

# SEPTEMBER 2024

## Hines Middle School Menu


**BREAKFAST - \$0.00** (Before morning bell)

**Lunch – \$0.00** SY24-2025 & 0¢-reduced      Extra Milk – 45¢      Juice is .45¢

**Lunch includes:** Entrée with Salad bar options, fruit, vegetable, breads grains, Oregon Milk (Nonfat - 1%)

Grab N’ Go options offered daily. Menu is subject to change. Some items may contain nuts.

*Students with a food allergy such as fluid milk intolerance, must be documented by a licensed doctor and a faxed or written copy sent to the kitchen & office when a student is needing a substitution and or participating in the breakfast or lunch programs.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>2 <b>NO SCHOOL</b></p> 	<p>3 <b>BREAKFAST</b> Blueberry Yogurt Parfait Cereal, Grain, Fruits &amp; Milk <b>LUNCH</b> Burrito w/ Seasoned Rice <i>Salads &amp; Sands Daily</i> Fruit, Veggie, Milk</p>	<p>4 <b>BREAKFAST</b> Waffle w/ PB &amp; Juice Cereal, Grain, Fruits &amp; Milk <b>LUNCH</b> BBQ Pork Rib Sand w/ Cole Slaw <i>Salads &amp; Sands Daily</i> Fruit, Veggie, Milk</p>	<p>5 <b>NO SCHOOL</b></p> 
<p>9 <b>BREAKFAST</b> Egg &amp; Cheese E-Muffin Cereal, Grain, Fruits &amp; Milk <b>LUNCH</b> Crispy Chicken Burger w/ Sweet Potato Fries <i>Salads &amp; Sands Daily</i> Fruit, Veggie, Milk</p>	<p>10 <b>BREAKFAST</b> Chocolate Oat Bar Cereal, Grain, Fruits &amp; Milk <b>LUNCH</b> Soft Beef Taco’s w/ Seasoned Rice <i>Salads &amp; Sands Daily</i> Fruit, Veggie, Milk</p>	<p>11 <b>BREAKFAST</b> Bagel w/ Cream cheese Cereal, Grain, Fruits &amp; Milk <b>LUNCH</b> Meat Lasagna w/ TX Toast Green Beans <i>Salads &amp; Sands Daily</i> Fruit, Veggie, Milk</p>	<p>12 <b>BREAKFAST</b> Assorted Grain, Fruits &amp; Milk <b>LUNCH</b> New Chicken Lo Mein W/ Egg Roll Fruit, Veggie, Milk</p>
<p>16 <b>BREAKFAST</b> Breakfast Pizza Cereal, Grain, Fruits &amp; Milk <b>LUNCH</b> Warm Italian MeatBall Sub W/ Chips <i>Salads &amp; Sands Daily</i> Fruit, Veggie, Milk</p>	<p>17 <b>BREAKFAST</b> Cereal Bar w/String Cheese Cereal, Grain, Fruits &amp; Milk <b>LUNCH</b> Chicken &amp; Cheese Quesadilla w/ Corn <i>Salads &amp; Sands Daily</i> Fruit, Veggie, Milk</p>	<p>18 <b>BREAKFAST</b> Cinnamon Roll w/ Juice Cereal, Grain, Fruits &amp; Milk <b>LUNCH</b> Pepperoni Pizza Pasta Salad <i>Salads &amp; Sands Daily</i> Fruit, Veggie, Milk</p>	<p>19 <b>BREAKFAST</b> Assorted Grain, Fruits &amp; Milk <b>LUNCH</b> Chicken Nuggets w/ FF <i>Salads &amp; Sands Daily</i> Fruit, Veggie, Milk</p>
<p>23 <b>BREAKFAST</b> Pancakes w/ Syrup Cereal, Grain, Fruits &amp; Milk <b>LUNCH</b> New Open Faced Chili Burger w/ Toppings <i>Salads &amp; Sands Daily</i> Fruit, Veggie, Milk</p>	<p>24 <b>BREAKFAST</b> Hot Ham &amp; Cheese E-Muffin Cereal, Grain, Fruits &amp; Milk <b>LUNCH</b> Nacho w/ Beans &amp; Cheese Salsa <i>Salads &amp; Sands Daily</i> Fruit, Veggie, Milk</p>	<p>25 <b>BREAKFAST</b> Breakfast Burritos Cereal, Grain, Fruits &amp; Milk <b>LUNCH</b> Spaghetti w/ TX Toast Seasoned Green Beans <i>Salads &amp; Sands Daily</i> Fruit, Veggie, Milk</p>	<p>26 <b>BREAKFAST</b> Assorted Grain, Fruits &amp; Milk <b>LUNCH</b> New Pizza Bites w/ Marinara <i>Salads &amp; Sands Daily</i> Fruit, Veggie, Milk</p>
<p>30 <b>BREAKFAST</b> Lemon Raspberry Pastry Cereal, Grain, Fruits &amp; Milk <b>LUNCH</b> Corn Dogs w/ Baked Beans <i>Salads &amp; Sands Daily</i> Fruit, Veggie, Milk</p>			

**This institution is an equal opportunity provider.**