

# WARNER ROBINS HIGH SCHOOL ATHLETICS



401 South Davis Drive  
Warner Robins, GA 31088  
(478) 929-7877 Fax (478) 929-7769



Denny Maddox, Athletic Director

Chris McCook, Principal

## Process for Student Participation in Spring Sports Physicals at WRHS.

- Fill out all sections and forms of the attached packet and return it with \$15 fee to WRHS on May 10, 2024
- Login to/create a Dragonfly Max account and link to your High School.  
<https://max.dragonflyathletics.com/maxweb/max-cover/login> Do not create a new account if you already have one. Students should fill out all the forms on Dragonfly for the 2024-2025 school year. **ALL PARTS MUST BE COMPLETED!** Your Physical Exam form and Medical Eligibility form will be filled out by the school.

### Warner Robins High School [ 2024-25 ]

Complete the following steps for Torrianna to be eligible to play :

|   |                         |
|---|-------------------------|
| UPDATE MEDICAL & DEMOGRAPHIC INFO FOR 2024-25                     | START                   |
| YOUR SPORT(S) FOR 2024-25   |                         |
| NO TEAMS FOUND (2023)   | CONFIRM / UPDATE SPORTS |
| Sports must be confirmed for each year.                           |                         |
| ELECTRONIC SIGNATURE AGREEMENT                                    | START                   |
| HHC PATIENT PRIVACY ACKNOWLEDGEMENT AND CONSENT                   | START                   |
| HCSD EMERGENCY CONTACT AND MEDICAL AUTHORIZATION                  | START                   |
| HCSD PARENTAL CONSENT FOR PARTICIPATION                           | START                   |
| HHC AUTHORIZATION FOR MEDICAL EXAMINATION AND TREATMENT 2024 FORM | START                   |
| GHSA STUDENT / PARENT SUDDEN CARDIAC ARREST AWARENESS FORM        | START                   |
| GHSA STUDENT / PARENT CONCUSSION AWARENESS FORM                   | START                   |
| GHSA HEAT AND HUMIDITY POLICY FOR ALL SPORTS                      | START                   |
| GHSA HEALTH HISTORY FORM  | START                   |

- Fill out the History portion of the Pre-participation Physical Form (both pages). Turned in with packet on May 10.
- Payment for Spring Physical Exams is due prior to exam. Payment should be made to the school. (cash or check) Checks should be written to WRHS. Turn in with completed packet to check in desk on May 10.
- Students who have completed packet and paid will be given instruction when they arrive on May 10 for physicals. Only students who have paid and completed the packet will be allowed to participate in Spring On Site Sports Physicals.

We can, we will, we must ....change lives!







## Superintendent of Schools

Dr. Mark Scott

### Board Members

Helen Hughes, Chair

Lori Johnson

Dr. Rick Unruh, Vice Chair

Jon Nichols

Dave Crockett

Bryan Upshaw

Mark Ivory

## School Physicals Permission Form

The Houston County School District will be working in conjunction with Houston Health Care to provide physicals for all Houston County student athletes. In an effort to assist students, staff, and parents, these physicals will be held during the school day starting at 1:15 p.m. and ending at 4:00 p.m. at each high school. Middle school student athletes who wish to participate in this event will attend at their assigned feeder high school (listed below) and will be transported by bus and/or parent after their 2:30 p.m. dismissal time. The cost of a physical is \$15 per athlete. Payment can be cash or a check made out to your child's school. Your child will need to have this permission form completed along with other documents that will be provided by your school prior to attending physicals. Below is a list of physical dates, times, and locations.

- **April 12, HCHS** 1:15 p.m.- 4:00 p.m. (New Gym)
  - FMMS and MCMS 2:45 p.m.- 4:00 p.m.
- **April 19, NHS** 1:15 p.m.- 4:00 p.m. (New Gym)
  - TMS and NMS 2:45p.m.- 4:00 p.m.
- **April 26, VHS** 1:15 p.m.- 4:00 p.m. (Old Gym)
  - BMS 2:45 p.m.- 4:00 p.m.
- **May 10, WRHS** 1:15 p.m.- 4:00 p.m. (~~New~~ <sup>Old</sup> Gym)
  - HMS and WRMS 2:45 p.m.- 4:00 p.m.
- **May 17, PHS** 1:15 p.m.- 4:00 p.m. (New Gym)
  - PMS 2:45 p.m.- 4:00 p.m.

