments:

Preschool-2nd Grade-PALS (Phonological Awareness Literacy Screening)

<https://palsresource.info/assessments/>

Kindergarten-VKRP (Virginia Kindergarten Readiness Program) <https://vkrponline.org/>

Grades 3-7 SOL Testing (Standards of Learning) <https://www.doe.virginia.gov/testing/index.shtml>

*Students will be tested throughout the school year to observe progress rather than just in the spring.

3rd-Reading, and math

4th-Reading, math, VA Studies

5th-Reading, math, and science

6th-Reading and math

7th Reading, math, and civics

Rappahannock County Public Schools provides instruction concerning

- drugs and drug abuse,
- the public safety hazards and dangers of alcohol abuse, underage drinking, underage marijuana use, and drunk driving, and
- the health and safety risks of using tobacco products, nicotine vapor products, and alternative nicotine products.

ELECTRONIC DEVICES/CELL PHONES

Electronic devices are not allowed to be used during the school day and should not be visible. The RCES administration strongly discourages students from bringing these electronic devices to school as a security precaution. **Pictures and/or videos may not be taken at school.** RCPS does NOT accept responsibility for the loss of or damage to personal electronic devices. **Students may possess cell phones but student cell phones must remain out of sight and turned off during the academic school day unless used for instructional purposes with teacher permission.** Cell phones will be placed in a designated area in the classroom unless specified differently from the teacher or administration. Cell phones that are a disruption to instruction may be confiscated from the student and returned only to the student's parent. School phones will continue to be available for students to call parents for legitimate reasons. A student who violates the cell phone usage policy at school has a diminished expectation of privacy.

MOMENT OF SILENCE

The Rappahannock County School Board recognizes that a moment of silence before each school day prepares students and staff for their respective work on school days. Therefore, each teacher shall observe a moment of silence at the beginning of the first class of each school day. The teacher responsible for each class shall make sure that each student remains seated and silent and does not disrupt or distract other students during the moment of silence. The moment may be used for any lawful silent activity, including personal reflection, prayer and meditation. However the teacher responsible for each class shall not influence, in any way, students to pray or meditate during the moment of silence. Students and employees are prohibited from praying aloud during the moment of silence.

SCHOOL RECORDS

Requests for school records to be sent to other school divisions should be directed to the main office at RCES. A copy charge of \$.25 per page may be required for any additional copies of records. Requests

for review of school records should be directed to the elementary school principal for students in grades Pre-K through 7.

Parents of students, or eligible students, may inspect and review the student's education records without unnecessary delay and before any meetings regarding an IEP or hearing involving a student with a disability. Parents or eligible students should submit to the principal a written request which identifies as precisely as possible the record or records he or she wishes to inspect. Further, parents shall have a right to a response from the school division to reasonable requests for explanations and interpretations of the education record.

Other details of the Student Record Procedure, such as challenging information, disclosing information, destroying records, the cost of copying, etc., may be obtained by any parent or eligible student by requesting a copy of the procedure from the school principal.

MONEY

Students should bring to school only the amount of money needed for that school day. Students are responsible for their own money. Unless related to a school function or activity, there is to be no buying or selling of items at school. Teachers are not and cannot be responsible for lost or stolen money. Money will not be loaned by the office staff, and should not be borrowed from other students.

BREAKFAST & LUNCH INFORMATION

Children need healthy meals to learn. Every Rappahannock County Public School student is eligible for **FREE** breakfast and lunch each school day during the 2021 - 2022 school year. Students may purchase a la carte items such as bottled water, chips, ice cream, etc. through their lunch account. Money can be added to their lunch account through cash/check in person or online at www.K12paymentcenter.com. Families are still strongly encouraged to complete the free & reduced application for additional benefits and to support school funding. Applications are located in the school office or can be completed online at www.lunchapplication.com. Please call the cafeteria manager at 540-227-0200 ext. 3006 with any questions.

STUDENT INSURANCE

Student accident insurance is available for anyone wishing to participate. The fees for the current school year are included in your child's back to school package.

