Amite County High School

 November 2022 Breakfast Menu

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| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  | Nov - 1Sausage and Biscuit / JellyORCerealFruit JuiceFresh FruitMilk | Nov - 2Breakfast BreadORCerealFruit JuiceFresh FruitMilk | Nov - 3Sausage and Biscuit / JellyORCerealFruit JuiceFresh FruitMilk | Nov - 4Pancakes / SyrupORCerealCereal BarFruit JuiceFresh FruitMilk |
| Nov - 7Bagel w/ Sausage & GravyORCerealCereal BarFruit JuiceFresh FruitMilk | Nov - 8Sausage and Biscuit /JellyORCerealFruit JuiceFresh FruitMilk | Nov - 9DonutsORCerealCrackers, fish shapeYogurtFruit JuiceFresh FruitMilk | Nov - 10Sausage and Biscuit / JellyORCerealStrawberry Yogurt MixFruit JuiceFresh FruitMilk | Nov - 11Apple FrudelORCerealCereal BarFruit JuiceFresh FruitMilk |
| Nov - 14Breakfast pastryORCerealCereal BarFruit JuiceFresh FruitMilk | Nov - 15Sausage and Biscuit / JellyORCerealBlueberry Cookie BitesFruit JuiceFresh FruitMilk | Nov - 16Breakfast BreadORCerealCrackers, fish shapeYogurtFruit JuiceFresh FruitMilk | Nov - 17Sausage and Biscuit / JellyORCerealStrawberry Yogurt MixFruit JuiceFresh FruitMilk | Nov - 18Cinnamon RollsORCerealCereal BarFruit JuiceFresh FruitMilk |
| Nov – 21School Holiday | Nov – 22School Holiday | Nov – 23School Holiday | Nov – 24School Holiday | Nov – 25School Holiday |
| Nov - 28French Toast Sticks / SyrupORCerealCereal BarFruit JuiceFresh FruitMilk | Nov - 29Sausage and Biscuit / JellyORCerealFruit JuiceFresh FruitMilk | Nov - 30Breakfast BreadORCerealFruit JuiceFresh FruitMilk |  |  |

For Breakfast we will offer a serving of Grain, Fruit, Fruit Juice, Milk, and meat/meat alternative. Each participating student may pick up all items offered, they must pick up Fruit or Fruit Juice and 2 other items.

\*Milk served daily: fat-free chocolate and low-fat white milk\*

\*\*Menu subject to change due to unforeseen circumstances\*\*

\*\*\*This institution is an Equal Opportunity Provider \*\*\*