I hereby give permission for \_\_\_\_\_ to participate in this activity.  
(Name of Student)

\_\_\_\_\_  
SIGNATURE OF PARENT OR GUARDIAN

\_\_\_\_\_  
DATE

**Middle Schools Only:** I give permission for my child's school to transport my child via school bus to their designated high school to participate in physicals. I will pick up my child at their home school at the conclusion of physicals.

\_\_\_\_\_  
SIGNATURE OF PARENT OR GUARDIAN

\_\_\_\_\_  
DATE



478-988-6200



1100 Main Street | Perry, Georgia 31069



www.hcbe.net





# HOUSTON COUNTY SCHOOL DISTRICT

## High School Athletic Permission and Medical Form



Please **PRINT** the following information.

|                     |        |                      |                         |        |
|---------------------|--------|----------------------|-------------------------|--------|
| Student's Last Name |        | Student's First Name |                         | School |
| Name of Parent(s)   |        |                      | Student's Date of Birth |        |
| Address (Street)    |        | (City, State Zip)    |                         |        |
| Phone #'s (Cell)    | (Work) | (Cell)               | (Work)                  |        |

Does your child have any **life-threatening allergies**? (circle one) **Yes** **No**  
 If answer is yes, please list and explain:

Does your child require any emergency medication(s)? (circle all that apply) **Epinephrine** **Inhaler** **Glucagon** **Seizure Rescue Med**  
 Do they keep their emergency medication with them? If so, where?  
 If answer is **yes**, please list medication(s) and any **necessary instructions**:

Please list any additional medical information we should know about your child (continue on back if needed)

In the event my child needs medication for minor aches or illness after school and at out-of-county athletic events, I give their athletic coach permission to give my child the following over the counter medication(s) if necessary. Medications will be administered based on the manufacture's instruction on the package:

(circle one)

|                         |     |    |                             |
|-------------------------|-----|----|-----------------------------|
| Acetaminophen           | Yes | No | For headache/ fever/ cramps |
| Benadryl                | Yes | No | For allergy / insect stings |
| Dramamine               | Yes | No | For motion sickness         |
| Children's Pepto Bismol | Yes | No | For stomachache / diarrhea  |
| Ibuprofen               | Yes | No | For pain/ fever             |

### Medical Release Statement

Should my child need immediate medical attention, the teachers/coaches/chaperones have my permission to seek immediate medical treatment. I give permission for the above-listed medications to be given per directions.

|  |              |                    |
|--|--------------|--------------------|
| Parent's Signature   |              | Date               |
| Name of Insurance Company  |              | Policy and Group # |
| If I cannot be reached in the case of an emergency, please call: |              |                    |
| Name   | Relationship |                    |
| Phone #'s (Cell)   | (Work)       |                    |



## ■ PREPARTICIPATION PHYSICAL EVALUATION

### HISTORY FORM

Note: Complete and sign this form (with your parents if younger than 18) before your appointment.

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Date of examination: \_\_\_\_\_ Sport(s): \_\_\_\_\_

Sex assigned at birth: \_\_\_\_\_

List past and current medical conditions.

Have you ever had surgery? If yes, list all past surgical procedures.

Medicines and supplements: List all current prescriptions, over-the-counter medicines, and supplements (herbal and nutritional).

Do you have any allergies? If yes, please list all your allergies (ie, medicines, pollens, food, stinging insects).

#### Patient Health Questionnaire Version 4 (PHQ-4)

Over the last 2 weeks, how often have you been bothered by any of the following problems? (check box next to appropriate number)

|   | Not at all                 | Several days               | Over half the days         | Nearly every day           |
|---|----------------------------|----------------------------|----------------------------|----------------------------|
| Feeling nervous, anxious, or on edge        | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 |
| Not being able to stop or control worrying  | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 |
| Little interest or pleasure in doing things | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 |
| Feeling down, depressed, or hopeless        | <input type="checkbox"/> 0 | <input type="checkbox"/> 1 | <input type="checkbox"/> 2 | <input type="checkbox"/> 3 |

(A sum of  $\geq 3$  is considered positive on either subscale [questions 1 and 2, or questions 3 and 4] for screening purposes.)