TEXTBOOKS

Books will be signed out by parents, and students/parents are responsible for returning these books at the end of the school year in the same condition, taking into account normal wear. All students will be assigned appropriate textbooks for use at school. Parents may request an additional copy of a textbook for use at home.

SCHOOL CLINIC

Our school nurse is committed to a safe and healthful school environment that facilitates learning. The following sections of this handbook address health issues.

ACCIDENTS AND ILLNESS

Any student who becomes ill or is injured at school will be brought to the clinic for appropriate care. Children are permitted to leave school only with permission of a parent. All children leaving school must be signed out in the office. Children must stay home until fever and vomiting have stopped for 24 hours before returning to school.

Parents or guardians of any student who becomes seriously ill or is involved in an accident while at school will be notified immediately and, if necessary, the student will be transported to a hospital emergency room as the individual case may require. In order to prevent delay in an emergency, please notify the school office immediately if you have a change of address or telephone number. **We must have an emergency contact person for each child enrolled in school.**

CHRONIC ILLNESS

The clinic will be available during school hours to any child who has a chronic illness that requires special attention. Nebulizer machines are available for use in the clinic for those students who require breathing treatments at school. Families are asked to provide tubing, medication and the doctor's orders for the treatments. If your child has other special health needs, please don't hesitate to see the school nurse.

MEDICATION

All medications must be brought to school by a parent or guardian. **No medication is allowed on school buses.** This includes over-the-counter medications (Tylenol, cough syrup, cough drops, Benadryl, etc.) as well as prescription medications. In the event medication is sent to school with a student, the parent

or guardian will be notified by telephone that the medicine will not be administered by school staff.

Any student found to possess over-the-counter or prescription medication may be subject to disciplinary action according to school division policy on illegal substances. Please refer to the Student Code of Conduct for specific disciplinary actions.

Commonly used over-the-counter medications may be given to a student only with written permission from the parent or guardian. Such permission shall include the name of the medication, the required dosage and the time the medication is to be given. Such medicine must be in the original container and delivered to the principal, school nurse or school division designee by the parent / guardian of the student. Medication in a container other than the original container will not be accepted.

If a student is taking any medication, prescription or non-prescription, a note similar to the one in the section entitled, "Request for the Administration of Medicine" (p. 31), should be brought to school with the medicine by a parent or guardian. If it is a non-prescription medication, simply write "non-prescription" in the blank for "Doctor's Name". Any prescription medication that is to be given daily at the school must be in the prescription bottle, with the current prescription label. (The first dose of any newly prescribed medication must be given by the parent.)

ADMINISTERING MEDICINES TO STUDENTS

Self-Care and Self-Administration of Medication

Each enrolled student who is diagnosed with diabetes, with parental consent and written approval from the prescriber, is permitted to

- carry with him and use supplies, including a reasonable and appropriate short-term supply of carbohydrates, an insulin pump, and equipment for immediate treatment of high and low blood glucose levels, and
- self-check his own blood glucose levels on school buses, on school property, and at school-sponsored activities.

A School Board employee, as defined in Va. Code § 22.1-274.E, who is a registered nurse, licensed practical nurse, or certified nurse aide and who has been trained in the administration of insulin, including the use and insertion of insulin pumps, and the administration of glucagon may assist a student who is diagnosed with diabetes and who carries an insulin pump with the insertion or reinsertion of the pump or any of its parts. Prescriber authorization and parental consent shall be obtained for any such employee to assist with the insertion or reinsertion of the pump or any of its

parts. Nothing in this policy requires any employee to assist with the insertion or reinsertion of the pump or any of its parts.

Self-Administration of Asthma Medications and Auto-Injectable Epinephrine

Students with a diagnosis of asthma or anaphylaxis, or both, are permitted to possess and self-administer inhaled asthma medications or auto-injectable epinephrine, or both, as the case may be, in accordance with this policy during the school day, at school-sponsored activities, or while on a school bus or other school property. A student may possess and self-administer asthma medication, or auto-injectable epinephrine, or both, when the following conditions are met:

