








Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Variety of Cereal offered daily</p>		<p>1 Cinnamon Rolls</p>	 <p>2 Breakfast Pizza</p>	<p>3 Smoothie w/ Graham Crackers</p>
<p>6 Muffins</p>	<p>7 Pancakes</p>	<p>8 Bacon, Egg, and Cheese Breakfast Sandwich</p>	<p>9 Bagels</p>	<p>10 Variety of WG Frosted Donuts</p> 
<p>13 Mini Banana Bread</p>	<p>14 French Toast Sticks</p>	<p>15 Cinnamon Rolls</p> 	<p>16 Breakfast Pizza</p>	<p>17 NO SCHOOL</p>
<p>20 Muffins</p> 	<p>21 Mini Waffles</p>	<p>22 Sausage, Egg, and Cheese Breakfast Sandwich</p>	<p>23 Frudels</p>	<p>24 NO SCHOOL</p>
<p>27 NO SCHOOL</p>	 <p>28 Pancakes</p>	<p>29 Cinnamon Rolls</p>	<p>30 Breakfast Pizza</p> 	<p>31 Smoothie w/ Graham Crackers</p>

Due to Food Supply Issues, menu may change at any time.

We have a variety of fruit and juice available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit/juice to receive a free meal. If you have any questions, please call (518) 696-2378 ext 1117, or email scheffco@hlcs.org