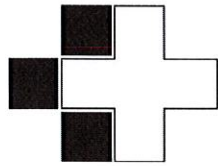
| GENERAL QUESTIONS<br>(Explain "Yes" answers at the end of this form.<br>Circle questions if you don't know the answer.) |  | Yes | No |
|---|--|-----|----|
| 1. Do you have any concerns that you would like to discuss with your provider?  |  |     |    |
| 2. Has a provider ever denied or restricted your participation in sports for any reason?                                |  |     |    |
| 3. Do you have any ongoing medical issues or recent illness?  |  |     |    |
| HEART HEALTH QUESTIONS ABOUT YOU  |  | Yes | No |
| 4. Have you ever passed out or nearly passed out during or after exercise?  |  |     |    |
| 5. Have you ever had discomfort, pain, tightness, or pressure in your chest during exercise?                            |  |     |    |
| 6. Does your heart ever race, flutter in your chest, or skip beats (irregular beats) during exercise?                   |  |     |    |
| 7. Has a doctor ever told you that you have any heart problems?   |  |     |    |
| 8. Has a doctor ever requested a test for your heart? For example, electrocardiography (ECG) or echocardiography.       |  |     |    |

| HEART HEALTH QUESTIONS ABOUT YOU<br>(CONTINUED)   |  | Yes | No |
|---|--|-----|----|
| 9. Do you get light-headed or feel shorter of breath than your friends during exercise?   |  |     |    |
| 10. Have you ever had a seizure?  |  |     |    |
| HEART HEALTH QUESTIONS ABOUT YOUR FAMILY  |  | Yes | No |
| 11. Has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 35 years (including drowning or unexplained car crash)?  |  |     |    |
| 12. Does anyone in your family have a genetic heart problem such as hypertrophic cardiomyopathy (HCM), Marfan syndrome, arrhythmogenic right ventricular cardiomyopathy (ARVC), long QT syndrome (LQTS), short QT syndrome (SQTS), Brugada syndrome, or catecholaminergic polymorphic ventricular tachycardia (CPVT)? |  |     |    |
| 13. Has anyone in your family had a pacemaker or an implanted defibrillator before age 35?  |  |     |    |









# HOUSTON HEALTHCARE

## Authorization for Medical Examination and Treatment of Student Athletes

Name of Athlete: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Athlete's DOB: \_\_\_\_\_

The term of this authorization covers school year: \_\_\_\_\_

The Student Athlete identified above participates in an athletic program at \_\_\_\_\_ . As a participant in the athletic program(s) of the school, I understand that he/she will be under the care of Certified Athletic Trainers who are provided by Houston Healthcare. I do hereby consent to any examination, medical care and/or treatment deemed medically necessary or appropriate by a team physician (see list below), athletic trainer and/or coach.

Dr. W. Steven Wilson – Family Practitioner  
Dr. Jonathan S. Harris – Ortho Georgia  
Dr. Brian J. Ludwig – Ortho Georgia  
Dr. Zaneb Yaseen – Ortho Georgia  
Dr. Todd E. Kinnebrew – Ortho Georgia  
Dr. Scott K. Malone – Middle Georgia Orthopedics  
Dr. William B. Wiley – Middle Georgia Orthopedics  
Dr. David H. Wiley – Middle Georgia Orthopedics  
Dr. Jeffrey C. Easom – Middle Georgia Orthopedics  
Dr. Derek D. Phillips – Middle Georgia Orthopedics

This consent to treat is granted pursuant to the provisions of the Georgia Medical Consent Law (Official Code of Georgia Annotated, Title 31, Chapter 9) and shall be construed in accordance with that statute.

I give consent for Houston Healthcare Athletic Trainers to communicate with the following primary care physician as needed related to care and treatment for participation in the athletic program:

Provider name and contact information: \_\_\_\_\_

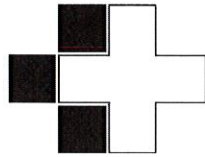
Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Emergency Contact Phone Number: \_\_\_\_\_





# HOUSTON HEALTHCARE

## Patient Privacy Acknowledgement and Consent

I acknowledge that I have received instructions on how to obtain a copy of the Houston Healthcare Notice of Privacy Practices, effective April 14, 2003 (*revised September 23, 2013*). I consent to the uses and disclosures of my health information as defined in the Notice.

**The Houston Healthcare Notice of Privacy Practices is located on our website: <https://www.hhc.org/For-Patients/Privacy-Practices>. A copy of the Notice of Privacy Practices can be viewed and printed from the website. If you have any questions regarding the Notice of Privacy Practices, please contact the Houston Healthcare Privacy Officer at (478) 922-4281.**

Print Name (student athlete): \_\_\_\_\_

Print Name of Parent/Representative: \_\_\_\_\_

Signature of Parent/Representative: \_\_\_\_\_

Date: \_\_\_\_\_

Please describe the Representative's authority to act on behalf of the Patient:

- ☐ The representative is the parent of the patient who is a minor.
- ☐ The representative is the guardian of the patient who has been adjudicated incompetent.
- ☐ The representative is acting under a Durable Power of Attorney for Health Care of the Patient and has provided documentation of such to Houston Healthcare.