- Written parental consent that the student may self-administer inhaled asthma medications or auto-injectable epinephrine, or both, is on file with the school.
- Written notice from the student's health care provider is on file with the school, indicating the identity of the student, stating the diagnosis of asthma or anaphylaxis, or both, and approving self-administration of inhaled asthma medications or auto-injectable epinephrine, or both, that have been prescribed for the student; specifying the name and dosage of the medication, the frequency in which it is to be administered and the circumstances which may warrant its use; and attesting to the student's demonstrated ability to safely and effectively self-administer the medication.
- An individualized health care plan is prepared, including emergency procedures for any life-threatening conditions.
- There is a consultation with the student's parent before any limitations or restrictions are imposed on a student's possession and self-administration of inhaled asthma medications and auto-injectable epinephrine, and before the permission to possess and self-administer inhaled asthma medications and auto-injectable epinephrine at any point during the school year is revoked.
- Self-administration of inhaled asthma medications and auto-injectable epinephrine is consistent with the purposes of the Virginia School Health Guidelines and the Guidelines for Specialized Health Care Procedure Manual, which are jointly issued by the Virginia Department of Education and the Virginia Department of Health.
- Information regarding the health condition of the student may be disclosed to school board employees in accordance with state and federal law governing the disclosure of information contained in student scholastic records.

Permission granted to a student to possess and self-administer asthma medications or auto-injectable epinephrine, or both, will be effective for a period of 365 calendar days, and must be renewed annually. However, a student's right to possess and self-administer inhaled asthma medication or auto-injectable epinephrine, or both, may be limited or revoked after appropriate school personnel consult with the student's parents.

Epinephrine

Pursuant to an order or standing protocol issued by the prescriber within the course of his professional practice, any school nurse, School Board employee, employee of a local appropriating body or employee of a local health department who is authorized by a prescriber and trained in the administration of epinephrine may possess epinephrine and administer it to any student believed to be having an anaphylactic reaction.

Albuterol Inhalers

Albuterol inhalers and valved holding chambers are stocked in each school in the division to be administered by any school nurse, employee of the School Board, employee of a local appropriating body, or employee of a local health department who is authorized by the local health director and trained in the administration of albuterol inhalers and valved holding chambers for any student believed in good faith to be in need of such medication.

Regulation

The superintendent shall develop a regulation for administration of medicines to students. The regulation shall include provisions for the handling, storage, monitoring, documentation and disposal of medication.

FOOD ALLERGIES AND EPI-PEN REQUIREMENTS

Anaphylaxis is a severe systemic allergic reaction caused by exposure to allergens. This results in a rapid onset of symptoms that can be fatal. Common allergens that can cause an allergic reaction are: fish, shellfish, milk, tree nuts, eggs, peanuts, soy and wheat. Also included are: latex, insect venom, medications, and animal dander. An allergic reaction can last for up to two hours after coming into contact with the allergen.

Rappahannock County Public Schools follows the state requirement of having two doses of auto-injectable epinephrine, or assigned stock epinephrine in each of our schools. It will be administered by a trained staff member to any student that is believed to be experiencing an anaphylactic reaction at school during the academic day. *The Code of Virginia* (§8.01-225) provides civil protection for employees of a school board who are appropriately trained to administer epinephrine.

Parents of students with known allergies that are life threatening and/or can cause anaphylaxis need to provide the school, on an annual basis, with orders for the student written by the student's health care provider, and the necessary medical supplies, to include two Epi-Pens- one to be kept with the student and one to be kept in the school clinic. Upon the administration of an Epi-Pen to a student while at school, emergency services will be called and the parent will be notified.

FAAN, 2012.

CONTAGIOUS DISEASES

School Law 22-249 of the Code of Virginia reads in part, "Persons suffering with contagious or infectious disease shall be excluded from the public schools while in that condition". Parents will be notified to pick up children who show symptoms of contagious disease. Parents are asked to keep children at home if they show symptoms of contagious illness for the protection of the other children. Some examples of contagious diseases are: pinkeye, ringworm, chicken pox, Fifth disease and strep throat. Please do not send your child to school if they exhibit symptoms of these diseases

LICE

The following procedure is one that we hope will help control the occurrence and spread of head lice in the school. Please note the following lists:

Procedure Followed When a Case of Head Lice is detected:

1. The child comes to the clinic for the school nurse to check the hair of the student.
2. If live lice are discovered, or the hair has numerous nits, the school nurse will call to inform the parent and recommend that the child be picked up from school to start the treatment protocol for head lice.
3. The school nurse will review the proper way to treat the hair, the home, the car, coats, and backpacks prior to returning to school.

