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What is it that makes us think we deserve to be first in line, to have everyone's attention, to be the star? What makes us think we are more important than other people? Whether it's holding the door for someone or letting your little sister have the last piece of cake, when you show humility, you're actually honoring the worth of another person – which makes you pretty special... in a humble sort of way, of course...

H U M I L I T Y : Putting others first by giving up what you think you deserve