

Frazier High School Breakfast Menu May 2024

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		May 1st Apple Roll Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	May 2nd Mini Pancakes Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	May 3rd Dutch Waffle Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk
May 6th Chocolate Chip French Toast Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	May 7th Mini Waffles Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	May 8th Oatmeal Banana Chocolate Chip Round Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	May 9th Strawberry Cream Cheese Mini Bagel Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	May 10th Cheesy Omelet with Toast Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk
May 13th Frudel Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	May 14th Mini Cinni Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	May 15th Apple Cinnamon Muffin Flat Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	May 16th Act 80 Day No School	May 17th No School
May 20th Soft Cinnamon Toast Crunch Bar Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	May 21st Strawberry Cream Cheese Mini Bagel Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	May 22nd Cinnamon Roll Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	May 23rd Raspberry Mini Loaf (2) Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	May 24th Frudel Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk
May 27th Memorial Day Holiday No School	May 28th Breakfast Variety Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	May 29th Breakfast Variety Benefit Bars 100% Assorted Juice Assorted Fruit Low/Non Fat Milk	May 30th Turnaround Day	May 31st

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

High School Alternate Options May Include:

- Banana or Blueberry Muffins
- Benefit Breakfast Bar
- WG Pop Tarts
- Fortified Breakfast Pastries

MENUS SUBJECT TO CHANGE



Milk Choices Offered Daily

Low Fat White, Fat Free Chocolate,

Proud to manage your
 food service program



Meal Prices:
FREE to all students

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