Other Steps That May Be Taken:

1. Children may be instructed to keep their coats on the backs of their chairs or in backpacks.
2. Cloth items from the classroom may be sent home to be washed or bagged.
3. Carpets are vacuumed daily, with particular care given to affected classrooms.

Rappahannock County Elementary School
Request for the Administration of Medication

I request that the school nurse or other trained staff member at Rappahannock County

Elementary School give my child: _____

(Name of child)

The medication prescribed by: _____

(Doctor's Name)

The Name of the Medication Prescribed: _____

The Dosage and Time to be given: _____

How long will the medication will be given at school: _____

All year: _____ yes OR Until Completed: _____ (Date)

*** All medication will be furnished by me in the prescription labeled container supplied by the pharmacy. It must be current and contain the prescribed dosage of medication. I must bring the medication to the school nurse. Students are not allowed to have medications in their back packs, on the school buses, or in their lunch containers.

Signature of parent/guardian: _____ Date: _____



Rappahannock County Elementary School

34 Schoolhouse Road

Washington, Virginia 22747

(540) 227-0200



Lisa Gates, Principal

Jennifer Wissinger, Assistant Principal

Dear Parent of Students in Grades Five through Twelve:

Eating disorders are serious health problems that usually start in childhood or adolescence and affect both girls and boys. With early diagnosis, eating disorders are treatable with a combination of nutritional, medical, and therapeutic supports. Recognizing the importance of early identification of at-risk students, the 2013 Virginia General Assembly passed a law requiring each school board to provide parent educational information regarding eating disorders on an annual basis to students in the fifth through twelfth grades.

It is important to note that eating disorders are not diagnosed based on weight changes as much as behaviors, attitudes, and mindset. Symptoms may vary between males and females and in different age groups. Often, a young person with an eating disorder may not be aware that he/she has a problem or keeps the issues secret. Parents/guardians and family members are in a unique position to notice symptoms or behaviors that cause concern. Noting behaviors common to people with eating disorders may lead to early referral to the primary care provider. It is important for eating disorders to be treated by someone who specializes in this type of care.

After reviewing the information on the next page, if you think your child may be displaying signs of a possible eating disorder, please contact your primary health care provider, school nurse, or one of the resources listed below.

- Academy for Eating Disorders (AED)
<http://www.eatingdisorderhope.com/information/help-overcome-eating-disorders/non-profits-organizations/aed>
- Families Empowered and Supporting Treatment of Eating Disorders (F.E.A.S.T.)
www.feast-ed.org
- National Eating Disorders Association
www.nationaleatingdisorders.org
Toll free, confidential Helpline, 1-800-931-2237

Additional resources may be found at:

- Virginia Department of Education
http://www.doe.virginia.gov/support/health_medical/index.shtml, under the section titled, Eating Disorders

Sincerely,
Lisa Gates

RCES Principal

Please address any questions to:

540-227-0200

Robyn Murray, School Nurse x 3012

What Are Eating Disorders?

Eating disorders are real, complex, and devastating conditions that can have serious consequences for health, productivity, and relationships. They are not a fad, phase or lifestyle choice. They are potentially life-threatening conditions affecting every aspect of the person's functioning, including school performance, brain development, emotional, social, and physical well-being.

Eating disorders can be diagnosed based on weight changes, but also based on behaviors, attitudes and mindset. Be alert for any of these signs in your child.

Eating disorders affect both males and females of all ages.

