



# Pickens County Schools CNP

**OFFER vs SERVE**  
**The Five Meal Components for School Lunch**  
 Choose **at least 3** including:

- ½ Cup of **Fruits** or **Vegetables**
- **At Least 2 Other Food Groups**

For best nutrition, **choose all 5**

GENERAL INFO		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menus are subject to change!	Week of Aug. 12 Sept. 6 Oct. 4 Nov. 1 Dec. 5	Hamburger Crinkle Cut Fries Sunshine Carrots Mandarin Oranges	Nacho Bar Romaine Salad Sliced Peaches	BBQ Chicken Turnip Greens Yam Patties Cornbread Fruit Cocktail	Pizza Whole Kernel Corn Romaine Salad Pineapple Chunks	Pulled Pork Sand. Baked Beans Cole Slaw Fresh Apples
	Week of Aug. 16 Sept. 13 Oct. 11 Nov. 8 Dec. 13	Submarine Sand. Potato Wedges Romaine Salad Mandarin Oranges	Taco Bar Pinto Beans Corn on Cob Romaine Salad Fresh Oranges	Beef Pattie/Gravy Mashed Potatoes Green Beans Roll Fruit Cocktail	Chicken Tetrazzini Yam Patties Romaine Salad Breadstick Pear Halves	Hot Dog Baked Beans Cole Slaw Peach Slices
Milk is offered at each meal, Flavored and Unflavored.	Week of Aug. 23 Sept. 20 Oct. 18 Nov. 15	Chicken Nuggets Potato Rounds Green Beans Roll Pineapple Chunks	Pizza Whole Kernel Corn Romaine Salad Fruit Cocktail	BBQ Chicken Mashed Potatoes Broccoli w/cheese Roll Peach Slices	Ham & Cheese Sand. California Blend Veg. Romaine Salad Chips Mandarin Oranges	Pulled Pork Sand. Potato Rounds Cole Slaw Baked Beans Fresh Apples
	Week of Aug. 30 Sept. 27 Oct. 25 Nov. 29	Pizza Whole Kernel Corn Romaine Salad Applesauce	Potato Bar Romaine Salad Crackers Pear Halves	Baked Chicken Sunshine Carrots Steamed Broccoli Roll Fresh Oranges	Spaghetti Green Beans Romaine Salad Breadstick Fresh Apples	Hamburger Baked Beans Crinkle Cut Fries Fruit Cocktail

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