Key things to look for around food:

- ☐ Eating a lot of food that seems out of control (large amounts of food may disappear, you find a lot of empty wrappers and containers hidden)
- ☐ Develops food rules—may eat only a particular food or food group, cuts food into very small pieces, or spreads food out on the plate
- ☐ Talks a lot about, or focuses often, on weight, food, calories, fat grams, and dieting
- ☐ Often says that they are not hungry
- ☐ Skips meals or takes small portions of food at regular meals
- ☐ Cooks meals or treats for others but won't eat them
- ☐ Avoids mealtimes or situations involving food
- ☐ Goes to the bathroom after meals often
- ☐ Uses a lot of mouthwash, mints, and/or gum
- ☐ Starts cutting out foods that he or she used to enjoy

Key things to look for around activity:

- ☐ Exercises all the time, more than what is healthy or recommended – despite weather, fatigue, illness, or injury
- ☐ Stops doing their regular activities, spends more time alone (can be spending more time exercising)

Physical Risk Factors:

- ☐ Feels cold all the time or complains of being tired all the time. Likely to become more irritable and/or nervous.
- ☐ Any vomiting after eating (or see signs in the bathroom of vomiting – smell, clogged shower drain)
- ☐ Any use of laxatives or diuretics (or you find empty packages)

Other Risk Factors:

- ☐ Believes that they are too big or too fat (regardless of reality)
- ☐ Asks often to be reassured about how they look
- ☐ Stops hanging out with their friends
- ☐ Not able to talk about how they are feeling
- ☐ Reports others are newly judgmental or “not connecting”

If Your Child Shows Signs of a Possible Eating Disorder

Weight is NOT the only indicator of an eating disorder, as people of all sizes may be suffering

How to Communicate with Your Child

- Understand that eating disorder sufferers often deny that there is a problem.
- Educate yourself on eating disorders
- Ask what you can do to help
- Listen openly and reflectively
- Be patient and nonjudgmental
- Talk with your child in a kind way when you are calm and not angry, frustrated, or upset
- Let him/her know you only want the best for him/her
- Remind your child that he/she has people who care and support him/her
- Be flexible and open with your support
- Be honest
- Show care, concern, and understanding
- Ask how he/she is feeling
- Try to be a good role model- don't engage in 'fat talk' about yourself
- Understand that your child is not looking for attention or pity
- Seek professional help on behalf of your child if you have ANY concerns

Seek assistance from a medical professional as soon as possible; because they are so complex, **eating disorders should be assessed by someone who specializes in the treatment of eating disorders**. The earlier a person with an eating disorder seeks treatment, the greater the likelihood of physical and emotional recovery.

STUDENT CONDUCT EXPECTATIONS

Students are expected to conduct themselves in an orderly, courteous, dignified and respectful manner at all times. Each student should place personal emphasis on the development of self-respect, respect for others and respect for property.

Please consult the **RCES Code of Student Conduct** for a detailed explanation of conduct expectations.

CODE OF RESPONSIBLE STUDENT DRESS

Students are expected to observe a Code of Responsible Student Dress. This code helps create and ensure a healthy, safe, and effective learning environment for everyone. It promotes a school atmosphere of respect, civility, pride, self-esteem and cohesiveness, reinforces community values and positive respect for authority and discipline. This code applies to all students in Rappahannock County Elementary School while present on or using school or school-controlled property and while attending school-related events or activities. Administrators reserve the right to make final judgment related to dress code. Dress code specifics can be found in the Student Code of Conduct Handbook.

SEARCH AND SEIZURE

To maintain order and discipline in the school and to protect the health, safety and welfare of students and school personnel, school officials may conduct a search of a student. A student's person and / or personal effects (purse, book bag, etc.) may be searched by a school official whenever the official has reasonable suspicion to believe that the student has violated or is about to violate the law or a school rule and that the search will yield evidence of the violation. If a search is conducted, it will be conducted in private by a school official with an adult witness present.

JUNIOR PANTHER ATHLETIC PROGRAMS

Students in grades 6 through 8 may participate in the Junior Panther Athletic Program provided they meet the eligibility requirements set by the Rappahannock County Public Schools Athletic Department. Specific details concerning all Junior Panther Athletic policies can be found in the *Junior Panther Athletic Handbook* available through the Rappahannock County Public Schools Athletic Director, located at the Rappahannock County High School.

FIELD TRIPS

Each student must have written permission from his or her parent or guardian to go on any field trip. All students should conduct themselves as representatives of the school and follow guidelines including code of conduct as if they were on school grounds. Students are allowed to go on field trips under the condition that their daily classroom behavior is acceptable to their teachers and the administrative staff.

Any parent wishing to chaperone a trip must follow the guidelines set for selection to be a chaperone. Chaperones must follow all school rules on field trips.

JR PANTHER PRIDE CLUBS

RCES will have Pride Club Day on the 3rd Wednesday of each month starting in September. Pride clubs will assist in the continuation of building our students social and emotional skills. Your child will experience a variety of clubs in grades Prek-1st. In grades 2nd-7th, students will have the opportunity to pick a club of their choice.

SAFETY DRILLS

Fire Drills

Each school holds a fire drill at least twice during the first 20 school days of each session. Each school holds at least two additional fire drills during the remainder of the school session. Evacuation routes for students are posted in each room. No fire drills are conducted during periods of mandatory testing required by the Board of Education.

Lock-Down Drills

Each school has a lock-down drill at least once during the first 20 school days of each school session. Each school holds at least one additional lock-down drill after the first 60 days of the school session. Each school provides the parents of enrolled students with at least 24 hours' notice before the school conducts any lock-down drill. Such notice is not required to include the exact date and time of the lock-down drill.

Pre-kindergarten and kindergarten students are exempt from mandatory participation in lock-down drills during the first 60 days of the school session. The superintendent develops procedures to implement such exemption. Each pre-kindergarten and kindergarten students participates in each lock-down drill after the first 60 days of each school session.

School Bus Emergency Drills

Each school having school buses holds a drill in leaving school buses under emergency circumstances at least once during the first ninety calendar days of each school session and more often if necessary.

Tornado Drills

There is at least one tornado drill every school year in every school.

Emergency Situations

In addition to the drills mentioned above, the School Board provides training to each student and employee at least once each school year on safety procedures in the event of an emergency situation on school property.

PERSONAL BELONGINGS

All personal belongings brought to school (such as coats, sweaters etc.) should have names placed in them. Teachers cannot be held responsible for lost or stolen items.

Students must not bring radios, tape/cd/dvd players, toys, water pistols, laser pointers, iPods, mp3 players, digital cameras, trading cards, game cards, etc., to school. These items are disruptive and may be taken from children in the interest of preserving the educational environment.

Note- Use of personal electronics to record (voice and/or audio) self or others is strictly prohibited. See the *Student Code of Conduct* for more information.

LIBRARY PROCEDURES

During class visits to the library, students will listen to a story, practice library skills, and checkout books. Students in grades 6-7 visit the library primarily for checkout only. If you have an overdue book, you may not checkout another book until it is returned. Students may visit the library, with permission from their teacher, should a need arise on a day that is not their regularly scheduled library time. If a book is lost or damaged and cannot be re-shelved, it must be paid for in the form of a check made payable to RCES or with exact cash. The payment is refundable if a lost book is found and returned in good condition before the last day of the current school year.

ACCEPTABLE USE OF THE INTERNET

Students shall abide by the Rappahannock County School Division's *Acceptable Internet Use Policy and Regulations*. Forms requiring parent and student signatures, and offering further detail regarding internet use, will be distributed at each school.

Acceptable Computer System Use

All use of the school division's computer system shall be consistent with the School Board's goal of promoting educational excellence by facilitating resource sharing, innovation and communication. The term computer system includes hardware, software, data communication lines and devices, terminals, printers, CD-ROM devices, servers, mainframe and personal computers, and internet and any other internal or external network. (Taken from RCPS Policy IIBEA-R)

Terms and Conditions for Use

Acceptable Use: Access to the division's computer system shall be (1) for the purpose of education or research and be consistent with the educational objectives of the division or (2) for legitimate school business.

Privilege: The use of the division's computer system is a privilege, not a right.

Liability: The School Board makes no warranties for the computer system it provides. The School Board shall not be responsible for any damages to the user from the use of the computer system, including the loss of data, non-delivery or missed delivery of information, or service interruptions. The School Division denies any responsibility for the accuracy or quality of information obtained through the computer system. The user agrees to indemnify the School Board for any losses, costs or damages incurred by the School Board relating to or arising out of any violation of these procedures.

Device Distribution: All RCES students will be provided a school device at the beginning of the 21-22 school year. PreK-1st grade will receive i-pads and 2nd -7th grade Chromebooks. Individual classroom teachers will decide when and if devices will be sent home.

Electronic Mail: The school division's electronic mail system is owned and controlled by the school division. The school division may provide electronic mail to aid students and staff in fulfilling their duties and as an educational tool. Electronic mail is not private. Users shall be personally liable for the content of any electronic message they create.

Internet Safety: K-12 students and staff are required to participate in and successfully complete internet safety training annually.

Network Use: The following uses of school-provided computer networks including Internet access are not permitted unless authorized by the Rappahannock County Public Schools Technology Department:

- (1) To access the school division computer network with privately owned laptop computers
- (2) To download or install software on the school division's computers

Violation of the Acceptable Use Policy may result in loss of computer system privileges, disciplinary action, and or possible legal action.

In order to access the school division computer network, each employee, student and parent/guardian of each student are required to read the Acceptable Computer Use Policy, sign and return the attached signature page. If you have any questions about this document, please contact your supervisor or your child's principal.

Code of Ethics

Users of technology are responsible for appropriate behavior on school computer networks just as they are in a classroom or a school library. General school rules for behavior and communications apply; consequences for inappropriate behavior also apply. Access to these electronic resources is provided in order for students and staff to conduct educational activities. Technology users are expected to act in a considerate and responsible manner. All users of technology will be informed of expectations and responsibilities related to computers prior to gaining access, as indicated in the staff and student handbooks. Technology users are expected to abide by the following.

1. Use school facilities and equipment only for school-related, educational activities. This includes but is not limited to the use of the Internet, e-mail, school networks, and other electronic and online resources.
2. Be courteous and use appropriate language. Do not harass or attack others, or use expressions of bigotry, racism, and/or hate. Do not send, display, search, or use profanity, obscenities, sexually explicit or offensive materials.
3. Users protect privacy and safety by not disclosing such personal information as names, home, school or work addresses, telephone numbers, passwords, or personally identifiable information about themselves or others. Use only assigned passwords. The use of others' passwords is forbidden.
4. Recognize and respect the intellectual property of others, for example, do not tamper with, copy, download, or upload files without permission.
5. Adhere to federal copyright laws and publishers' licensing agreements.
6. Respect the integrity of the network system. Do not attempt to circumvent or subvert system security measures. Do not tamper or alter the system in such a way that would disrupt the network.

7. Report suspected computer viruses or other problems immediately to classroom teacher, supervisor or system administrator so that action can be taken and damage can be minimized.
8. Use equipment responsibly. Do not damage hardware, software, electronic systems or networks.
9. Conserve resources including but not limited to file storage space, bandwidth, online time, toner, and paper.
10. Do not use the computer system to sell merchandise, operate a business or for personal gain.

From the Code of Student Conduct:

UNAUTHORIZED USE OF COMPUTER TECHNOLOGY AND ELECTRONIC DEVICES

Any student who fails to comply with the terms of the Acceptable Use Policy may lose system privileges, and student may be disciplined in accordance with the Code of Student Conduct or other school board policies and division regulation governing student discipline. Student may also be the subject of appropriate legal action for violation of these policies or regulations. This includes the misuse of computers or other electronic devices whether they are school owned or personal devices.

PARENTAL RESPONSIBILITY (excerpted from the Code of Virginia)

The following information reflects Virginia Code requirements.

We value the support that the parents in our school community lend to the educational process. ** Please sign and return the Parental Statement of Receipt of Notice that is included in your “Back to School” day packet.

22.1-279.3 Parental Responsibility and Involvement Requirements.

- A. Each parent of a student enrolled in a public school has a duty to assist the school in enforcing the standards of student conduct and attendance in order that education may be conducted in an atmosphere free of disruption and threat to persons or property, and supportive of individual rights.
- B. A school board shall provide opportunities for parental and community involvement in every school in the school division.
- C. Within one calendar month of the opening of school, each school board shall, simultaneously with any other materials customarily distributed at that time, send to the parents of each enrolled student (i) a notice of the requirements of this section and (ii) a copy of the school board’s standards of student conduct. These materials should include a notice to the parents that by signing the statement of receipt, parents shall not be deemed to waive, but to expressly reserve, their rights protected by the constitutions or laws of the United States or the

Commonwealth and that a parent shall have the right to express disagreement with a school's or school division's policies or decisions.

Each parent of a student shall sign and return to the school in which the student is enrolled a statement acknowledging the receipt of the school board's standards of student conduct and the notice of the requirements of this section. Each school shall maintain records of such signed statements.

D. The school principal may request the student's parent to meet with the principal or his designee to review the school board's standards of student conduct and the parent's responsibility to participate with the school in disciplining the student and maintaining order, and to discuss improvement of the child's behavior and educational progress.

E. In accordance with 22.1-227 and the guidelines required by 22.1-278, the school principal may notify the parents of any student who violates a school board policy when such violation could result in the student's suspension, whether or not the school's administration has imposed such disciplinary action. The notice shall state (i) the date and particulars of the violation; (ii) the obligation of the parent to take actions to assist the school in improving the student's behavior; and (iii) that, if the student is suspended, the parent may be required to accompany the student to meet with school officials.

F. No suspended student shall be admitted to the regular school program until such student and his parent have met with school officials to discuss improvement of the student's behavior, unless the school principal or his designee determines that readmission, without parent conference is appropriate for the student.

G. Upon the failure of a parent to comply with the provisions of this section, the school board may, by petition to the juvenile and domestic relations court, proceed against such parent for willful and unreasonable refusal to participate in efforts to improve the student's behavior, as follows:

1. If the court finds that the parent has willfully and unreasonably failed to meet, pursuant to a request of the principal as set forth in subsection D of this section, to review the school board's standards of student conduct and the parent's responsibility to assist the school in disciplining the student and maintaining order, and to discuss improvement of the child's behavior and educational progress, it may order the parent to so meet; or
2. If the court finds that the parent has willfully and unreasonably failed to accompany a suspended student to meet with school officials pursuant to subsection F, or upon the student's receiving a second suspension or being expelled, it may order (i) the student or his parent to participate in such programs or such treatment as the court deems appropriate to improve the student's behavior or (ii) the student or his parent to be subject to such conditions and limitations as the court deems appropriate for the supervision, care or rehabilitation of the student or his parent. In addition, the court may order the parent to pay a civil penalty not to exceed \$500.00.

H. The civil penalties established pursuant to this section shall be enforceable in the juvenile and domestic relations court in which the student's school is located and shall be paid into a fund maintained by the appropriate governing body to support programs or treatments designed to improve the behavior of students as described in subdivision 3 of subsection G. Upon the failure to pay the civil penalties imposed by this section, the attorney for the appropriate county, city or town shall enforce the collection of such civil penalties.

I. All references in this section to the juvenile and domestic relations court shall be also deemed to mean any successor in interest of such court.

School Communication

RCES will upload all Friday News to our website. Please find the Friday New tab on the left hand side of the menu. All newsletters, menus, school news, and the RCPS division wide calendar can be located here.

<http://rces.rappahannockschools.us/>

Parent/Teacher Communication

All RCES staff members have an email address that can be obtained on our webpage. Please note that teachers do not have access to their email all day, only during planning time. It is recommended that teachers respond to parents within a 24 hour time frame.

School Closure Communication

In the event of a school closure, families will be notified by a variety of methods.

- Automated messages will be sent to home phones and cell phones registered with student information systems.
- Email/text alerts will be sent to all email accounts and cell phones on file. **Please make sure that all contact information (home phone, cell phone, and email addresses) are current for the current school year.**
- School closure will be posted on the school division website at www.rappahannockschools.us.
- School closure information will be posted on our RCPS Facebook page.
<https://www.facebook.com/rappahannockcountypublicschools/>
- School closure information will be recorded on the School Board Office voicemail message. 540-227-0023
- Local news will be provided with *weather-related* school closure information.

To ensure that you receive this important information, please make sure that all contact information (home phone, cell phone, and email addresses) are current for SY21-22.

Note: School officials must have phone and/or Internet access to post announcements on the web and to use the automated message systems.

